

# Myth, Culture, and Human Experience: An Analysis of Martin Owusu's The Legend of Aku Sika

## Godfred Asare Yeboah<sup>1</sup>, Latipher Amma Osei<sup>2</sup>, Johnson Edu<sup>3</sup>

<sup>1,2,3</sup>Department of Theatre Arts, University of Education, Winneba, P. O. Box 25, Winneba Ghana

### Abstract

This critical analysis delves into Martin Owusu's 'The Legend of Aku Sika', exploring the intersections of myth, culture, and human experience through the lens of Mythopoeic Archetypal Theory. By examining the narrative's characterizations, plot dynamics, and thematic resonances, this study reveals how the legend taps into universal human experiences and emotions, evoking archetypal resonance and symbolic patterns that convey complex ideas and emotions. Situated within its cultural and historical contexts, this research uncovers how the story reflects, refracts, and reimagines the human condition, inviting readers to confront and contemplate the depths of their humanity. Through this analysis, the Mythopoeic Archetypal Theory illuminates the legend's psychological profundity, uncovering insights into identity, morality, and the human experience that transcend cultural boundaries.

**Keywords:** Mythopoeic Analysis, Archetypal Theory, Cultural Narrative, Human Experience, Symbolic Storytelling

### 1. Introduction

Martin Owusu's "The Legend of Aku Sika" is a powerful character exploration deeply rooted in Ghanaian myth and tradition, yet reaching far beyond the confines of African storytelling. The richly textured narrative of acting, dancing, singing and special effects utilizes ancient characters and metaphors to explore universal themes of tragedy, agency, suffering, and redemption. Set against the backdrop of Ghanaian popular culture, Owusu's narrative delves into the heart of human concerns and experiences. Aku Sika's journey from adversity to triumph provides a unique window into the deepest recesses of the human spirit. This compelling narrative, brought vividly to life in a 2024 production directed by three Faculty members in the Department of Theatre Arts, serves as the focus of this analysis. Using classical myth theory, we will explore the rich layers of meaning within the "Aku Sika" myth, examining characters, plot structure, and symbolism to understand how Owusu masterfully blends myth and reality to create stories that transcend cultural boundaries. This study will examine the play's narrative structure and its powerful use of archetypes to answer a central question: What insights does a mythopoeic analysis of "The Legend of Aku Sika" offer into the enduring power of myth to address universal human experiences and anxieties across different cultures and periods? Before embarking on this in-depth analysis, we will first examine the life and works of Martin Okyere Owusu to provide essential context.



### **1.1. Background of the Playwright**

Renowned dramatist Martin Okyere Owusu, born in 1943 in the Central Region of Ghana, a town called Agona Kwaman, close to Swedru, is considered a living legend in the realm of drama. He has devoted his illustrious career to creating amazing pieces that have made a lasting impression on African theatre. Martin Owusu has made several noteworthy contributions, one of which being the well-known "Drama of the Gods," which has enthralled audiences with its examination of divine topics. His play "The Story Ananse Told: A Play for the African Theatre" has also received a great deal of praise, demonstrating both his skill as a storyteller and his profound knowledge of Ghana's rich cultural legacy. Not only has Martin Owusu bestowed onto the world these well-known pieces but also, "The Sudden Paturn and Other Plays " which is a compilation that has a storyteller in the

Return and Other Plays," which is a compilation that has cemented his status as a veritable titan in the field of Ghanaian and African dramatic arts. In addition, his renowned drama "The Legend of Aku Sika" has solidified his place among the most admired writers of his period.

In addition to providing countless people with entertainment and education through his extraordinary body of work, Martin Okyere Owusu has been instrumental in safeguarding and advancing Ghana's and Africa's unique theatrical traditions. Audiences and readers, both at home and abroad, are enthralled and inspired by his legacy as a Ghanaian living legend. To fully appreciate the depth and complexity of Owusu's artistic vision, we now turn to a detailed synopsis of "The Legend of Aku Sika" itself.

