A STUDY ON HYDROPONIC FARMING

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Abstract:
Hydroponics is a modern farming technique that is gaining popularity due to its ability to produce high yields of crops in a limited space and with minimal resources. This research paper provides a comprehensive review of the advantages and limitations of hydroponics farming. The paper begins with an overview of hydroponics farming, including its history, types, and basic principles. It then examines the advantages of hydroponics, such as its potential to produce higher yields than traditional farming methods, the ability to grow crops in areas with poor soil quality, and the reduced use of water and pesticides.

The paper also discusses the limitations of hydroponics farming, including the initial investment cost, the need for technical knowledge and experience, and the reliance on a consistent supply of electricity and water.

The research paper concludes by emphasizing the importance of carefully evaluating the advantages and limitations of hydroponics farming before implementing it on a large scale. It also highlights the need for further research to optimize the system and address the challenges faced by hydroponic farmers.

Keywords: Environment, Soil-less agriculture, Modern method, Sustainable agriculture, Organic products.

INTRODUCTION:
Hydroponics is basically a contemporary method of horticulture or basically growing plants using farm produce, and the thing is without using soil. The method of hydroponics is nearly easy but it takes time to understand the method. In the method, crops are planted and grown on water. These crops are also found to be very efficient and filled with benefitting nutrients. According to the scientist’s plants in hydroponics method have direct connection to the roots in form of ‘aqueous solvent’ instead of the soil.

Universally, Hydroponics is walking ahead but India encompasses a part of catching up to do. The reason behind this far reaching is profoundly useful in today’s state of the world, where it may play a crucial part in being the back bone of the environment. The worldwide flexibility is the large number of benefits. For occasion, the strategy requires less work, and the yields are much higher as plants develop quicker as compared with the regular ranches. Hydroponics employments comparatively less water that’s 20% of the water utilized within the ordinary editing strategies. There's indeed a huge number of benefits for the agriculturists who can develop crops out of the season with their claim imaginative combinations, and give more prominent nourishment and nourishment choice to the clients.
While this technology is gaining attraction, the thing that affects the farmers is its cost of implantation. It is much higher than any normal traditional method of farming. The initial cost of setting up is only huge. Also, the other major equipments required are sensors, controllers, and pumps, lightning so as to take care of the crops and handle them. The correct percentage of temperature then the purified water and other important nutrients such as nitrate, phosphorus, potassium etc which helps in development of the plant nutrition because there will be no soil. The system also helps towards water efficiency. Hydroponics farming uses less than 10% of the volume of water that is used in traditional method of farming, and the water left out by the plants is even recycled.

The process of growing crops is very interesting: the roots of the plants are put in an absorbent inert medium, like in coconut husk, as a substitute of soil. Coco peat is basically used as a seed base instead of soil. Completely pesticide free, hydroponic farming is miles ahead of organic farming, as it nullifies the effects of harmful chemicals that might be present in the soil. Thus, consumers get the healthiest produce possible.

LITERATURE REVIEW:

Hydroponic farming is a type of agriculture that involves growing plants without soil, using nutrient-rich water solutions instead. The practice has gained popularity in recent years due to its potential for higher crop yields, more efficient use of resources, and year-round crop production. Here is a review of some of the key literature on hydroponic farming:

1. Fox, 2019 "Hydroponic crop production: a practical guidebook for the soilless grower” - This guidebook is considered one of the foundational texts in hydroponic farming. It covers everything from the basics of hydroponic systems to advanced techniques and troubleshooting tips. The book is geared towards both hobbyist and commercial growers.

2. Panda and Malik, 2021 -"A review of hydroponic crop production”: This literature review provides an overview of the history, principles, and benefits of hydroponic farming. The authors also discuss various hydroponic systems, plant nutrient management, and plant growth regulators.

3. Adhikari and Gupta, 2021- "Hydroponics: a potential technique for sustainable agriculture" -This article discusses the potential of hydroponic farming as a sustainable agriculture technique. The authors argue that hydroponic farming can reduce water usage, improve nutrient uptake, and eliminate the need for pesticides and herbicides.

4. Sikora and Reed, 2018 "Hydroponic greenhouse production" - This book focuses specifically on hydroponic greenhouse production and covers topics such as greenhouse design, crop selection, and pest management. It is geared towards commercial growers looking to start a hydroponic greenhouse operation.

5. Resh, 1981 "Hydroponic food production: a definitive guidebook for the advanced home gardener and the commercial hydroponic grower”- This guidebook is aimed at both home gardeners and commercial growers and covers everything from setting up a hydroponic system to crop selection and marketing.

