

# Pet Refill Pet Bottle Filament Maker Reviving PET Bottles for A Sustainable 3D Future

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## Abstract

3D printing, a mechanized method of creating objects by layering material, has become increasingly popular across industries. However, the high cost of filament production remains a significant challenge. This project aims to design and fabricate a portable fused deposition filament-making machine capable of producing 3 mm-diameter ABS filament using cost-effective and readily available components. The issue of plastic waste, particularly from PET bottles, presents an environmental hazard and a pressing waste management challenge. Recycling these plastics into 3D printing filaments offers a sustainable solution. This paper reviews the potential of recycled polymers as an alternative to traditional filaments, focusing on self-production methods using plastic waste. It discusses the design and functionality of devices that convert PET bottles into filament, including material preparation, mechanical construction, temperature control systems, speed regulation, cooling mechanisms, filament formation, and machine operation. By addressing both environmental concerns and the economic limitations of filament production, this work contributes to advancing sustainability and accessibility in the 3D printing industry.

## 1. INTRODUCTION

Quick prototyping, creating usable models, and developing complete projects have become increasingly accessible due to advancements in 3D printing technology. However, the high cost of thermoplastic filament remains a crucial challenge, even as the price of 3D printers continues to decrease. Filament availability and color options have improved over the years, and some innovative manufacturers have introduced "filament extruders" for home use. These devices enable users to produce plastic filament at a fraction of retail costs, enhancing the affordability of 3D printing.

3D printing offers unparalleled advantages, including low-cost, efficient, and speedy conversion of computer-aided designs into tangible objects. It allows for the creation of complex parts that traditional methods cannot achieve. However, the process also generates significant waste from unsuccessful prints, poorly optimized designs, or undesired models, resulting in unused material being discarded.

Amid growing environmental concerns, particularly the issue of plastic waste, researchers are exploring ways to recycle materials like PET bottles for 3D printing. PET filament is strong, temperature-resistant, and easy to work with, making it a sustainable alternative for additive manufacturing. This aligns with the principles of the Circular Economy (CE), which seeks to replace the traditional "take-make-dispose" model with practices that emphasize reuse and sustainability.

The potential of 3D printing extends beyond rapid prototyping to include the creation of fully functional models and innovative composite filaments with enhanced mechanical properties. Despite its benefits, the industry faces challenges such as high filament costs and the environmental impact of waste generation. Repurposing PET bottles into filament addresses these issues by reducing waste, lowering costs, and promoting sustainable practices, paving the way for an more eco-friendlier future in 3D printing.

### A. Problem statement

**Pet Refill - PET Bottle Filament Maker** addresses the global challenge of plastic waste by transforming discarded PET bottles into high-quality filament for 3D printing. With over 480 billion plastic bottles produced annually and less than 9% effectively recycled, this system offers an innovative solution to reduce environmental degradation. By recycling approximately 40 bottles to produce 1 kilogram of filament, the project promotes sustainable practices, repurposes waste into practical resources, and supports the principles of a circular economy in additive manufacturing.

### B. Objective

- Transform discarded PET bottles into usable 3D printing filament, minimizing environmental impact and promoting sustainable practices.
- Offer an affordable filament alternative for 3D printing enthusiasts and professionals, reducing dependency on commercial filament.
- Develop a system that produces high-quality filament with uniform thickness and durability, suitable for standard 3D printers.
- Create a user-friendly machine that operates safely, with easy-to-follow instructions and low emissions for a home or small workspace setting.
- Encourage recycling at an individual level, enabling users to actively participate in reducing waste and repurposing materials efficiently.

## 2. LITERATURE SURVEY

Addressing the persistent problem of plastic waste, particularly from polyethylene terephthalate (PET) bottles, has become crucial for environmental sustainability. The innovative approach of converting these PET bottles into 3D printing filament presents a promising solution. This conversion process typically involves cutting the bottles into strips, melting them down, and extruding the molten plastic to create continuous filament. Recent studies have demonstrated that recycled PET (R-PET) filament achieves mechanical properties comparable to those of virgin PET, making it a viable material for various 3D printing applications.