### **1.2.** Synopsis of the Play

In a land steeped in tradition and reverence for the gods, a tumultuous conflict unfolds between Nanayere Ama, the eldest wife of the king, and her husband as she publicly accuses her husband of disrespecting her, the ancestral throne, and the gods by planning to marry Aku, a young woman rumoured to be physically deformed. In response to settling the dispute and restoring order in the kingdom, the Obaapanin demanded that the king summon Aku before the entire citizenry to reveal the truth about her body. The terms are clear - if Aku is found to be deformed in any way, the king will be dethroned in disgrace. However, if Aku is shown to be physically whole, then Nanayere will face severe consequences, potentially even losing her life. This situation created an intense standoff between the king and his wife, with the fate of the throne, the sacred traditions, and the lives of those involved all hanging in the balance. The townspeople awaited the public confrontation anxiously, unsure of which side would emerge victorious from this high-stakes clash.

This study explores Martin Owusu's "The Legend of Aku Sika" through mythopoeic archetypal theory, examining how mythological and symbolic themes convey human experience and illuminate Ghanaian culture and identity. Owusu's work is a unique blend of myth, culture, and personal narrative, intertwining to reveal the essence of human experience. By delving into the cultural and historical contexts, character motives, and symbolism of the legendary realms, this analysis reveals how Owusu employs mythological elements to dramatize and mediate access to humanity's core. This qualitative study addresses the gap in in-depth analyses of Ghanaian mythology, exploring how "The Legend of Aku Sika" utilizes mythological themes to highlight human realities. Guided by the research question, *How does "The Legend of Aku Sika" utilize mythological and symbolic themes to convey human experiences, and what implications do these themes hold for our understanding of Ghanaian culture and identity?* This study sheds light on the cultural significance of Owusu's work, contributing to the understanding of Ghanaian mythology and its role in conveying human experience, as posited by Jung (1998) and Campbell (1949).



### **1.3.** Plot Structure

Owusu's "The Legend of Aku Sika" employs a meticulously structured plot, adhering to Aristotelian principles of sequential organization. The play's prologue functions as an exposition, introducing the Supreme Being's decision to send three mortal spirits to Earth, establishing the interplay between the divine and mortal realms that shapes the narrative. This sets the stage for a plot driven by rising action, a clear inciting incident, a tense climax, resolution, and denouement.

The rising action commences with the king's lustful gaze upon Aku during his coronation, immediately establishing a central conflict. The inciting incident is the king's eldest wife, Nanayere Ama's, discovery of his intention to marry Aku, creating dramatic tension and highlighting the clash between tradition and desire. The plot builds towards a dramatic climax: the public assembly where Aku's physical state will determine the fate of both the king and Nanayere. This high-stakes confrontation represents the central conflict (the king's power and Nanayere's life hang in the balance, dependent on Aku's physical state).

The resolution, however, subverts expectations. Aku's attempted suicide is met with divine intervention, miraculously restoring her limb. This unexpected twist upends the anticipated outcome, revealing Aku as whole, undermining Nanayere's accusations and the potential dethronement of the king. The denouement brings Aku before the citizenry, not with a missing limb, but with a golden hand, conclusively resolving the central mystery. Nanayere receives a pardon, highlighting the resolution of the conflict and the king bestows the title "The Legend of Aku Sika" upon her, cementing her triumph and ensuring her story's enduring legacy. Through this carefully structured plot, Owusu masterfully blends elements of myth, human drama, and divine intervention to create a compelling narrative that explores universal themes of justice, faith, and the resilience of the human spirit.

### 2. Methodology

This qualitative study employs a mythopoeic archetypal analysis to critically examine Martin Owusu's "The Legend of Aku Sika," using the play as its primary data source. Informed by the theoretical frameworks of Jung (1968) and Campbell (1949), among others, the analysis will closely examine character archetypes (Sage, Supreme Being, etc.), narrative structure (following Aristotelian principles), and symbolic language to interpret the play's thematic resonances. The authors will identify and analyze distinctive characteristics and behaviors to differentiate characters. The central research question guiding this interpretation explores how the play utilizes myth to address universal human experiences and anxieties. The findings contribute to a deeper understanding of the enduring power of myth in addressing cross-cultural concerns and provide insights into Ghanaian culture. Limitations of subjective interpretation are acknowledged and addressed through rigorous analysis techniques, ensuring a robust and convincing methodology.

