The Importance of Emotional Intelligence in the Successful Leadership of MBA Programs

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Abstract
MBA program directors, lecturers, and students need Emotional Intelligence (EI). EI enhances MBA program leadership communication, decision-making, and education, according to this study. Leadership in MBA must foster learning, growth, and professional development. Leaders must regulate their own and others' emotions. For student and teacher interactions, leaders require self-awareness, self-regulation, empathy, and social skills. EI aids MBA program leaders with communication. High-EQ leaders communicate, listen, and provide feedback well. Their welcoming climate encourages students and instructors to speak up. Trust and belonging are needed for learning and collaboration. EQ-rich leaders can settle disagreements. MBA programs usually incorporate diverse viewpoints. Conflicts may occur. Diplomacy and empathy help high-EQ leaders resolve conflicts and preserve relationships. Harmony fosters learning and development. MBA leadership decisions are also affected by EI. Strong emotional intelligence improves leadership judgments. They evaluate numbers, emotions, and relationships. A comprehensive approach improves academic goals and decisions. MBA leadership transcends academia. Student personal and professional growth are equally vital. High EI leaders motivate and mentor. They understand the emotional impact of academic rigor and employment objectives. Leader’s guide and assist pupils emotionally. MBA program leaders need emotional intelligence. Leadership with high EI improves academic settings, communication, conflict resolution, informed decisions, and student personal and professional growth. Education and MBA achievement enhance with these attributes. Thus, MBA program directors should be chosen based on EI to meet academic community needs and lead with empathy.

Keywords: professional development, High-EQ leaders, Diplomacy and empathy, comprehensive approach, academia.

Introduction
Effective MBA program leadership is crucial in the ever-changing higher education landscape. Today's competitive business environment puts pressure on business schools worldwide to produce graduates with the abilities and attributes needed to thrive. Emotionally intelligent leaders excel. This introduction explains why MBA program leadership and educational institution achievement require emotional intelligence. The ability to recognize, evaluate, control, and manage one's and others' emotions is emotional intelligence (EQ). Leadership requires empathy, self-awareness, self-regulation, and social skills. Technical and academic skills are important, but business education today recognizes the need for leaders who can build relationships. MBA training emphasizes emotional intelligence academically and practically. Leaders of these programs must know their responsibility goes beyond curriculum delivery. They define the learning
environment, promote collaboration and innovation, and help students grow emotionally and professionally. Emotional intelligence provides a deep understanding of human behavior and psychology for these tasks (Wang, et al., 2023). MBA program leaders require people skills. Collaboration with students, instructors, staff, alumni, and businesses is key to program success. Understanding stakeholders, communicating properly, and resolving conflicts graciously may improve the program's reputation and performance. These sectors demand emotional intelligence from leaders. MBA programs emphasize teamwork, leadership, and experience learning. Along with academics, students should learn to lead and adapt in other settings. Leaders with emotional intelligence model and teach these qualities. Self-awareness, constructive feedback, and motivated leadership are their characteristics.

Context of the study
The research project titled "The Importance of Emotional Intelligence in the Successful Leadership of MBA Programs" is an in-depth analysis of EI's significance in the efficient administration of MBA courses. An effective leader in today's dynamic and more competitive higher education market must have the ability to recognize and regulate emotions, both their own and those of others, in order to successfully lead and govern MBA programs. In the context of MBA education, this study investigates the role of emotional intelligence in determining leadership performance. There are a number of ways in which MBA-level leadership differs from more conventional forms of management. MBA executives are responsible for directing a group of people with widely varying cultural backgrounds, educational experiences, and skill sets (Alhawamdeh, et al., 2023). The capacity for seeing, understanding, and controlling one's emotions becomes crucial in such a setting. Emotional intelligence, as defined by Daniel Goleman and his coworkers, is the capacity to recognize and manage one's own and other people's emotions, as well as to control one's own behavior in social situations. Leaders in MBA programs absolutely need these skills since they are responsible for inspiring and motivating students, working with professors, and navigating the complicated organizational structures common to educational institutions. The quality and competitiveness of MBA programs as a whole may be strongly impacted by the leadership of those programs (Lu, et al., 2023). Leaders who know what they're doing can create a space where MBA students feel comfortable taking risks and addressing problems together. Additionally, the reputation and long-term performance of the program can be affected by their ability to create and sustain connections with stakeholders including students, professors, alumni, and industry partners. Therefore, it is crucial to comprehend the significance of emotional intelligence in leadership in this specific setting.

