

# Study of the Problems of Physical Education Teachers in School Level of Central Region of Madhya Pradesh

**Dr. Kashmir Singh**

Assistant Professor, Department of Physical Education, Victoria College of Education, Bhopal (M.P.)

## **ABSTRACT:**

The aim of present study was find out the problems encounter by physical education teacher during their profession in present scenario. For which total 150 physical education teachers were randomly chosen in central region of Madhya Pradesh. The Physical Education Teachers were personally interview with the schedule constructed for the purpose. The evaluation carried out by using questionnaire of NASPE to evaluate the work environment other problems. In our observation we find that the majority of respondents were faced serious problems regarding necessary equipment. Besides this, it is also revealed that the works environment for physical education teachers in not favorable. In fine we can conclude that in central region of Madhya Pradesh work environment, play grounds, equipment for sports is not satisfactory according to physical education teachers. Present work will up to planning the sport environment for the betterment of sports facility in this region as wall.

**KEYWORDS:** Problems Equipment, Present Status Scenario, Work Environment.

## **INTRODUCTION:**

Currently, due to the changing conditions of society, to give a response to the new and complex situations that teachers encounter, it is necessary to think of sports to provide all infrastructural facilities for coming generation to makes them healthy. In Indian history physical education had a prominent place and it was the necessary part of education of ancient times. By the passing of time the physical education teacher have been dragged into all sports of activities.

There are various problems associated with physical education teacher; no much attention is taken for the betterment of physical education from the growth of our nation (Deshmukh et al., 2012)

The study of the problems and concerns of physical education is an area within sports education that requires special attention because the difficulties of early experiences tend to be especially important (Veenman, 1984; MacDonald, 1999)The reason behind the problem associated with sports education could be many, a few to be mentioned has are negligence to words the physical education teachers, the works environment in and around being unfavorable, and availability of necessary sports equipment and play ground are still not up to the marks. Considering these problems the present work framed to investigate to objectives.

- To access the problems associated with physical education teachers regarding equipment's and work environment.

- To study the present status of physical education teachers.

**METHODOLOGY:**

A mixed methodology (qualitative and quantitative) was used, combining a questionnaire and an interview to every individual participant. The sample was composed of 200 physical education teachers of school levels of central region of Madhya Pradesh. The participants were belonging to either sex (male and female) between the age group of 20 to 40 years, with the age of 28.50 years. The participant interview and asked question to know their answer of asked questions. After the completion of interviews of all participants a datasheet of questionnaire and their answer were prepared in table forms.

**Statistical Analysis:** All the obtained from participant were analyzed by using frequency mean standard deviation and whenever data found significance ‘t’ test were used.

**Table: 1 Problems faced by Physical Education Teachers Regarding Equipment.**

S. No.	Problems Equipment	Frequency	Percentage
1	In college, sports work environment is not good	131	43.66
2	Proper grounds for sport are not available	154	51.34
3	Sports equipment are not available	156	52.00
4	Sports equipment are not properly maintained	162	54.00
5	Storage facility is not provided	183	61.00
6	Freedom to use available equipment is not there	116	38.66
7	The procedure for issuing the equipment is lengthy and sometime harassing	149	49.66
8	The keys of the store are never handed over to	189	63.00
		T Value	0.52
		Z value	2*