### 3. Mythic Characters and Human Experience

To further illuminate the play's profound themes, we now delve into a detailed analysis of its key characters, examining how Owusu employs mythic archetypes to explore fundamental aspects of the human condition. Character analysis is the study of the specific features, qualities, and attributes that distinguish an individual fictional character and make them unique within a narrative. This definition highlights the idea that character analysis involves a close examination of the unique and individualized elements that shape a character's identity and role within the story rather than simply viewing them as generic or interchangeable narrative elements.



Martin Owusu crafted the play "The Legend of Aku Sika" to provide directors with significant artistic flexibility. At the core of the play, he established a cast of 22 constant characters, each serving as an integral part of the play. This carefully constructed character framework gives directors the creative license to determine the specific number of dancers, musicians, and citizens to include in their production when staging the play. But the proponents of this paper concentrate on the mythic characters alone i.e. The Sage, Supreme Being, Royal Elder, Fate, Aku Sika, and Mortal Beings (Guards, Father, Sister of King).

### 3.1. The Sage

The Sage in Owusu's "The Legend of Aku Sika" functions as more than a simple narrator; the character embodies the timeless archetype of the wise elder, a figure prevalent in numerous mythologies across cultures and time periods. The Sage's detached yet empathetic perspective allows the audience to access the emotional complexities of the narrative, providing a framework for understanding both the specific cultural context of the story and the universal human experiences at its core. This detached, wise observer allows the audience to process the intense emotional and spiritual journey of the main characters, particularly Aku Sika. The Sage's unwavering wisdom and compassion, therefore, highlights the enduring power of myth to provide frameworks for processing profound human emotions and struggles, bridging cultural gaps through shared archetypal understanding. By providing context and insight, the Sage demonstrates how mythic narratives offer a lens for comprehending universal human anxieties related to fate, suffering, and the search for meaning, anxieties that resonate deeply across cultures and historical periods.

### **3.2.** Supreme Being

The Supreme Being in "The Legend of Aku Sika" embodies a powerful archetype found in diverse mythologies: the omnipotent, omniscient deity who shapes human destiny (Atre, 2011). Owusu's depiction, however, transcends a simple portrayal of divine power. The Supreme Being's active involvement in the characters' lives, particularly Aku Sika's, raises profound questions about free will versus determinism, a central human anxiety across cultures and periods (Ragland, 2017, Salmani and Poornamdarian, 2021). The interplay between divine intervention and human agency highlights the enduring tension between faith and doubt, a struggle mirrored in countless religious and philosophical traditions. The Supreme Being's enigmatic nature, (Schelling, 2012) and its motives veiled in mystery and awe, underscores the enduring human need to grapple with the unknown and the seemingly arbitrary nature of fate, a deeply resonant theme explored in various mythological narratives globally. This ambiguous portrayal of divine power avoids simplistic interpretations of good versus evil, reflecting the complexities of faith and the human struggle to reconcile the limitations of individual agency with the seemingly overwhelming forces of destiny. This inherent ambiguity, found in many mythologies globally, makes the Supreme Being a particularly potent representation of anxieties surrounding human limitations and the search for meaning in a world that often seems beyond our control.

### 3.3. Royal Elder

The Royal Elder in Owusu's "The Legend of Aku Sika" embodies the archetypal figure of the devout servant, a character found across numerous religious and mythological traditions (Hart and Brady, 2005). According to Inglehart (2004), this unwavering loyalty to a higher power speaks to a fundamental human desire for faith and certainty in the face of life's uncertainties. The Elder's unquestioning obedience to the Supreme Being's decrees, even when those decrees are opaque or seemingly harsh, highlights the enduring human need for meaning and purpose (MacKenzie and Baumeister, 2014). This



faith, though potentially blind, offers solace in the face of suffering and mortality, a common theme in myths and religions worldwide. The Elder's unwavering conviction in the divine plan, despite its mysteries, speaks to the human tendency to seek comfort and meaning in systems of belief, regardless of cultural context. The character's absolute faith, therefore, reveals a universal human coping mechanism for dealing with anxieties surrounding fate, uncertainty, and the seeming randomness of life. This steadfast devotion underscores the enduring power of myth to offer solace and structure in the face of existential anxieties, bridging cultures through shared experiences of faith and the search for meaning.

