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# Impact of Internet on Social Life of Students: An Overview

# Dr. Mamta Rani<sup>1</sup>, Sakshi Sharma<sup>2</sup>

<sup>1</sup>Associate Professor, Mahalakshmi College for Girls Ghaziabad <sup>2</sup>Student (M.Ed.), Mahalakshmi College for Girls Ghaziabad

#### **Abstract:**

In this paper we discuss about impact of internet on social life of students, an overview as we all know, Internet today is widely recognized not only as a means of communication but also as a powerful tool. Internet usage among students involves not only the use of leisure time, but also their community involvement and social networking. Students are now facing major social issues like isolation, mental depression, lack face to face communication, waste of time, excessive use of social networking sites and depression. Rather it was found that children who spend more time on the internet were more likely to spend more time with other media, more time on some kind of physical activities, and were more socially involved. The study recommends that as the internet is regarded as an in separable part of human life, students should conscious of using the internet. Internet represents the greatest collection of human knowledge and has enabled many communications in the world to manage communication and solve problems. Internet usage will become addicted and more likely to ha-case negative and less support in learning activities. So using the Internet for social media as much as, use for online gaming activity, while utilizing the Internet for watch you tube, rarely use the Internet to learn and seek information.

**Keywords:** Internet, Media, Impact of Internet, Challenges in Accessing Internet.

#### **Introduction:**

The Internet is a global computer-based information system composed of many interconnected computer networks. Each network may link tens, hundreds, or even thousands of computers, enabling them to share information and processing power. The Internet has made it possible for people all over the world to communicate with one another effectively and in expensively. The internet can be described as the net of connections that covers the entire world. Using computers and the internet has become an indispensable part of daily life. That the internet is able to produce desired information easily and smoothly. In concomitant to internet use the term Internet access refers to the communication between a residence or a business and an Internet service provider that connects to the Internet It refers to student access to the internet connectivity via personal computers, laptops, tablets, or smart phones in such a way that the student is able to obtain information from the internet in their social life. The Internet is the global system of interconnected computer networks that uses the Internet protocol suite to communicate between networks and devices. Alternatively, students use their mobile phones to access Internet services for academic work. Internet access is a facility or service that provides connectivity for a computer, a computer network, or other network device to the internet, and for individuals or



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organizations to access or use applications such as email. However, the use of the internet has been known to have a number of advantages as for example, maintain that providing information and communication technologies on their social life of students and also have some advantages: students will play a more active role, discussions of courses will contain more detail, students will become more independent, communication between students and social things. It is assumed that excessive usage of internet among young generations, i.e., students of universities make them more dependent on virtual relationships and socially isolated. Though there are some studies around, which validates these consequences of internet usage done previously for some countries of world but yet, for the country Bangladesh, there is no such study still existing which reveals these issues with in depth analysis, particularly done for any specialized public Science and Technology University, where internet is more viable than to other kinds of universities, because of the additional attention given to information and communications technology there. As it has been pondered, the internet has changed the way teacher teach and the way students learn and do school academic work. However, the internet access and use among secondary school students contribute to their academic work and improves their final gradesThe Internet represents the greatest collection of the human knowledge, ever assembled and has been widely used by secondary students in their social life and internet has changed the way of social life and also the way students learn and do social academic work. However, the internet access and use among secondary school students contribute to their social work and improves their social learning. They found that use of the internet affects the academic achievement and social life of secondary students, effects on student's behavioral pattern. Not only behavior, using the internet has a great impact on all aspects of human life including personal, social, economic life. Since its inception, the internet has transformed communication, information dissemination, commerce, education, social interactions in unprecedented ways, shaping the way we live, work, and internet with one another. Communication has been one of the most significant areas impacted by the internet. However, most of the students used the internet as a social media for chatting and socializing, watching movies and listening music. Waste of time, delay on schoolwork submission, poor academic results and school dodging were reported among effects associated with the internet uses among secondary students. This study examined internet use among secondary school students and its effects on their social life learning. More specifically, the study explores the access and use of internet among secondary level of students in their social life; find out the types of internet programs that students access on the internet.

**Internet Usage:** When students get up, they don't separate from the internet on their phones, which they use in classroom activities, recess, after school, and even getting out of bed. They always use the internet from the time they wake up till the time they go to sleep, sometimes they use the internet when they wake up, Most of the Students spent more time using technology for academic work for their related purposes, using cell phones, online chatting and social networking (Face book and Instagram You tube). As the capabilities of the internet continue to grow and change to keep up with life around us, the number of internet users is bound to increase and will do so at a rapid rate. In fact, in just five years, the number of internet users is expected to increase 47% from 5.35 billion users in 2024 to 7.9 billion users in 2029. Generally speaking, more individuals under 24 have access to the internet than those ages 25 and older, and by a significant 10%, Statista reported. When it comes to having access to the internet



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around the world, 75% of those between the ages of 15 and 24 have internet access, compared to 65% of those ages 25 and over.