Overall, the literature on hydroponic farming is extensive and covers a wide range of topics. From the basics of hydroponic systems to advanced techniques for commercial growers, there is a wealth of information available for those interested in this type of agriculture.
RESEARCH GAP
Despite the growing interest in hydroponic farming, there are still several research gaps in the field. Here are some of the key areas where further research is needed:

- **Nutrient management**: While hydroponic farming is known for its precise control over nutrient delivery, there is still much to be learned about optimizing nutrient uptake and minimizing waste.
- **Plant physiology**: Although hydroponic farming has been shown to produce high yields, there is still much to be learned about how plants respond to the unique environmental conditions of a soilless system.
- **Crop selection**: While hydroponic farming has been used to grow a wide variety of crops, more research is needed on the best crops to grow in hydroponic systems. This includes identifying crops that are well-suited to hydroponic growing conditions, as well as developing crop-specific nutrient management strategies.
- **Energy efficiency**: Hydroponic systems require energy to operate, and there is a need for research into ways to make these systems more energy-efficient. This includes developing new technologies for lighting and climate control, as well as identifying ways to reduce energy use through system design and operation.
- **Economic viability**: While hydroponic farming has shown promise in terms of crop yields and resource efficiency, there is still a need for research into the economic viability of different hydroponic farming models. This includes examining the costs and benefits of different hydroponic systems, as well as developing new business models for hydroponic farming operations.

OBJECTIVES OF THE STUDY:
Hydroponic farming is a modern method of growing plants without soil. Instead, plants are grown in a nutrient-rich water solution, which allows for faster growth and higher yields than traditional soil-based farming methods. The objectives of hydroponic farming are as follows:

- Hydroponic farming allows for efficient use of resources as the plants receive only the necessary amount they need to grow.
- Hydroponic farming enables higher yields of crops as plants grow faster and more uniformly in nutrient-rich water solutions.
- Hydroponic farming allows for faster growth of plants compared to traditional soil-based farming methods.
- Hydroponic farming offers better control over the growing environment, including temperature, humidity, and light.
- Hydroponic farming produces consistent quality crops as the growing conditions can be closely monitored and adjusted.

RESEARCH METHODOLOGY
SIZE OF THE STUDY: (110 responses)
The size of a hydroponic farming study can vary depending on the specific goals and objectives of the study.
If the study is focused on testing the viability of hydroponic farming as a sustainable and efficient method of growing crops, it may involve a large-scale operation with multiple crops and extensive data collection and analysis over a long period of time.

**SOURCE OF DATA COLLECTION:** SURVEY VIA GOOGLE FORMS.

**QUESTIONNAIRE:**

How familiar are you with hydroponic farming?
109 responses

- Familiar: 59.6%
- Not Familiar: 40.4%

Interpretation: 59.6% of the responders feel that they are FAMILIAR with hydroponic farming and whereas, 40.4% of the responders has said they are NOT FAMILIAR with hydroponic farming have never grown plants.

Analysis: Hydroponic farming is a highly efficient method of growing plants because it allows for precise control over the growing environment. The use of nutrient-rich water means that the plants receive exactly the right amount of nutrients, and there is no wastage of water or fertilizers.

Have you ever grown plants?
109 responses

- Yes: 78%
- No: 22%

Interpretation: 78% of the responders feel that YES they have grown plants and whereas, 22% of the responders has said NO they have never grown plants.
Analysis: The stages that plants go through are from seed to sprout, then through vegetative, budding, flowering, and ripening stages. Similarly, the nutritional needs of people and plants change as they grow.

Interpretation: 53.2% of the responders feel that MAYBE they would ever adopt hydroponics to grow plants, 27.5% of the responders feel that YES, they would ever adopt hydroponics to grow plants and whereas, 19.3% of the responders said NO to ever adopt hydroponics to grow plants.

Analysis: Hydroponic growing allows for faster growth and higher yields than traditional soil-based growing systems. To grow hydroponically, you need plants, a container, water, a way to anchor the plants, nutrients and a light source. It is possible to grow vegetables hydroponically both outdoors and indoors.

Interpretation: 84.1% of the responders feel that yes idea of hydroponic farming is CREATIVE and whereas, 15.9% of the responders feel that idea of hydroponic farming is UNCREATIVE.

Analysis: Hydroponic farming can lead to higher-quality crops due to the precise control over the growing environment. The absence of soil-borne diseases and pests means that the crops are less likely to be damaged or infected. Additionally, the use of nutrient-rich water can lead to larger, more flavourful produce.
Interpretation: 89% of the responders feel that YES they have used organic products and whereas, 11% of the responders has said NO to ever used an organic product.

Analysis: Organic products reduce public health risks to farm workers, their families, and consumers by minimizing their exposure to toxic and persistent chemicals on the farm and in food.

Interpretation: 48.1% of the responders say that they have SOMETIMES preferred organic products over normal products, 42.6% of the responders say YES they preferred organic products over normal products and whereas, 9.3% of the responders say NO they have never preferred organic products over normal products.