### **3.4.** Fate

The personification of Fate in Owusu's "The Legend of Aku Sika" offers compelling insights into the enduring power of myth to address universal human anxieties surrounding destiny and free will (Salmani and Poornamdarian, 2021). Fate, far from being a passive force, is depicted as a sentient entity intimately involved in shaping the lives of the characters. This active role challenges the simplistic dichotomy between predetermined fate and human agency, a central tension explored across diverse cultures and throughout history. Owusu's portrayal of Fate, endowed with omniscience, allows him to explore the intricate web of cause and effect that shapes human lives. This intricate web highlights the often uncomfortable interplay between divine providence and human choices, a complex relationship that resonates deeply within human experience. The unsettling awareness that individual actions are intertwined with a larger, predetermined plan is a recurring theme in numerous mythologies, reflecting a pervasive human anxiety concerning control and the unknown.

Furthermore, Fate's unique perspective witnessing both triumph and struggle – underscores the enduring human fascination with narratives of destiny. Myths across cultures frequently feature characters whose lives are inextricably bound to fate, highlighting the human desire for understanding and meaning in the face of uncertainty (Mac Carron and Kenna, 2012). The character of Fate in Owusu's play effectively conveys this human desire for meaning and control, while simultaneously acknowledging the limits of human agency. By embodying this anxiety concerning our place within the grand scheme of existence, Campbell (2003) indicates that Fate serves as a powerful symbol of the enduring capacity of myth to engage with fundamental questions about human purpose and the search for meaning within the face of the unknown, thereby creating a resonance with audiences across cultures and historical contexts.

### 3.5. Two Guards

The Two Guards in Owusu's "The Legend of Aku Sika," while seemingly minor characters, offer valuable insights into the enduring power of myth to address universal human anxieties related to obedience, authority, and the acceptance of fate. Their unwavering commitment to carrying out the Supreme Being's will, regardless of their personal feelings or moral judgments, represents a potent archetype found across various cultures and mythologies: the dutiful, unquestioning servant of a higher power. This archetype reflects the human experience of navigating power dynamics and accepting authority, even when that authority is opaque or unsettling. The Guards' mechanical precision and detachment, devoid of emotional turmoil, highlight the potential conflict between personal morality and the demands of a larger, often inscrutable system (Pozzi, Fattori, Bocchiaro and Alfieri, 2014).

The depiction of the Two Guards underscores a common human anxiety: the tension between individual agency and the seemingly arbitrary nature of larger forces, whether divine or societal (Kirmani and Kirmani, 2009). The Guards' unwavering obedience, however, doesn't necessarily represent blind acceptance; it might also be interpreted as a pragmatic response to overwhelming power, a strategy for survival in a world beyond individual control. This interpretation resonates with experiences across



various cultures where individuals may conform to authority to maintain order or security, even at the cost of personal autonomy. Their very presence serves as a symbolic representation of the pervasive human experience of grappling with the limitations of individual agency when confronted with larger societal structures or seemingly inescapable forces of fate. This enduring theme, explored throughout various myths and religious traditions worldwide, solidifies the enduring power of myth to explore fundamental aspects of the human condition (Brown, 2000).

### **3.6.** Two Guardians of Mortality

The Two Guardians of Mortality in Owusu's "The Legend of Aku Sika," though not central characters, provide a crucial lens through which to examine the play's exploration of universal human experiences and anxieties surrounding life, death, and the transition between the spiritual and material realms. Asprem (2014) suggests their role as intermediaries between the divine and the mortal spheres underscores the enduring power of myth to grapple with fundamental questions about existence and the human condition. This archetype of the spiritual guide or escort, facilitating the passage between worlds, appears across various cultures and belief systems. The Guardians' deep understanding of the delicate balance between the divine and the earthly highlights a common human preoccupation with the relationship between the spiritual and physical, a preoccupation reflected in countless myths and religious narratives worldwide (Lee, 2015; Lee, 2013; Sumegi, 2013).