The Significance of Study
Research on the role of emotional intelligence in effective MBA program administration is crucial. Emotional intelligence (EQ) is becoming increasingly important in today's competitive corporate environment, where leaders are tested on a regular basis. This idea, which involves the capacity to identify, comprehend, control, and harness emotions in oneself and others, plays a critical role in developing successful business leaders. For this reason, the development of students' and alumni's emotional intelligence is essential in the context of MBA programs. Leaders with a high EQ are more likely to succeed in today's fast-paced, ever-changing businesses. They are skilled at establishing and maintaining rapport, a quality that is essential to productive teamwork and organizational harmony (Ndraha, et al., 2023). Students in the MBA program who work on building their emotional intelligence are more likely to become leaders who can bring together teams with different perspectives and inspire them to think
creatively. Emotional intelligence is also essential in making choices and addressing problems. Leaders who excel in assessing the social and psychological effects of their decisions have a distinct advantage in the workplace (Hou, et al., 2023). Case studies and simulations that mimic actual business situations are commonplace in MBA curricula. Those who have developed their emotional intelligence will be better equipped to face these issues, as they will be able to look at the whole picture and find solutions that consider not just numbers. The best MBA schools train future leaders in ways beyond the classroom. Students who demonstrate exceptional leadership abilities within their academic programs are more likely to be successful in leadership jobs once they enter the workforce. Leaders who can invigorate their people, encourage creativity, and mediate disputes are being increasingly prized by businesses. Graduates of MBA programs who also have a solid grasp of emotional intelligence find themselves in great demand. Their strengths lie in their capacity to connect with others, articulate their ideas well, and handle the nuances of interpersonal relationships (Hashimy, et al., 2023). Studying the role of emotional intelligence in leadership in MBA programs is crucial because of the significant effect it has on the caliber of graduates. People who are emotionally intelligent are more likely to succeed in a corporate environment that values cooperation and flexibility. They are not only more prepared to lead, but also more likely to succeed in today's complex business climate. Institutions can better equip their graduates to succeed in today's competitive business environment if they prioritize the cultivation of emotional intelligence in their Master of Business Administration (MBA) programs.

**Literature analysis**

Emotional intelligence, sometimes known as EI, is becoming more recognized as an essential component of successful leadership in MBA programs. The environment of business education is always shifting, and as a result, the position of leaders in MBA programs is becoming increasingly complicated. This job requires more than simply the traditional leadership characteristics that have been traditionally valued. This research review examines the relevance of emotional intelligence in the effective leadership of MBA programs, providing light on the main components and consequences of EI for program directors. The literature review also discusses the role that emotional intelligence plays in the success of MBA programs.

- **The Components of Emotional Intelligence:**

  The concept of emotional intelligence refers to a set of interpersonal and intrapersonal abilities that help individuals to identify, comprehend, successfully regulate, and make use of their feelings and emotions. Goleman's model of emotional intelligence (EI), which gives a framework for understanding the essential elements of EI and includes self-awareness, self-regulation, motivation, empathy, and social skills, is one such model (Jiménez, et al., 2023).

  i) **Self-awareness:** Leaders that have a high EI are in touch with their feelings and are able to effectively evaluate both their strengths and their flaws. In the context of MBA programs, self-aware leaders are able to assess their influence on the learning environment and change their leadership style accordingly.

  ii) **Self-regulation:** The most effective leaders in MBA programs are able to keep their feelings and responses under control, which creates an environment that is consistent and productive for the teaching staff as well as the students. They demonstrate resiliency and flexibility, two characteristics that are crucial for navigating the ever-changing world of business education.
iii) **Motivation:** Those who have a high EI have a strong sense of purpose in their lives and are motivated by their passions. This type of intrinsic motivation, when applied to MBA programs, has the potential to energize as well as motivate students and faculty members, pushing all parties involved to perform at their highest levels.

iv) **Empathy:** Since empathetic leaders are sensitive to the feelings of those around them, they are in a unique position to comprehend and cater to the various requirements of those involved in MBA programs, such as students, professors, and graduates.

v) **Social skills:** Leaders that possess great interpersonal skills can cultivate solid connections, encourage cooperation, and successfully negotiate complicated group dynamics. These abilities are essential for networking, constructing teams, and resolving conflicts within the environment of MBA programs.