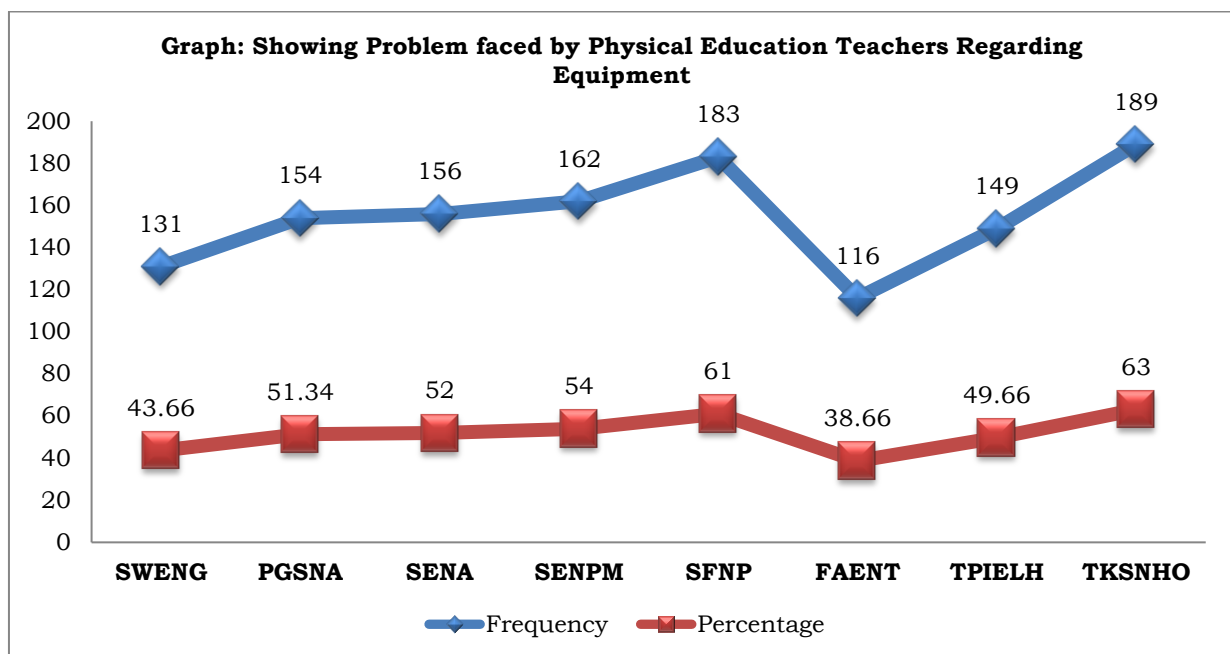


Table: 1. Gives the information about the problems faced by physical education teachers regarding equipment's. It is very clear from the table that sixty three and sixty one present teachers has problems about the keeps of the store and storage facility not being provided and almost (40%) of the teachers expressed that they were not given the freedom to use the available equipment. The significant Z value (2)\* indicate that the teachers have problems regarding equipment.

**Table 2: Present Status Scenario of Physical Education Teachers regarding their problems.**

S.N.	Present Status Scenario	Frequency	Percentage
1.	The physical education teachers have to do office job instead of going to the ground.	192	64.00
2.	The physical education teachers is given all types of work which is not accounted.	198	56.00
3.	The physical education teachers are not appreciated for the work carried out by them.	140	46.66
4.	The physical education teachers are not given proper respect.	132	44.00
5.	The physical education teacher is not given Designation.	128	42.66
6.	The physical education teacher is not given proper honorarium.	139	46.34
7.	The physical education teachers are not given proper quantum of advance for conducting the events.	173	57.66
8.	Lack of program facility. The physical education teachers are not given moderation for additional job.	179	59.66
9.	The physical education teachers are not given remuneration for additional job.	180	60.00
10.	The physical education teachers are not given prestige.	135	45.00
11.	The physical education teachers do not get literature to read.	162	54
12.	The physical education teachers are not give opportunities for higher education.	178	59.34
13.	The physical education teachers are not given scholarship for higher education.	300	100
14.	The syllabus or curriculum of the college does not have a component of physical education.	259	86.34
15.	The time schedule of college does not have provision for physical education.	24.	81.00
		T value	0.60
		Z value	3.74**