The Guardians' profound sense of purpose and awareness of the gravity of their task ensuring the smooth transition of the mortal spirits reflects the enduring human need for ritual and structure in the face of life's significant transitions, widely researched by scholars Fogelin and Schiffer, (2015); Arnold, (2006). The act of guiding the spirits into the mortal realm symbolizes the universal human experience of navigating life's inherent uncertainties and anxieties surrounding the unknown. The very existence of these guardian figures underscores the human tendency to seek meaning and order in the face of life's inherent chaos and unpredictability, a theme central to countless mythologies and belief systems across different cultures. Therefore, the two Guardians, though minor characters, powerfully convey the ongoing relevance of myth in providing frameworks for understanding and coping with universal human experiences and anxieties related to life, death, and the transition between the spiritual and material worlds. Their presence reinforces the enduring capacity of myth to speak to fundamental human experiences across time and cultures.

### 3.7. Mortal Spirit One (Male, Later as Aku's Earthly Fater)

Mortal Spirit One's brief, "unsubstantial" life in Owusu's "The Legend of Aku Sika," though seemingly inconsequential, offers crucial insights into the enduring power of myth to explore the diverse spectrum of human experience and address universal anxieties related to mortality and the search for meaning (Galef, 2010). His fleeting existence, characterized by simplicity and freedom, contrasts sharply with the more turbulent lives of the other mortal spirits, highlighting the multifaceted nature of the human condition and the varied paths individuals take in their pursuit of fulfillment (Griffin and Stacey, 2006). Owusu uses this character to underscore that the pursuit of meaning is not solely defined by longevity or dramatic events but can be found in the simple act of living, a theme that resonates across many cultures and spiritual traditions (Ward and King, 2017). The contrast between Mortal Spirit One's short, uncomplicated existence and the complex journeys of the other mortal spirits particularly Aku Sika emphasizes the idea that different individuals experience the world and find meaning in drastically different ways. Mortal Spirit One's simplicity, therefore, serves as a vital narrative device, prompting the audience to question conventional notions of success and fulfillment. His relatively uneventful life,



far from being insignificant, highlights the significance of the often-overlooked aspects of human experience the subtle joys and simple pleasures that can bring meaning and purpose. This exploration of varied paths to fulfillment reflects the richness and complexity of human experience captured in myths and stories across diverse cultures. In essence, the brevity of Mortal Spirit One's life underscores the enduring power of myth to address universal anxieties surrounding mortality by emphasizing that the essence of life lies not in length but in the quality of lived experience and the pursuit of individual meaning, a concept relevant to audiences across cultures and historical periods.

### **3.8.** Mortal Spirit Two (Female, Later as Nanayere)

Nanayere Ama, initially introduced as Mortal Spirit Two, serves as a powerful example of how myth in "The Legend of Aku Sika" addresses universal human anxieties surrounding the search for fulfillment and the resilience of the human spirit in the face of adversity. Her life, described as "unsettling, unsure, unforgiving," reflects the common human experience of facing relentless challenges and obstacles in the pursuit of happiness and self-actualization. Owusu masterfully portrays the inner conflict of a character who, despite outward success, struggles with profound dissatisfaction and a persistent sense of unfulfillment (Kleiman and Enisman, 2018). This internal struggle is a universal theme explored in countless myths and stories across different cultures.

Nanayere's journey highlights the complexities of the human condition, showcasing how external circumstances and internal conflicts can shape an individual's experience. The description of her fate as "unforgiving" underscores the often-painful realities of life, where challenges and obstacles are unavoidable (Gilbert, 2016). Yet, despite facing these difficulties, Nanayere's resilience and determination to persevere in her quest for self-actualization serve as a testament to the human spirit's capacity for growth and transformation, even in the face of significant hardship. This powerful portrayal of a woman struggling to find meaning and purpose in a challenging world demonstrates the enduring power of myth to address universal human experiences and anxieties related to the search for fulfillment, adversity, and the resilience of the human spirit. Her story resonates deeply with audiences across cultures because it taps into the shared human experience of navigating life's complexities and striving for self-discovery despite facing significant challenges.