Analysis: Hydroponic farming has the potential to be more environmentally friendly than traditional farming. By using nutrient-rich water instead of soil, there is less risk of soil erosion and nutrient depletion. Additionally, hydroponic farms can be set up in areas where traditional farming may not be possible due to soil contamination or other environmental factors. However, the use of artificial lighting and temperature control can increase energy consumption and greenhouse gas emissions.
Interpretation: 72% of the responders feel that YES they love plants and planting in their balcony, 17.8% of the responders says that they SOMETIMES love plants and planting in their balcony, whereas, 10.3% of the responders says NO they do not love plants and planting in their balcony.

Analysis: Gardening can have broader implications for issues such as sustainability and food security. Analyzing the ways in which gardening can contribute to these issues, and exploring ways to encourage more people to take up gardening as a hobby, can be an interesting and worthwhile area of study.

Interpretation: 81.7% of the responders feel that the cost of small hydroponic plant would cost around 9LAKHS-12 LAKHS and whereas, 18.3% of the responders has said that the cost of small hydroponic plant would cost around MORE THAN 12 LAKHS.

Analysis: Hydroponic farming can be more expensive to set up initially than traditional farming, due to the need for specialized equipment and infrastructure. However, over time, the cost of maintenance and operation can be lower due to the efficiency of the system.
Interpretation: 51.4% of the responders feel that ORGANIC PLANTS is the biggest advantage of hydroponic farming, 30.8% of the responders feel that SELF GROWN PLANTS is the biggest advantage of hydroponic farming and whereas, 17.8% of the responders feel that it FACILITATES A MICRO-CLIMATE is the biggest advantage of hydroponic farming.

Analysis: Hydroponics produce between three and ten times more food than conventional agriculture in the same space. The plants also grow in half the time. There is no need for herbicides or pesticides.

Interpretation: 46.7% of the responders feel that HUGE INVESTMENT is the biggest disadvantage of hydroponic farming, 33.6% of the responders feel that TIME CONSUMING is the biggest disadvantage of hydroponic farming and whereas, 19.6% of the responders feel that it THREATS TO SYSTEM FAILURE is the biggest disadvantage of hydroponic farming.

Analysis: Hydroponic farming is a highly efficient method of growing plants because it allows for precise control over the growing environment. The use of nutrient-rich water means that the plants receive exactly the right amount of nutrients, and there is no wastage of water or fertilizers.
In conclusion, hydroponic farming is a highly efficient method of growing plants that has the potential to be more environmentally friendly and produce higher-quality crops. While there are initial costs associated with setting up a hydroponic farm, over time the cost of operation and maintenance can be lower compared to traditional farming.

FINDINGS OF THE STUDY:
Hydroponic farming has been extensively researched, and several findings have been made regarding its advantages and disadvantages. Some of the key findings of hydroponic farming are:

- Increased Yield: Hydroponic farming allows for faster plant growth and higher yields compared to traditional soil-based farming methods.
- Efficient use of resources: Hydroponic farming uses less water and fertilizer than traditional farming methods, as nutrients and water are precisely delivered to the plants.
- Reduced Environmental Impact: Hydroponic farming reduces soil erosion, water contamination, and pesticide use, which can have a significant positive impact on the environment.
- Reduced Labor: Hydroponic farming can reduce labor costs, as it requires less manual labor than traditional farming methods.
- Higher initial investment: The initial investment required for hydroponic farming is higher than that of traditional farming methods. This is because it requires specialized equipment, technology, and expertise.
- Higher energy consumption: Hydroponic farming requires a high amount of energy to maintain the necessary temperature, humidity, and lighting levels, which can increase energy costs.
- Potential for disease: If not properly managed, hydroponic farming can be more susceptible to disease and pest infestations.

Overall, hydroponic farming has several advantages, including higher yields, efficient use of resources, and reduced environmental impact. However, it also has some disadvantages, such as higher initial investment and higher energy consumption. Proper management is essential to avoid potential disease and pest infestations in hydroponic farming.

CHALLENGES FACED:
Hydroponic farming can offer many benefits such as increased crop yield, faster growth rates, and reduced water usage. However, there are also some challenges that hydroponic farmers may face. Here are a few examples:

- Maintaining nutrient levels: Plants grown in hydroponic systems rely entirely on the nutrients provided in the water. It can be challenging to ensure that the correct nutrient levels are maintained throughout the growing cycle, as the plants’ needs can change over time.
- Disease and pest control: Because hydroponic systems provide a controlled and often ideal environment for plant growth, they can also attract pests and diseases. It can be challenging to manage these issues without the use of harmful chemicals that could contaminate the water and harm the plants.
• Power outages: Hydroponic systems rely on electricity to pump water, regulate temperature, and provide artificial lighting. Power outages can cause significant problems for hydroponic farmers, as they can disrupt the delicate balance of the system and damage crops.