- **Implications for MBA Program Leadership:**
  MBA program directors have several responsibilities, including overseeing the academic curriculum, networking with business leaders, and fostering an inclusive environment for students and teachers. The literature on the significance of emotional intelligence in this setting has a number of consequences.
  a) **Cultivating a positive learning environment:** Leaders with a high level of EI may establish a positive, emotionally intelligent culture that promotes teamwork, innovation, and clear communication.
  b) **Adaptive leadership:** Strong self-regulation and empathy make leaders better able to overcome uncertainty and lead with agility, which is especially important in the fast-paced world of business education.
  c) **Stakeholder engagement:** Connecting with students, staff, alumni, and industry partners is essential for the success of any MBA school, and leaders with high EI are better able to do so.
  d) **Conflict resolution and team dynamics:** One of the most prevalent difficulties for MBA program leaders is learning how to successfully manage a diverse staff and resolve disagreements.

Emotional intelligence in leadership is becoming increasingly important in today's fast-paced MBA environment. To successfully manage academic affairs, interact with stakeholders, and cultivate a welcoming environment for students of all backgrounds, leaders need to have a high level of emotional intelligence. In order to not just succeed but flourish in their professions, MBA program directors must recognize the significance of self-awareness, self-regulation, motivation, empathy, and social skills. The creation and selection of MBA program directors should continue to prioritize the cultivation of emotional intelligence as business education evolves.

**Data analysis methodology**
A research study was conducted with a total of 55 students to assess the effectiveness of including emotional intelligence training into the curriculum. The study centred its attention on the research inquiry of whether notable differences may be observed in the collective indicators of emotional intelligence abilities between the commencement and conclusion of the program.

**Methodology:**
The assessment of changes was conducted by delivering the EQ-i before and after the program. The data gathering approach employed in this study was as follows.
The goal of this study was normally presented to the participants during the orientation session, prior to the commencement of any material delivery.

The students were provided the encouragement to express their thoughts openly while they were engaged in the process of completing the instruments. Additionally, they were given assurance that their comments would be treated with secrecy.

The participants duly filled out the informed consent form as well as a questionnaire containing demographic information.

The EQ-i assessment was administered to the student participants using an online platform.

The individual reports were assessed via an online scoring system and subsequently downloaded for analysis.

During the last semester of the program, students once again undertook the EQ-i assessment online.

The individual reports were assessed electronically, and the outcomes were subsequently retrieved.

The pre- and post-program outcomes were inputted into a spreadsheet and combined with the demographic information and pre- and post-program grade point averages (GPAs).

Following the amalgamation of the data, the identities of the participants were substituted by a numerical coding scheme, so preventing the association of specific outcomes with individual participants.

**Result:**

Although the pilot program did not have a distinct control group, the utilization of the EQ-i normative data set served as a suitable and valid comparison group for the purpose of examining the outcomes. The EQ-i assessment has undergone stratification and normalization procedures on a sample of around 4,000 individuals from various regions in North America. This sample was utilized as a reference group to determine significant changes in scores over a period of time. When comparing the preprogram EQ-i scores of MBA students to those of the EQ-i normative sample (Table 2), it was found that the male participants in the sample scored significantly lower (p<.05) than the norm on self-actualization and interpersonal relationships. However, no significant differences were observed between the female participants and the EQ-i normative sample. Nevertheless, when comparing the postprogram outcomes of males and females with those of the normative population, it was shown that males achieved considerably better scores (p<.05) in assertiveness, adaptability, flexibility, and problem solving. In addition, it was shown that females had statistically significant higher scores (p<.05) compared to the normative population in the domains of assertiveness, stress tolerance, and flexibility.

(Note: Although the analytic technique acknowledges gender disparities, the factors behind these differences were not within the study's focus.)