### 3.9. Mortal Spirit Two (Female, Later as Aku)

Aku Sika, initially introduced as Mortal Spirit Three, embodies the enduring power of myth to address universal human experiences of suffering, resilience, and the search for meaning in the face of overwhelming adversity (Kaminker, 2016). Her life, described as a "one long night" plagued by pain from infancy, represents a potent archetype of the enduring human struggle against suffering and injustice (Walker, 2019). This "long night" serves as a powerful metaphor for the overwhelming sense of hopelessness and despair that can accompany profound hardship, a feeling that transcends cultural and historical boundaries. Owusu's depiction of Aku's journey highlights the pervasive human experience of facing seemingly insurmountable challenges, a theme frequently explored in myths and legends across various cultures.

Aku's relentless struggle against darkness and pain, however, does not lead to defeat. Her perseverance and ultimate triumph demonstrate the inherent human capacity for resilience, hope, and transformation. Her story highlights the human spirit's ability to endure and even transcend immense suffering, a message of hope that resonates deeply across cultures and throughout history. The juxtaposition of Aku's journey with the experiences of Mortal Spirits One and Two further emphasizes the multifaceted nature of human existence, illustrating the varied ways in which individuals navigate adversity and seek



fulfillment. Aku's "One Long Night," therefore, is not simply a depiction of suffering but a powerful testament to the human capacity to overcome adversity and discover meaning in the face of seemingly insurmountable challenges, a message conveyed effectively in myths and stories across cultures and throughout history (Walker, 2019). This potent narrative underscores the enduring power of myth to address universal human experiences and anxieties concerning suffering, resilience, hope, and the ongoing search for meaning.

### 3.10. Aku Sika

Aku Sika, the central protagonist of Owusu's "The Legend of Aku Sika," embodies the enduring power of myth to explore universal human experiences of suffering, resilience, and the ultimate triumph of the human spirit. Her journey from profound adversity to ultimate redemption provides a powerful narrative arc that resonates with audiences across cultures and periods Aku's experiences, marked by the loss of a limb in infancy and relentless torment throughout her life, highlight the pervasive human experience of facing seemingly insurmountable challenges and the overwhelming sense of hopelessness that can accompany profound suffering. This resonates deeply with audiences across cultures who have faced similar struggles in their own lives or witnessed them in the lives of others (Coplan, 2004).

Owusu's masterful portrayal of Aku's unwavering determination to overcome adversity demonstrates the resilience of the human spirit in the face of overwhelming odds. Despite being relentlessly tested and facing the constant threat of despair, she refuses to succumb to hopelessness, choosing instead to actively fight for a better future. This narrative arc mirrors the common theme of resilience and transformation found in myths and legends across various cultures stories that emphasize the ability of individuals to overcome hardship and ultimately triumph. Aku's journey, therefore, serves as a powerful testament to the enduring power of the human will, providing hope and inspiration to audiences across cultures and reminding us of the enduring capacity of the human spirit to overcome even the most daunting challenges. Her story underscores the continuing relevance of myth in offering solace, hope, and a framework for understanding universal human experiences of suffering and the possibility of redemption.

### 3.11. Old Woman (Aku's Grandmother)

Aku's grandmother in Owusu's "The Legend of Aku Sika," while a seemingly minor character, plays a crucial role in illuminating the enduring power of myth to address universal human experiences and anxieties related to family, love, and resilience in the face of adversity. Her unwavering devotion and unconditional love for Aku, amidst the turmoil and intrigue surrounding the protagonist, represent a powerful archetype: the steadfast, loving caregiver who provides stability and support in the face of overwhelming challenges. This archetype resonates across cultures and periods, reflecting the fundamental human need for connection, support, and unconditional love, particularly during times of crisis (Georgas, 2003).