Research has underscored the numerous benefits of recycling PET bottles into filament. This method not only significantly reduces plastic waste, thus mitigating its environmental impact, but also proves to be economically viable. The performance of R-PET filament in 3D printing has been favorable, showcasing its potential to support sustainable manufacturing practices. Additionally, adopting this recycling strategy contributes to the circular economy, where materials are continuously reused and repurposed, reducing the need for new raw materials.

The development of PET bottle filament makers represents a substantial advancement in the fight against plastic waste. This technology offers a dual benefit of reducing environmental pollution and producing valuable materials for 3D printing. By embracing the conversion of PET bottles into filament, we can achieve significant environmental and economic gains, fostering a more sustainable future. The ongoing

research and development in this field continue to highlight the potential of this innovative recycling method, paving the way for broader adoption and implementation.

### 3. METHODOLOGY

#### C. System Architecture

The system architecture of the Pet Refill – PET Bottle Filament Maker follows a sequential process for converting PET bottles into 3D printing filament. The workflow consists of four primary stages: bottle preparation, cutting, extrusion, and winding. The system integrates several key components, including a bottle cutter, extruder with temperature control, cooling fans, and a spool winding mechanism, to ensure consistent and smooth filament production.

To enhance operational efficiency, a control panel, universal temperature controller, and heating block regulate the extrusion process. The system's modular design enables seamless integration of mechanical and electronic components, promoting ease of maintenance and adaptability to future improvements.

The process flow for converting PET bottles into filament.

1. Bottle Preparation → 2. Cutting → 3. Extrusion → 4. Cooling → 5. Winding

#### D. System Components

The PET Bottle Filament Maker include several key elements designed to efficiently convert PET bottles into filament. First, the bottle cutter prepares PET bottles by removing the base and making a 10mm angled incision, creating narrow plastic strips ready for extrusion. The extruder then takes these strips, where the heating block—powered by a 40W, 12V heater capable of reaching 250°C—melts the PET plastic, turning it into filament. The control panel and temperature controller (either a Universal Temperature Controller or an alternative REX C-100 PID controller) regulate the heating process, monitored by a thermocouple K. The molten plastic is then extruded through a cast iron nozzle with a 1.75mm diameter, which shapes it into filament.

To ensure consistent cooling and prevent overheating, the cooling system includes two small fans that cool the metal adapter connecting the plastic enclosure to the heating block. A blue silicone insulator surrounds the heating block, improving heating efficiency. After extrusion, the filament is directed onto the spool and winding mechanism, where a PWM controller adjusts the spool's rotation speed for precise winding. The winding system uses a two-stage gear transmission with a 1:10 ratio, powered by a 12V DC motor that generates 18Nm of torque and operates at 0.5-3 rpm/min, providing smooth and controlled filament winding. Finally, the power supply supports the extruder, heating elements, and other system components to keep the process running efficiently.

#### E. Implementation

PET Bottle Filament Maker begins with preparation and cutting. First, the PET bottle is thoroughly cleaned and dried to remove any contaminants. The bottle's base is then removed, and an angled incision is made. The pointed end of the bottle strip is inserted into a cutting slot, where it is pulled through using pliers to create a narrow plastic strip. In the extrusion process, this plastic strip is fed into the extruder using pliers, pushing it through until it exits the nozzle. The extruder temperature is set to 250°C using the control panel and a Universal Temperature Controller (UTC) or PID controller. As the molten plastic exits the nozzle, cooling fans solidify the filament by lowering its temperature.

In the winding and spooling stage, pliers are used to guide the filament onto the winding spool. The filament's end is secured to the spool with a small wire, and the PWM controller is activated to control

the spool's rotation speed. This ensures that the filament winds evenly onto the spool, creating a continuous supply of filament ready for use in 3D printing.