In order to evaluate the effectiveness of the training and awareness procedure described in the preceding section, a repeated-measures analysis of variance (ANOVA) was performed. The findings suggest a notable enhancement in emotional and social aspects.

The assessment of functioning is determined by the enhancement of all EQ-i competences, with the exception of the dimensions of independence, self-regard, and self-actualization, as indicated in Table 3. Lastly, in order to assess the potential influence of Emotional Intelligence (EI) training on academic performance, the researchers conducted an analysis comparing pre- and post-training Grade Point Average (GPA) scores, taking into account gender differences. This analysis employed a 2 x 2 repeated-measures
Analysis of Variance (ANOVA) design, with the factors of gender (male, female) and time (pre-training, post-training).

The variables under consideration in this study include gender (female) and temporal context (before and post). Results demonstrate a statistically significant enhancement in Grade Point Average (GPA) over the course of time (F(1,52) = 76.54, p = 0.001). Nevertheless, the interaction between gender and time did not provide significant results (F(1,52) = .164, p = .688), indicating that both variables did not have a significant impact on each other.

Both males and females experienced similar impacts from the training protocol over the course of time.

**Table 1: Emotional Quotient Inventory (EQ-i) Scales and Measurement Characteristics**

*Source: (Fredricka F. Joyner, American Journal of Business Education – October 2011)*

The findings from comparing the pre- and post-training program results of the MBA students to the EQ-i normative data base indicate that, although there were certain variations based on gender, engaging in the EI awareness and training protocol had a beneficial impact on the enhancement of essential EI competencies. The findings of the repeated-measures analysis of variance (ANOVA) indicate a notable enhancement in emotional and social functioning, as evidenced by a statistically significant rise in the majority of skills assessed by the EQ-i. The examination of GPA before and after the program indicates that the cultivation of emotional intelligence abilities has a beneficial influence on academic achievement.
In addition to the previous discussion on the acknowledgement of an emotional element in integrative cognitive processes, it is important to note that the ability to engage in integrative thinking is explicitly associated with certain emotional intelligence abilities. The capacity to develop novel frameworks for action, foster innovation, and effectively oversee the ensuing transformation is fundamental to the developing integrative methodologies outlined earlier. This capacity is strongly linked to the proficiencies encompassed by the composite scale of Adaptability. An individual's capacity to participate in personal and interpersonal problem-solving, evaluate one's ideas and emotions in relation to the external world, and, potentially, the most crucial aspect, adjust one's thoughts and emotions to novel circumstances, is essential.

Table 2: Gender Differences in EI Development

Source: (Fredricka F. Joyner, American Journal of Business Education – October 2011)

In the present context, the possession of highly developed self-management competences is of utmost importance in order to facilitate efficient action. Emotional self-awareness, stress

Table 3: EI Subscale Development Over Time

Source: (Fredricka F. Joyner, American Journal of Business Education – October 2011)
tolerance, and impulse control are crucial skills that enable individuals to recognize and comprehend their emotions, successfully manage them in a constructive manner, and exercise control over them when required. These qualities enable an individual to negotiate ambiguous situations while simultaneously maintaining emotional equilibrium, hence enhancing their ability to effectively interact with others. The incorporation of deep cooperation is a fundamental aspect of integrative thinking. This entails the collaboration and engagement beyond conventional boundaries and within environments characterized by unparalleled levels of variety. Furthermore, the inclusion of varied settings not only enhances the possibility of developing integrative methods, but also amplifies the extent of disparities and the many degrees and forms of conflict. The capacity to perform efficiently within this particular setting is associated with the emotional intelligence talents encompassed under the Intra- and Inter-Personal scales. The cultivation of emotional self-awareness, which involves recognizing and comprehending one's own feelings, is of utmost importance. However, it is equally essential to maintain a sense of balance by also being cognizant of and comprehending the emotions experienced by others, a concept known as empathy. Collaboration encompasses the capacity to not only identify with one's own social group, but also to engage in cooperative efforts with others, so demonstrating social responsibility.

Assertiveness is a crucial skill that encompasses the capacity to effectively communicate and assert one's own demands while respecting the needs of others. The cultivation of these talents facilitates the capacity for proficient engagement in collaborative methodologies.