The grandmother's presence imbues the narrative with a profound sense of warmth and resilience, offering a counterpoint to the often-harsh realities of Aku's life. She serves as a beacon of stability, a steadfast anchor in a world that often seems chaotic and unpredictable. Her unwavering love and devotion to Aku, even amidst the overwhelming challenges Aku faces, highlight the enduring power of family connections to provide comfort, strength, and resilience. Therefore, the grandmother's role transcends the limitations of a supporting character; she serves as a living symbol of the enduring strength of familial bonds and the importance of unconditional love in navigating life's complexities. This enduring theme of familial love and support, found in countless myths and stories across different



cultures, underscores the continuing power of myth to address universal human experiences and anxieties related to love, loss, and the search for meaning in the face of adversity.

### 3.12. Python

The Python in Owusu's "The Legend of Aku Sika" transcends its literal representation, functioning as a powerful symbol of divine intervention, healing, and the transformative power of faith, thereby demonstrating the enduring power of myth to address universal human experiences and anxieties related to suffering, healing, and spiritual renewal. Its sudden appearance imbued with mysticism and wonder, captivates both the characters within the narrative and the audience, highlighting the awe and wonder often associated with encounters with the divine or supernatural. The Python's role as a healing agent directly addresses the human desire for healing and restoration, a deeply resonant theme across diverse cultures and throughout history.

The Python's intervention at a pivotal moment in the narrative underscores the importance of faith and the possibility of divine intervention in overcoming adversity, a theme explored in numerous religious and mythological traditions worldwide. Barry (1990) highlights Frye's conclusion that "At the bottom of the mythological universe is a death and rebirth process which cares nothing for the individual", a concept that underscores the cyclical nature of life, death, and rebirth present in many mythologies. However, the Python's role in Aku Sika's healing departs from this purely cyclical perspective. The Python's role suggests that while individual lives may be finite, the power of divine intervention offers possibilities of healing, renewal, and transcendence beyond the purely cyclical view of life and death. The Python, therefore, becomes a potent symbol of hope and transformation, reinforcing the enduring power of myth to provide comfort and solace in the face of suffering and uncertainty, offering a message of hope and renewal that transcends cultural and temporal boundaries

The lines on page 6 of the play reinforce the previous premise. *SUPREME BEING: Fate, what destiny?* 

FATE: (Looks into the bowl) One long night. I see only darkness, A life plagued by pain from infancy.

SUPREME BEING: Is there no light breaking the monotonous darkness? (Fate, still looking into a bowl, shakes his head, meaning negative) From beginning to end?

### FATE:

No light, and the darkness deepens as she travels the journey. No light at all.

# SUPREME BEING: Then shall Divine intervention be necessary. Go, my spirit daughter. I release you for a time to suffering Mortality. Your life shall teach man about life. For Man has yet to understand the essence of Divine Grace. Go, my spirit daughter. (Exit Mortal Spirit Three following the two Guardians of Destiny, who return momentarily.) Royal Elder, watch over her. At the appropriate time, Rescue her from the grip of Death.



The Python is also creatively inserted to demonstrate the African belief in allegory that some animals form totems and thus the snake referred to as the healing python wouldn't bite but heal.

### 4. Conclusion

Owusu's masterful use of archetypes in "The Legend of Aku Sika" exemplifies this enduring power. Through the intricate interplay of characters like the Sage, the Supreme Being, Fate, and Aku Sika herself, Owusu masterfully explores fundamental human experiences suffering, resilience, the search for meaning, the tension between free will and determinism, and the importance of faith, family, and love. These archetypal narratives, deeply resonant across cultures, demonstrate the enduring capacity of myth to offer insights into the human condition, connecting with audiences on an emotional and psychological level. By weaving together these various elements, Owusu's play effectively demonstrates the continued power of myth to engage with fundamental human anxieties and aspirations, underscoring its timeless relevance and its ability to offer solace, hope, and a framework for understanding the complex tapestry of human existence. His work firmly places him among those creative scholars who have revitalized our understanding of myth's enduring power.