• Cost of setup: Hydroponic systems can be expensive to set up and require a significant initial investment. This can make it difficult for new farmers to get started, particularly if they are operating on a limited budget.

• Water quality: Hydroponic systems require clean, filtered water to prevent contamination and ensure optimal plant growth. Water quality can vary widely depending on the source, and it can be challenging to maintain consistent water quality over time.

Overall, while hydroponic farming offers many benefits, it also comes with some challenges that must be carefully managed to ensure success.

SCOPE OF THE STUDY:

India's population is growing indiscriminately and this is one of the main reasons for the decreasing availability of agricultural land. As arable land is constantly shrinking, it is difficult to produce staple crops for a rapidly growing population. The hydroponic method will solve the problem of agricultural land in India in the future. More varieties of basic plants can be grown, and the consumption of soil and water is reduced or simply unnecessary. What it would look like when grain is grown in the visible light spectrum and fresh food is available to everyone in the countryside. This could be the start of a new green revolution; witnessed by the millennials here.

Another major benefit of the development of hydroponic agriculture in India is the easing of the burden on the poor and the environment in which we breathe and survive. How does that happen? Because hydroponic farms require less space and water, and growth is alarmingly fast than traditional farming, fruits and vegetables grow quickly. If superfood is available to everyone, there is no fight against hunger. This innovative process also saves water, which means that water is available for many other purposes. Finally, hydroponic agriculture reduces the production of pests and weeds at an alarming rate. Therefore, the use of pesticides, insecticides and herbicides is reduced. The soil is not contaminated. So far, this technological revolution is marginal and much of the research is ongoing.

FUTURE PROSPECTS:

Hydroponics farming has been gaining popularity in recent years due to its many benefits, including increased crop yields, reduced water usage, and the ability to grow crops in areas with poor soil quality. The future prospects for hydroponics farming look promising, and here are some potential developments that could shape the future of this farming method:

Technological Advancements: The use of technology in hydroponics farming is likely to increase, with innovations such as smart sensors and artificial intelligence allowing for more precise control over plant growth and nutrient management. In addition, advancements in lighting technologies, including the use of LEDs, could further optimize plant growth and increase yields.

Expansion to New Crops: Hydroponics farming has traditionally been used to grow leafy greens and herbs, but there is potential for expanding to other crops. For example, hydroponics could be used to grow crops like rice, wheat, and maize, which are typically grown in soil-based systems.
Integration with Urban Agriculture: As the global population continues to urbanize, there is a growing need for sustainable food production in urban areas. Hydroponics farming could play a significant role in urban agriculture by allowing crops to be grown in areas where traditional farming is not feasible.

Increased Sustainability: As concern about the environmental impact of agriculture continues to grow, there is potential for hydroponics farming to become even more sustainable. This could involve using renewable energy sources to power hydroponic systems, minimizing water usage, and developing closed-loop systems to recycle waste.

Commercialization: Hydroponics farming has primarily been used by small-scale and hobbyist growers, but there is potential for commercialization on a larger scale. As demand for locally-grown produce increases, hydroponic farms could become more common and be used to supply produce to supermarkets, restaurants, and other commercial outlets.

In conclusion, the future of hydroponics farming looks promising, with advancements in technology, the expansion of crops, integration with urban agriculture, increased sustainability, and potential for commercialization. As research continues, it is likely that hydroponics farming will become an increasingly important method of food production in the coming years.

CONCLUSION:
In conclusion, hydroponics farming is a promising method of agriculture that offers several benefits, including faster plant growth, higher yields, and reduced water usage. However, proper nutrient and pest management, crop selection, and attention to the potential environmental impact are critical to the success of hydroponics farming. Ongoing research on hydroponics farming will help to further optimize this method of agriculture and expand its potential applications.

Hydroponic farming is a highly efficient and innovative method of agriculture that has numerous benefits over traditional soil-based farming. By eliminating the need for soil, hydroponics provides growers with greater control over nutrient uptake, water usage, and environmental conditions, resulting in higher yields and healthier crops. Additionally, hydroponic farming is more sustainable, using less water and pesticides, and producing less waste and pollution than traditional agriculture. Although hydroponic farming requires a significant upfront investment in equipment and infrastructure, it can provide a profitable and environmentally friendly alternative to conventional farming methods. With continued research and development, hydroponic farming has the potential to transform the agricultural industry and contribute to a more sustainable future. The future of hydroponics farming looks promising, with advancements in technology, the expansion of crops, integration with urban agriculture, increased sustainability, and potential for commercialization. As research continues, it is likely that hydroponics farming will become an increasingly important method of food production in the coming years.

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