**Graph: Showing the present status scenario of problems of Physical Education Teachers**

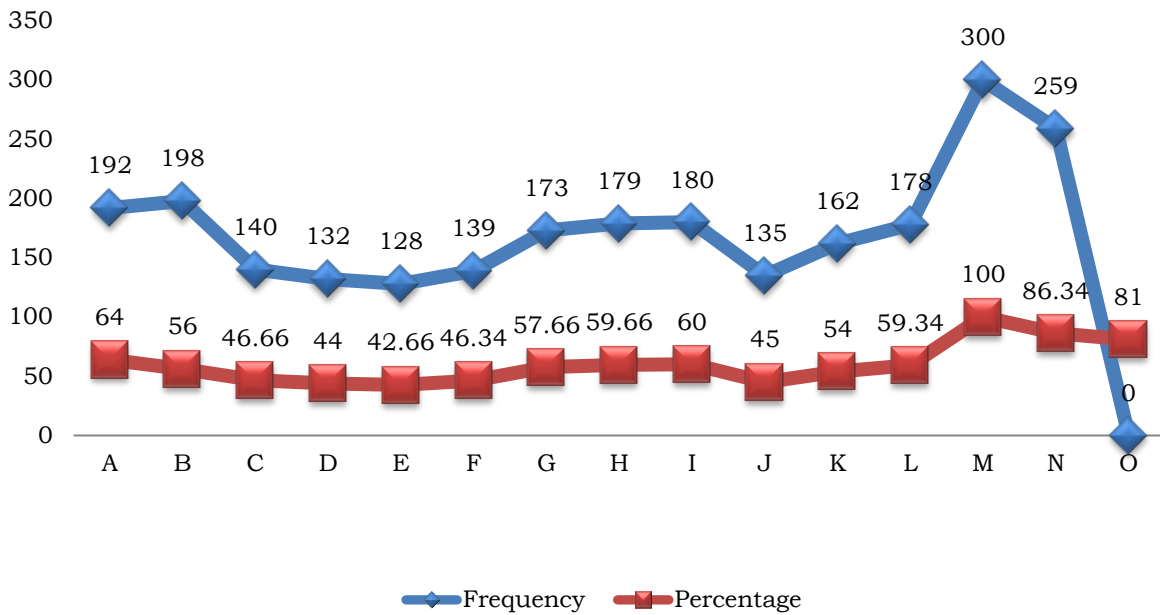


Table: 2. Delineate the present status scenario of physical education teachers. It was found that almost 86 percent teachers felt mat syllabus or cirrocumuli of colleges does not have a component of physical education and 81 percent felt that the time schedule of no college does not provide time for physical education. Hundred percent teachers said that they are not given scholarship for higher education while 42 percent teachers expressed that they are not given designation. The highly significant Z value (3.74) \*\* expressed that the teachers present status scenario is not very good.

**Table 3: Problems faced regarding by Work Environment by Physical Education.**

S.N.	Work Environment	Frequency	Percentage
1.	The student does not show any interest in physical education.	143	47.66
2.	Difficult to handle much students (handled by physical education teachers).	279	93.00
3.	Selection of proper student as good athlete is not possible.	123	41.00
4.	The physical education teachers have to work under pressure.	178	59.34
5.	The physical education teachers are not involved in planning events.	125	41.66
6.	The physical education teachers are not given Opportunities to organize program.	212	70.66
7.	The physical education teachers are not trusted.	243	81.00
8.	The physical education teachers do not have a free hand.	214	71.34

9.	The physical education teachers do not have a free hand at teaching physical education, which leads to negative attitude of parents.	260	86.66
10.	The physical education teachers have difficulty in working due to strained relation with higher authority and subordinates.	231	77.00
11.	The physical education teachers do not get any reward.	216	72.00
12.	The physical education teachers are not given any incentives.	228	76.00
13.	Medical education facilities to the children of the physical education teachers are not provided.	283	94.33
14.	Service opportunities are not provided to the children of physical education teachers.	300	100.00
15.	While conducting so many problems sports meet are faced only by the physical education teachers.	275	91.66
16.	Parents of the girl students do not get ready to practice in short pant.	300	100.00
17.	When sending teams to participate in tournament economic problems faced by the physical education teachers.	278	92.66
		T value	0.74
		Z value	5.78**