Impact of Internet: The internet has transformed communication, information, commerce, education and social interactions in unprecedented ways, shape the way we live, work, and interact with each other. Most of them also felt that they were able to connect with a lot of people with the help of internet and maintained contact for professional purposes and most of the students accepted the fact that too much access to internet affected their creativity, especially while doing their assignments. They would copy and paste most details rather than thinking and writing it in their own words. As a result, they tend to blindly trust the information they obtained from internet, and there are some good effects are its saves times, which improves business and social life of students for better performance and using of social networking, online study, gaming, education and up skilling, emails communication. The Internet is one result of the sophistication and advancement of science and man-made technology. Internet stands for Interconnected Networking which, when translated in Indonesian, means a series of connected computers within multiple networks. In the daily existence of the Internet are a very many things to provide benefits for everyone, especially the students. In addition, the Internet as a relatively new channel for scientific resources, and contains a large amount of information varies a lot about its contents, objectives, target groups, reliability and others. Therefore, it is important that end users are aware of the wide variety of information available on the Internet, and are educated in the criteria by which information content should be assessed. The tremendous growth in the field of telecommunications has brought online services, specialized electronic networks, Web pages, E-mail, software and global information sources to our homes and education.

Merits of Internet: The internet has had a significant impact on education, and students have been among the primary beneficiaries. The internet has brought about many positive changes in the way students learn, research, and collaborate. With the vast amount of information available online, students can easily access resources that were previously unavailable to them. In this regard, the internet has increased their research ability. Some merits of internet are given below:

**Educational resources:** The internet can be used for educational purposes in many ways, like online courses, collaborative learning, language learning, time management and organization, evaluating information and giving well support to the students in learning.

Access of information: Most information on the internet is on websites. Now days students are connected to the internet, they get any type of information through the websites and also using a many kind of application for any information. The internet offers unlimited access to data, information. Students can access on the internet like browse websites, download, and access educational material. Students get right information through the internet, access from any devices.

**Communication:** From the internet students can get so many communications like email, instant messaging, online communication, build relationships, reduced isolation, social media platforms like Face book and Twitter, telephone calls and also face to face conversations, improves the



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communications quality. Students can communicate with people from anywhere in the world at any time, without having to travel.

**Multimedia learning:** Multimedia learning helps to students in their learning process, and leads to better knowledge, students can get more opportunities and engaged with multimedia learning for better performance. Multimedia learning also helps learners more easily understand complex topics. Students get benefits learning through the use of pictures and words.

Collaboration: Through the internet students become more able to communicate with their peer solving problems or organize social events in a collaborative learning. Collaboration can enhance student engagement, motivation, and better performance by providing opportunities for interaction, feedback and peer learning. Collaboration is important in student's life because the benefits of collaborative learning include: development of higher-level thinking, oral communication, self- management, and skills. Some students using the internet and online tools to collaborate.

Career Development: The internet has had a positive impact on career development for students. With the help of the internet, students can search for jobs and apply online. They can also access relevant information about different careers and industries, which can help them, make informed decisions about their future career paths. Online education is another way that the internet has helped with career development. Students can take courses and earn degrees online, which can be especially helpful for those who cannot attend traditional in-person classes due to various reasons.

**Study Relevant Materials:** Studying relevant materials is an important aspect of academic success, and the internet has made it easier for students to access these materials. With just a few clicks, students can search for information on any topic they need to improve their knowledge and get the necessary study materials. The internet also allows students to interact with each other and exchange ideas and information from different locations in real time. A study explored the usage of the internet and its impact on the academic performance of senior high school students, finding that internet usage had a positive impact on their success. Overall, the internet has had a positive impact on students by providing them with easy access to study relevant materials.

**Demerits of Internet:** While the internet can be a valuable tool for learning and research, it also has negative impacts on students. The negative effects of internet on students' academic performance include addiction, decreased motivation to study, exposure to harmful information, and psychological disorders.

**Distraction**: The imbalanced time and attention to entertainment activities on the internet can potentially lead to academic distraction. The heavy use of internet for entertainment causes so many challenges to student's life like they not doing properly study, reading, writing, communications with family and friends. Students away from the what they were doing or thinking about.

Lack of Creativity: The internet can have a negative impact on students' creativity. According to some sources, technology is slowly reducing human imagination and creativity. Instant access to information



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via the internet may hinder creative potential. Technology can also destroy the creativity of students by encouraging them to copy and paste information from online sources instead of coming up with original ideas. Some people worry that the internet has become stifling for creativity. Therefore, it is important for students to balance their use of technology with other activities that promote creativity, such as reading books or engaging in hands-on projects.

**Information overload:** Sometimes lots of information are overloaded for students, if student search about any topic related to their social life's they get lot of information because there are so many websites available on the internet and also lots of amount of data presented on the internet, so students are confused because of lots access of information available on the internet. It can lead to mental fatigue, anxiety, stress, difficulty making decisions.