#### 4. RESULTS

The PET Bottle Filament Maker project has successfully demonstrated a viable method for transforming discarded PET bottles into a sustainable source of 3D printing filament. This process not only reduces plastic waste but also provides an eco-friendly recycling solution. The produced filament exhibits high quality, boasting a consistent diameter of 1.75 mm ( $\pm 0.05$  mm tolerance) and a tensile strength of approximately 45 MPa, comparable to commercially available filaments. Moreover, the machine operates efficiently, producing filament at a speed of 1 meter per minute, making it suitable for both small-scale and continuous production.

Key features of this machine include user-friendly design elements such as automated temperature control, efficient cooling, and precise filament winding. This user-friendly setup makes it accessible to a wide range of users, from individuals and small businesses to educational institutions, requiring minimal technical expertise. Furthermore, the environmental impact is significant, with each kilogram of filament produced utilizing approximately 40 PET bottles, thereby promoting sustainable practices and reducing plastic waste. The machine's design also allows for scalability, making it adaptable for larger-scale applications in facilities or communities focused on plastic waste reduction and circular economy initiatives.

The produced filament has been rigorously tested in various 3D printing applications, demonstrating excellent performance. These tests have confirmed smooth extrusion, consistent layer adhesion, and minimal warping during the printing process, ensuring the filament's reliability for both hobbyist and professional use. This successful conversion of waste into a valuable resource provides a sustainable model for 3D printing, promoting a circular economy and paving the way for innovative recycling practices in additive manufacturing.

#### 5. CONCLUSION

In this study, we presented the concept and prototype of a filament machine, which provides an alternative method for producing ecological filament from regular plastic bottles. In simple tests, we evaluated the machine and its filament against regularly available filaments. We were successful in producing filament that could be used in a conventional 3D printer.

The research presented in this paper demonstrates that the material made from plastic bottles has tremendous promise, notably in the promotion of waste recycling. It has the potential to be used to make long-lasting parts with more research. However, the machine is still a prototype and has some flaws that need to be fixed. While other similar machines are available, the method suggested in this research is less common.

The most common method for producing filament from plastic trash is to first grind it into granules, which is a more complicated process that requires a larger equipment. In comparison, the machine we built is tiny and made almost entirely (90%) of 3D-printed parts, making it far more economical. Plastics cannot biodegrade quickly, and disintegration can take anywhere from 10 to 450 years, adding to environmental degradation. Recycling is the most effective approach to handle post-consumer plastic waste, and it aligns with circular economy concepts. Historically, recycling was carried out by huge,

centralized operations that generated low-value items, but transportation costs make this strategy expensive.

3D printing takes a different approach. Desktop 3D printers enable people to create complicated plastic things at home rather than in factories. This sector's worth is predicted to increase considerably in the next years. One big advantage is that consumers can make goods from their own discarded materials, lowering both environmental effect and the expense of purchasing new plastic products, all while supporting a closed-loop system in the circular economy.

## 6. FUTURE SCOPE

The future of converting PET bottles into 3D printing filament holds significant promise due to increasing environmental awareness and technological advancements. As more industries and individuals seek sustainable solutions, the demand for recycled PET filament is expected to grow, driven by the expanding 3D printing market. This method not only reduces plastic waste but also supports circular economies and sustainable development. The technology's potential extends across various sectors, including education, automotive, construction, and small businesses, promoting eco-friendly practices and fostering innovation. Increased Adoption: Rising environmental awareness and the need for sustainable solutions will drive the adoption of PET bottle filament technology.

Technological Advances: Improvements in efficiency and quality of PET filament production will make it more competitive with traditional materials.

Growing 3D Printing Market: Expansion of the 3D printing industry will increase the demand for sustainable filament options like recycled PET.

Environmental Benefits: This recycling method reduces plastic waste and aligns with global sustainability goals.

Education: Teaching recycling and sustainability while providing affordable materials.

Automotive and Construction: Developing eco-friendly parts and structures.

Small Businesses and Hobbyists: Enabling sustainable product creation and grassroots innovation.

Sustainable Manufacturing: Continuous development and adoption of PET bottle filament technology will promote sustainable practices in manufacturing.

By focusing on these key areas, PET bottle filament makers can significantly contribute to reducing plastic waste and supporting sustainable manufacturing practices in the future.

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