**Graph: Showing the problems faced regarding work environment by Physical Education Teachers**

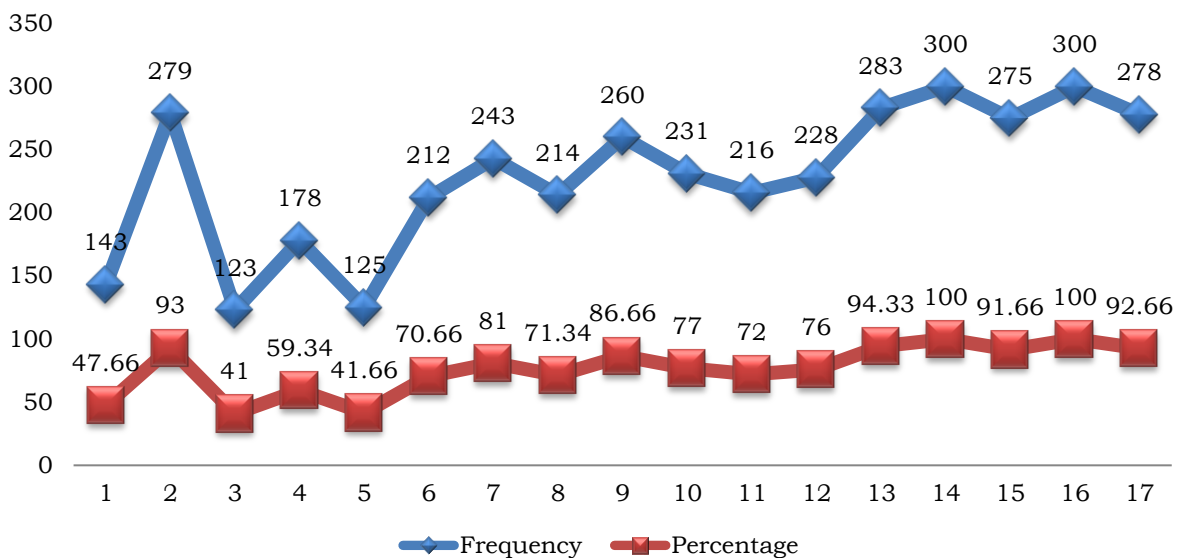
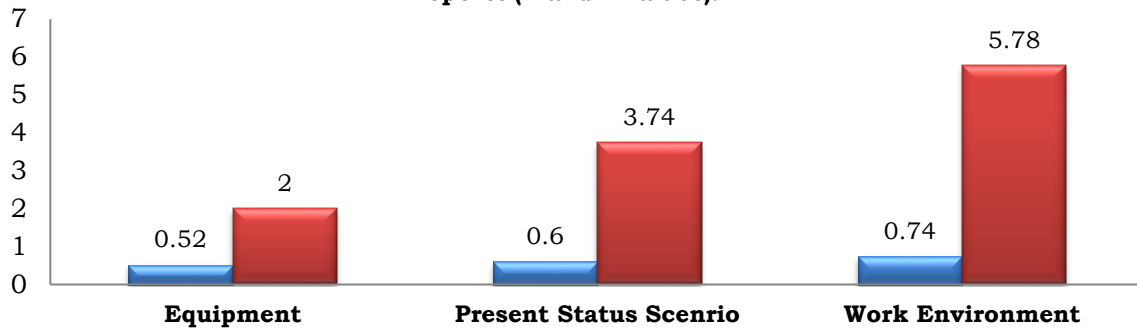


Table: 3. Denotes the problems faced regarding work environment by physical education teachers. The findings show that hundred percent teachers expressed that the service opportunities are not provided to

the children of physical education teachers similarly the parents of girl’s students do not get ready to practice in short pants. While forty one percent physical teachers said that they could not do fair selection of the athlete and the physical education teachers are not involved in planning events. The highly significant Z value 5.78\*\* expresses that the problems regarding work and environment.

**Graph: Showing Consolidated Status of Different Facilities Regarding Sports (T and Z values).**



### CONCLUSION:

It can be summed up that the physical education teachers do face problems regarding equipment and work and work environment. From ancient times physical education is the integrated part of our education system. It is also mentioned in ancient literature that physical education or physical fitness is very important for the creativity and progress of society as well as a country. There is a urgent need to overcome from this problem of physical education of our nation. It is the right time to solve the problems of physical education and physical education teachers. By virtue of this we can improve our moral and working capacity and act our role for the betterment of mankind. The present status scenario indicates that the physical education teachers are not well placed.

### REFERENCE:

1. **Deshmukh, Et Al., (2012).** Problems faced by physical education teacher and their present status scenario.
2. **Macdonald, D. (1999).** Teacher attrition: a review of literature. *Teach Edu.*, 15: 835-48.
3. **Rajasekaran, D. & Selvan M.C. (2023).** Job satisfaction of Physical Education Teachers, IIP Book, Iterative International Publishers.
4. **Singh, A. Et Al., (2008).** Essentials of Physical Education, (Third Edition). New Delhi: Kalyani Publishers.
5. **Veenman, S. (1984).** Perceived problems of beginning teachers. *Rev.Edu. Res.*, 54: 143-73.