

# Formulation and Evaluation of Liposomes Containing Metformin Hydrochloride

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## Abstract

The characterization and evaluation of metformin hydrochloride-loaded liposomal formulations are critical processes aimed at assessing their effectiveness and suitability for medical use. These formulations, composed of small synthetic vesicles called liposomes, are designed to enhance the delivery and efficacy of metformin, a widely used medication for managing type 2 diabetes. Liposomes, with their unique blend of hydrophobic and hydrophilic properties, offer promising advantages in drug delivery. One key aspect of this process involves characterizing the liposomal formulations. This characterization entails examining various parameters such as size, surface charge, morphology, and encapsulation efficiency. Techniques like dynamic light scattering, zeta potential analysis, and microscopy are employed for this purpose, providing valuable insights into the physical properties of the liposomes. Additionally, the stability of the liposomal formulations is thoroughly assessed. This involves evaluating their physical and chemical stability under various storage conditions, including temperature and humidity variations, over a defined period. Ensuring the stability of the formulations is essential for maintaining their efficacy during storage and transportation. Finally, if feasible, preclinical pharmacokinetic studies are conducted in appropriate animal models to evaluate the bio distribution, systemic exposure, and pharmacokinetic parameters of metformin hydrochloride following administration of the liposomal formulations. These studies help determine the drug's behavior in living organisms and its potential therapeutic benefits.

**Keyword:** Drug loaded Liposomes, Liposomal formulation

## Introduction

The comprehensive characterization and evaluation of metformin hydrochloride-loaded liposomal formulations represent a multifaceted endeavor essential for elucidating their pharmacokinetic and pharmacodynamics properties. These formulations, predicated upon the encapsulation of metformin within liposomal constructs, represent a sophisticated approach to drug delivery, leveraging the unique physicochemical properties of liposomes to enhance therapeutic efficacy while mitigating potential adverse effects. Central to this endeavor is the meticulous characterization of the liposomal formulations, necessitating a nuanced examination of diverse parameters encompassing size distribution, surface charge, morphological attributes, and encapsulation efficiency. Employing sophisticated techniques such as dynamic light scattering, zeta potential analysis, and advanced microscopy modalities, researchers

endeavor to glean insights into the structural integrity and homogeneity of the liposomal constructs, thereby facilitating informed decisions regarding their suitability for clinical translation.

Furthermore, the evaluation of drug release kinetics constitutes a pivotal facet of this rigorous assessment process, demanding meticulous investigation into the spatiotemporal dynamics governing the liberation of metformin hydrochloride from the liposomal carriers under physiologically relevant conditions. Through the application of state-of-the-art analytical methodologies, researchers endeavor to delineate the intricacies of drug release profiles, thereby elucidating the kinetics of drug diffusion, partitioning, and release from the liposomal matrices. Moreover, the assessment of stability represents a critical imperative in ensuring the translational viability of liposomal formulations, necessitating a comprehensive evaluation of their physical and chemical robustness under diverse storage conditions. Employing accelerated stability testing protocols coupled with sophisticated analytical techniques, researchers endeavor to discern potential degradation pathways and formulate strategies to mitigate the deleterious effects of environmental stressors on formulation integrity.

In conjunction with these endeavors, *in vitro* cellular studies serve as indispensable tools for elucidating the mechanistic underpinnings of cellular uptake and intracellular trafficking of metformin-loaded liposomes, leveraging advanced cell culture models to simulate the intricate milieu of physiological conditions. Through meticulous quantification of cellular internalization and subcellular distribution, researchers endeavor to unravel the complex interplay between liposomal formulations and cellular machinery, thereby providing crucial insights into their potential therapeutic efficacy. Lastly, preclinical pharmacokinetic studies in suitable animal models represent the penultimate step in the translational trajectory of liposomal formulations, providing invaluable insights into their systemic disposition, bio distribution, and pharmacokinetic parameters following administration. Through rigorous experimentation and data analysis, researchers seek to delineate the pharmacokinetic profile of metformin hydrochloride-loaded liposomal formulations, thereby informing subsequent clinical development efforts and facilitating their eventual translation into clinical practice.

In summation, the comprehensive characterization and evaluation of metformin hydrochloride-loaded liposomal formulations necessitate a multidisciplinary approach encompassing diverse scientific disciplines and methodologies, underscoring their transformative potential in advancing the frontiers of drug delivery and therapeutic intervention.

### **Preparation of Extract**

One approach to extracting metformin hydrochloride from tablets involves a methodical process. First, the tablets are triturated to break them down into a fine powder. This powdered form is then dissolved in a suitable solvent, such as chloroform, which facilitates the extraction of the desired compound. After thorough mixing, the mixture is allowed to sit for a specific duration, typically around two days, to allow for evaporation of the solvent and concentration of the extract. This waiting period is crucial for the extraction process to reach completion and for the extract to achieve optimal potency. Once the two days have elapsed, the extract is carefully collected, ensuring that any remaining solvent is removed, leaving behind a purified extract of metformin hydrochloride. This method not only enables the isolation of the desired compound but also ensures its purity and concentration, making it suitable for further analysis or application in various pharmaceutical formulations or research endeavors.