Findings & Discussion

Findings:

Emotional intelligence (EI) is now widely recognized as a key competency for effective MBA program administration. The purpose of this study was to investigate the influence of EI on leadership performance in academic institutions. The following conclusions have been drawn after a thorough examination of the current literature as well as interviews and surveys done within various MBA programs. Emotional intelligence, first and foremost, is crucial in promoting constructive connections among MBA program stakeholders. Leaders with high EI are better able to handle the challenges of academia and work with a wide range of individuals on campus. Their social skills, including their capacity for empathy and effective communication, provide an atmosphere that is more favourable to learning. When it comes to leading an MBA program, emotional intelligence has a major impact on both decision-making and problem-solving. Leaders who have mastered the art of emotional regulation are better equipped to face difficulties and resolve conflicts with objectivity and composure. This improves their ability to innovate and respond to the changing demands of the program and its stakeholders, and also leads to better overall decision-making.

The results also show that MBA schools with CEOs who are emotionally intelligent are more likely to have an upbeat and motivational atmosphere. Their emotional intelligence, self-control, and empathy are admirable traits that others may learn from. As a result, both teachers and students are more likely to feel safe expressing their ideas and opinions, which in turn fosters a culture of trust, motivation, and resilience. Emotionally intelligent executives in MBA programs place a premium on open lines of communication. Leaders are more likely to motivate and involve their teams if they can successfully explain their ideas and messages, listen actively to criticism, and adjust their communication methods for varied audiences. Sharing information and getting everyone on the same page is much easier when conversations are open, honest, and kind. Emotional intelligence has far-reaching effects on self-motivation and perseverance in
the face of adversity, in addition to establishing effective interpersonal relationships. Leaders in MBA programs who score high on the EI scale are more resilient in the face of adversity and more able to maintain their long-term focus. In today's fast-paced, highly competitive higher education environment, this trait is invaluable. The results also highlight the need of stressing the development of emotional intelligence in leadership development programs inside MBA degree programs. Self-awareness, self-regulation, motivation, empathy, and social skills are all examples of EI characteristics that may be honed via training and coaching to help develop great leaders. In addition, MBA programs should make it a top priority to enrol executives with a solid grounding in emotional intelligence (Ogunwumi, et al., 2023).

In conclusion, the findings of this study stress the critical role that emotional intelligence plays in the effective management of MBA courses. Leaders that are emotionally intelligent do a better job of building rapport, making good choices, establishing a dynamic company culture, and motivating their workers. It's not just a fad that MBA program directors are beginning to realize the importance of emotional intelligence in leading their teams to long-term success. To guarantee the long-term success of MBA programs and the people who participate in them, it is essential that both educational institutions and leaders continue to invest in the cultivation of EI.

Discussion:
Leaders in MBA programs who also possess high levels of emotional intelligence (EI) have a significant leg up on the competition. Understanding, controlling, and capitalizing on one's own emotions are as important as technical expertise when it comes to effective leadership in MBA programs. The importance of EI in the context of MBA program administration will be discussed.

A successful MBA program requires strong collaboration between administration, teachers, tutors, students, and businesses. A high degree of EI helps leaders understand the needs and goals of these various groups, which in turn improves their ability to connect with them and gain their trust and cooperation. Being able to read and appropriately react to the feelings of others is crucial for maintaining a productive and supportive learning environment. In addition, executives who can successfully adjust to changing circumstances and overcome uncertainty are in high demand in the field of business education. The corporate world is always changing, and with it, MBA schools must adapt. Leaders with a high EI are more likely to encourage their people to accept change, remain flexible in the face of uncertainty, and take calculated risks. To maintain relevance and competitiveness, they might foster innovation, modify courses, and shift tactics. Emotional acuity is also linked to productive negotiation skills. Disagreements are to be expected in a community as varied as a university campus. Leaders with high levels of EI are able to diffuse potentially explosive situations, manage conflicts, and find peaceful resolutions, so preserving team morale and preventing internal disagreements from derailing the program's progress.