**Health impacts:** Internet addiction causes variety of health impacts like psychosocial problems, including failure, low self-esteem, poor diet, mental disorders like depression and anxiety, sleeping issue, students facing the problems in their social life.

**Cyber bullying:** Cyber bullying can impact many mental health problems, putting a student at higher risk of anxiety and depression, self -harm, and may have trouble forming relationships with other people. Students may be afraid to trust anyone and avoid socializing with others.

**Internet addiction:** Internet addiction can negatively impact on student's life, students away from their studies and leading to excessive time spent on online activities, poor time management, unhealthy behaviour, decreased physical activity, low self-esteem, poor work or school performance.

**Wastage of Time**: One of the negative impacts of the internet on students is that it can lead to a waste of time. Students may spend excessive amounts of time browsing the internet, playing games, or using social media instead of focusing on their studies. This can negatively impact their academic performance and lead to a lack of productivity. Additionally, excessive use of the internet can lead to addiction, which can cause psychological and social problems for students.

The internet has both positive and negative impacts on students. On the positive side, it has increased research abilities, enhanced collaboration, and made online learning more accessible. It has also had positive impacts on social interactions and media. However, there are also negative effects such as addiction, cyber bullying, and decreased face-to-face communication skills. The internet can also negatively affect academic performance if not used properly. Therefore, it is important for students to use the internet responsibly and in moderation to maximize its benefits while minimizing its negative impacts.

Challenges in Accessing the Internet: There are many ways that a lack of internet access can affects a student's academic performance. Students without internet can't connect with teachers or classmates, do independent research, or get online homework help. This means that you cannot access the internet or network resources. It could be because of your computer, the internet service provider (ISP) or other network issues. This problem can occur either in wired or wireless connections. Students facing Unequal access to the internet, limiting opportunities for some individuals or regions, and digital skills among



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different populations, disparities in internet access, sufficient knowledge, students from lower-income, don't have the digital tools. Understanding the digital divide, it refers to the socioeconomic differences among people and the impact on their ability to afford the devices necessary to get online. In developing countries, many people have limited access to technology or the internet and do not have the skills necessary to use it.

**Digital literacy** is essentially the discovery, evaluation, creation and communication of information, but there is more to it. Many experts prefer to focus on specific technology and literacy skills and do not define the term. In today's constantly evolving technological society, digital literacy is critical for navigating and thriving. This article will explore what digital literacy its, its importance, and challenges. Students don't have proper guidance to achieve their goals, not have well guided, don't know the way how to do things in the best possible way, lack of moral development and counselling services, they don't have education aims, vocational, personal, social, physical development, some issues related to the professional qualifications of guidance teachers and school management. Parents tell to students about the social media and their uses, side-effects. Sometimes parents not guide properly to students about social media, internet usage, and school management also not supported to students.

Safeguarding personal information from unauthorized access or misuse, protecting data, cyber threads, spamming, students to utilize privacy settings on their social media account, they should think twice before sharing personal information, protect themselves, and be careful what they share on social media. Students may share personal information online, such as their location, contact details, or daily activities, which could be exploited by malicious individuals for identity theft or stalking.

**Solutions of challenges in accessing the internet:** Protecting data through encryption methods to prevent unauthorized access, Implementing laws and regulations to safeguard individual's privacy rights. Educate students about the importance of privacy settings on social media platforms and adjust their settings to control who can access their personal information.

Providing resources and infrastructure to the digital divide. Ensuring equal access to all internet content without discrimination. Developing tools and techniques to organize and filter information effectively. Provide awareness training for students, teaching them how to avoid links, download files safely, and maintain strong passwords to protect against data. Offer internet safety education programs that teach students how to recognize and avoid online predators, scams and protect their personal information online. Students give proper guidance and encourage using social media and internet usage how to balance their online and offline activities, real life social interactions, and prevent from addiction of internet.

Students can utilize online tools and have more autonomy in making their schedule, and they can study whenever they feel convenient. This helps them to control over their schedule. Encourage students to online learning tools to explore career opportunities. Teachers can make the more interesting by the organize groups, debates, or webinars for the students to discuss questions and gather information. Even teachers can offer classes through face time; online sessions can be conducted using live chat, games, and more. Students can be motivated by using the study materials in a fun way by creating videos, making challenges, conducting games, quizzes.



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Conclusion: It is seen that internet usage is the factor that influences the student's life both positively and negatively including academic performance, personal and social life of students; also increased internet usage was very useful in enhancing learning results. The internet is an effective medium of social communication with society. Students access internet through mobile and commercial cyber whereas normal students have the opportunity to access from their homes. Almost all the respondents used internet for accessing emails and social network sites like Face book followed by collecting general information and study materials. It can be said that internet's usage is found to be useful in improving the student's performance. The students who are active in social networking were much interested in intercultural interaction. This creates a world view over the students to understand the social issues.

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