### **Preparation of lecithin from egg yolk**

To initiate the extraction process, fresh egg yolks are combined with acetone, resulting in the precipitation of the egg yolk. The mixture is then stirred with a glass rod and allowed to stand for a specified duration of 15 minutes. Subsequently, the mixture undergoes centrifugation at 4000 rpm for 5 minutes, ensuring proper balancing, to separate the liquid component from the desired precipitate. Meticulous attention is paid during the discarding of the liquid to exclude any unwanted residues, and the discernible yellow portion is carefully collected in a beaker. This meticulous separation process is followed by transferring the gathered yellow constituent to a petri dish with the aid of a glass rod. After incorporating acetone into the centrifuged mixture, it undergoes meticulous filtration, with repeated rinsing to achieve whitening. This process is iterated two to three times until the residue attains a pristine white appearance. A solution containing chloroform and ethanol in a 2:1 ratio is prepared and combined with the white residue, facilitating the dissolution of impurities and aiding in purification. The mixture is thoroughly mixed and allowed to sit for 3 hours.

Following filtration to remove solid particles or impurities, the filtrate is carefully collected, transferred into a clean petri dish, and left to naturally evaporate at room temperature. This process results in the residue, which is further purified by adding petroleum ether and acetone. After allowing the mixture to settle, the petroleum ether is decanted into another container, leaving behind the sticky extract, which is the purified product obtained from the lecithin in egg yolk. This method ensures the removal of impurities, enhancing the purity of the final product.

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### **Preparation of Liposomes**

The process begins by dissolving prepared lecithin in chloroform, followed by carefully placing the solution inside a round-bottom flask. The flask undergoes rotational motion within a thermostatic water bath, maintaining a temperature range of 30 to 35 degrees Celsius to ensure controlled evaporation of chloroform. As chloroform evaporates, a thin lipid layer forms on the flask's inner walls, indicating

successful lipid separation under controlled conditions. This meticulous approach ensures precise isolation and purification of lipids, crucial for scientific research and industrial applications, while minimizing contamination risks. Consistent temperature and rotational speed optimize chloroform evaporation, promoting lipid layer deposition. The resulting lipid layer can be collected and analyzed to provide insights into lipid composition and function. An extract of metformin hydrochloride is introduced into the flask under the same conditions, with rotational speed sustained for 30 minutes to remove lipid residues. The suspension is then left on a water bath for 15 minutes for thorough hydration before undergoing sonication for 30 minutes to disperse particulate matter effectively.

Sonication enhances dispersion and uniformity, crucial for subsequent analyses. Centrifugation at 3700 rpm for 40 minutes separates non-entrapped drug from liposomal particles, with a cooling step employed to maintain liposomal integrity. The liposomal pellet containing the encapsulated drug is carefully collected and resuspended in distilled water to ensure uniform distribution within the liposomal formulation. This systematic procedure, involving controlled experimental conditions, demonstrates the importance of achieving accurate scientific outcomes in lipid and drug delivery research.

## Various Parameters

### Drug entrapment studies

To aliquots of a liposome sample (1 ml) were mixed with 10 ml of 10% sodium lauryl sulphate (SLS) and brought to a volume of 100 ml. This mixture was then heated on a water bath at 80°C for 40 minutes. Similarly, a blank liposome suspension (1 ml), without the drug, was combined with 10 ml of 10% SLS in a 50 ml volumetric flask and filled with distilled water. The blank was subjected to the same heating process. The absorbance of the test solution was measured using a UV-spectrophotometer at 263 nm against the blank solution.

### Percentage of Entrapment efficiency

To determine the percentage of entrapment efficiency, the ratio of entrapped drug (in mg) to the total drug (in mg) was calculated using a specific formula.

Percent drug entrapped which equals to Amount of drug entrapped with liposome to the Total amount of drug taken initially which whole multiply by 100.

### In vitro drug release study from liposomes

For in vitro drug release studies from liposomes, a concentrated liposomal suspension (1ml) was placed in a test tube with a semi-permeable dialysis membrane covering the open end, secured with a thread. The tube was inverted and positioned over the surface of 100 ml of water in a 250 ml beaker, ensuring the membrane touched the water surface. The beaker was stirred with a magnetic stirrer to prevent vortex formation, maintaining a temperature of 37°C. Drug released from the liposomes permeated across the membrane into the receptor chamber medium. Samples were withdrawn from the receptor chamber, suitably diluted, and their absorbance measured at 263 nm using a UV-spectrophotometer against a blank of fresh medium. Fresh medium was added simultaneously to maintain constant volume in the beaker

### Stability testing

For stability testing, liposomes were stored at 4 to 8°C in sealed vials for one month to assess their ability to retain the drug over time. This comprehensive methodology ensures accurate evaluation of drug entrapment, release, and stability.

### Conclusion

In conclusion, the characterization and evaluation of metformin hydrochloride-loaded liposomal formulations represent crucial steps in assessing their efficacy and suitability for medical applications. These formulations, utilizing liposomes as carriers, aim to enhance drug delivery and effectiveness, particularly for managing type 2 diabetes. Liposomes, with their unique properties, offer advantages in drug delivery, necessitating a thorough understanding of their physical and chemical characteristics. Characterization involves examining parameters such as size, surface charge, morphology, and encapsulation efficiency using techniques like dynamic light scattering and microscopy. Stability assessment is vital to ensure the formulations maintain efficacy during storage and transportation, requiring evaluation under various conditions. Additionally, preclinical pharmacokinetic studies in animal models provide insights into systemic exposure and distribution of the drug. The preparation of liposomes and extraction of metformin hydrochloride involve meticulous processes to ensure purity and effectiveness. Drug entrapment studies, in vitro release studies, and stability testing further validate the efficacy and stability of the formulations.

In summary, the comprehensive characterization and evaluation of metformin hydrochloride-loaded liposomal formulations underscore their potential in advancing drug delivery and therapeutic interventions. These endeavors, supported by rigorous experimentation and analysis, pave the way for their translation into clinical practice, offering promising prospects for improved treatment outcomes in diabetes management and beyond.

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