### References

- 1. Jung, Carl Gustav. Jung on mythology. Vol. 2. Princeton University Press, 1998.
- 2. Campbell, Joseph. *The hero's journey: Joseph Campbell on his life and work*. Vol. 7. New World Library, 2003.
- 3. Atre, Shubhangana. "The feminine as archetype." Annals of the Bhandarkar Oriental Research Institute 92 (2011): 151-193.
- 4. Ragland, C. P. "Free Will and Determinism." *The Routledge Companion to Seventeenth Century Philosophy*. Routledge, 2017. 117-142.
- 5. Salmani, Ali, and Taghi Poornamdarian. "Determinism and Free Will from the Point of View of Theology and Mysticism." *Research on Mystical Literature* 15.1 (2021): 81-98.
- 6. Schelling, Friedrich WJ. *Historical-critical Introduction to the Philosophy of Mythology*. State University of New York Press, 2012.
- 7. Hart, David W., and F. Neil Brady. "Spirituality and archetype in organizational life." *Business ethics quarterly* 15.3 (2005): 409-428.
- 8. Inglehart, Ronald, ed. *Human beliefs and values: A cross-cultural sourcebook based on the 1999-2002 values surveys.* Siglo XXI, 2004.
- 9. MacKenzie, Michael J., and Roy F. Baumeister. "Meaning in life: Nature, needs, and myths." *Meaning in positive and existential psychology* (2014): 25-37.
- 10. Mac Carron, Pádraig, and Ralph Kenna. "Universal properties of mythological networks." *Europhysics Letters* 99.2 (2012): 28002.
- 11. Pozzi, Maura, et al. "Do the right thing! A study on social representation of obedience and disobedience." *New Ideas in Psychology* 35 (2014): 18-27.
- 12. Kirmani, Mubina Hassanali, and Sanaullah Kirmani. "Recognition of seven spiritual identities and its implications on children." *International Journal of Children's Spirituality*14.4 (2009): 369-383.
- 13. Brown, Donald E. "Human universals and their implications." *Being humans: Anthropological universality and particularity in transdisciplinary perspectives* (2000): 156-174.
- 14. Asprem, Egil. "Intermediary beings." The occult world. Routledge, 2014. 646-658.



- 15. Lee, Raymond LM. "Consuming the afterlife: Spirituality, neo-spiritualism and continuity of the self." *Mortality* 20.1 (2015): 83-97.
- 16. Lee, Raymond LM. "Facing the beyond: Experiences, metaphors, and spiritualities of the afterlife." *Journal of Contemporary Religion* 28.1 (2013): 109-123.
- 17. Sumegi, Angela. Understanding death: An introduction to ideas of self and the afterlife in world religions. John Wiley & Sons, 2013.
- 18. Fogelin, Lars, and Michael Brian Schiffer. "Rites of passage and other rituals in the life histories of objects." *Cambridge Archaeological Journal* 25.4 (2015): 815-827.
- 19. Arnold, Russell CD. "Rites of Passage." *The Social Role of Liturgy in the Religion of the Qumran Community*. Brill, 2006. 52-81.
- 20. Galef, David. The supporting cast: a study of flat and minor characters. Penn State Press, 2010.
- 21. Griffin, Douglas, and Ralph Stacey, eds. A Complexity Perspective on Researching Organisations: taking experience seriously. Routledge, 2006.
- 22. Ward, Sarah J., and Laura A. King. "Work and the good life: How work contributes to meaning in life." *Research in organizational behavior* 37 (2017): 59-82.
- 23. Kleiman, Tali, and Maya Enisman. "The conflict mindset: How internal conflicts affect self-regulation." *Social and Personality Psychology Compass* 12.5 (2018): e12387.
- 24. Gilbert, Paul. Human nature and suffering. Routledge, 2016.
- 25. Kaminker, Jacob. "Images, figures and qualities: Clarifying the relationship between individual and archetype." *International Journal of Transpersonal Studies* 35.2 (2016): 11.
- 26. Walker, Omdrea. "Literature and life through the lens of the archetypes." (2019).
- 27. Coplan, Amy. "Empathic engagement with narrative fictions." *The Journal of aesthetics and art criticism* 62.2 (2004): 141-152.
- 28. Georgas, James. "Family: Variations and changes across cultures." *Online readings in psychology and culture* 6.3 (2003): 3.
- 29. Barry, Nora. "The Lost Children" in James Welch's The Death of Jim Loney." *Western American Literature* 25.1 (1990): 35-48.



Licensed under Creative Commons Attribution-ShareAlike 4.0 International License