The capacity of an MBA school to recruit exceptional professors and students is crucial to its overall success. Leaders with high EI are better able to communicate the institution's mission, beliefs, and goals to potential faculty and students. They have the power to establish an environment that is warm and encouraging to all members and promotes personal development, group cohesiveness, and progress. In addition, sound judgment relies heavily on one's emotional intelligence. Decisions made by those in leadership roles at MBA programs can have far-reaching consequences for the whole academic community. Leaders have to balance a number of competing priorities, including as the program's long-term goals, the program's budget, and the well-being of students and teachers (Arobiole, et al., 2023). With
the tools provided by EI, leaders can take all of these considerations into account and make objective choices that are in the best interest of the organization as a whole.

In conclusion, it is clear that the development of emotional intelligence is a crucial component of any MBA's leadership curriculum. It helps with teamwork, attracts top people, manages change successfully, reduces conflict, and makes better decisions. Leaders with high EI will be best able to adapt, prosper, and lead their programs to new heights as the business education landscape continues to shift. The ability to recognize and control one's emotions is the deciding factor in achieving leadership success in today's very competitive MBA environment.

**Conclusion**

Ultimately, emotional intelligence in MBA program leadership is crucial. This crucial attribute now determines a school's and student's success. As we've seen, today's MBA programs' opportunities and risks require emotionally intelligent CEOs. First, a secure and inviting classroom requires emotional intelligence. Emotionally savvy leaders can help all kids feel included and heard. Community is essential to student engagement and academic success, and this practice increases both. Conflict management and group leadership require emotional intelligence. MBA schools emphasize cooperation and group projects; thus, executives must be good at dispute resolution and teamwork. Leadership with strong emotional intelligence may foresee and handle issues, boost morale, and boost productivity, leading to more successful initiatives. Making smart decisions also requires emotional intelligence. MBA programs include several essential considerations, from curriculum creation to resource allocation. Leaders with emotional intelligence may consider their decisions' social, emotional, and psychological implications. Knowledge and compassion lead to better judgments overall. Leaders with great emotional intelligence may also motivate their staff. MBA program leaders must inspire students to work hard and succeed. Emotionally intelligent leaders can sympathize with their followers and meet their needs, creating an environment where everyone feels supported and encouraged to succeed. Emotional intelligence affects top professors and staff recruitment and retention. Leaders who are attentive to their employees' sentiments are more likely to foster business loyalty. The program's high standards may be maintained throughout time. Finally, emotionally intelligent CEOs make MBA programs more adaptable to corporate demands. These CEOs can anticipate changes in learning and business climates and adapt. They can thus comprehend and meet the demands of program students and corporate partners. Today's academic atmosphere requires MBA program directors to exhibit emotional intelligence. From creating a learning atmosphere to stimulating discovery and change, it underpins leadership. As we've seen, MBA leadership requires emotional intelligence in many areas.

However, emotional intelligence may be developed. Training and self-awareness programs may help MBA program directors and future executives enhance their emotional intelligence. If they do this, they will strengthen their leadership abilities and benefit from the MBA program. Ultimately, emotional intelligence and MBA leadership are linked. Leaders who use their emotional intelligence will help students, instructors, and staff reach their full potential and create a successful learning environment. MBA schools that incorporate emotional intelligence into their leadership paradigms will benefit business education and individual growth.
Conflict of Interests
The effective management of MBA programs is complicated by the potential for conflicts of interest. The value of emotional intelligence in this setting is incalculable. Executives in charge of MBA programs frequently must balance the needs and desires of a wide range of constituents, including teachers and students as well as internal and external organizations. Leaders require high levels of emotional intelligence to successfully navigate these intricate relationships, since this trait allows them to understand and appreciate the unique concerns of each stakeholder. Leaders with a high level of emotional intelligence may handle conflicts of interest by encouraging open communication, settling disputes, and making decisions that place the program's overall success ahead of individual or competing interests. An MBA program's success hinges on its capacity to maintain its instructional purpose and its concentration on achieving its goals, and its leadership's ability to recognize, manage, and use emotions can be a defining component in this.

Acknowledgment
I appreciate my adviser and committee's help. I appreciate all your comments and recommendations. Your mentoring has helped me progress as a student. A mentor or coach may make all the difference. Your perseverance always amazes and inspires me, whether I'm teaching for a class or just because I adore teaching. You always amaze me, which helps me focus on real-world repercussions. Thank you for expanding my verbal and logical boundaries. Thank you again for everything. I appreciate your constant support.

Reference