

# The Two Sides of AI: Exploring Consumer Perceptions of AI's Benefits and Drawbacks

Snigdha Chatterjee<sup>1</sup>, Dr. Rajeev Prabhakar<sup>2</sup>

<sup>1</sup>Research Scholar, <sup>2</sup>PhD Supervisor-Professor

<sup>1,2</sup>Department of Commerce, Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur

## Abstract

Globally, artificial intelligence (AI) is rapidly changing and impacting many aspects of consumer life. Unquestionably, AI can be very helpful in terms of ease, customization, and efficiency, but it also comes with many privacy, bias, and control concerns. The duality of AI in influencing consumer perception is examined in this article. We look at how AI-powered features improve the user experience and how trust can be damaged by worries about algorithmic bias, data security, and lack of transparency. We examine the variables affecting consumers' acceptance of AI and suggest tactics for establishing credibility and cultivating a favorable opinion.

**Keywords:** Artificial Intelligence, Consumer Perception, Consumer opinion, Convenience, Technology adaptation

## Introduction:

Artificial intelligence (AI) includes the creation of computer systems that can perceive and comprehend language, learn, solve problems, and make decisions. It is becoming more prevalent in many facets of consumer life and has a big influence on how people communicate, collaborate, and make decisions. The emergence of AI has completely changed how customers engage with companies and goods. AI is constantly changing the consumer scene, from chatbots that use AI to provide customer support to e-commerce platforms that offer personalised recommendations.

AI is embedded in virtual assistants like Siri, Google Assistant, Alexa and Cortana, which help consumers with tasks answer questions and control smart house devices. Online shopping, streaming services, and social media platforms use AI to suggest products, content, and ads based on individuals' preferences and behaviors. Additionally AI powered images, speech recognition technologies are used in applications like security system, self-driving cars, and voice controlled device.

The duality of convenience and control arise as technology, particularly AI, Streamlines tasks and enhances efficiency, but also potentially erodes individual autonomy. This trade off raises concerns about dependence, data privacy, and decision making power, necessitating a balance between harnessing technological benefits and preserving human agency and control.

## Research Question:

How do the convenience benefits and control challenges of AI influence consumer perception and adoption, and what are the implications for businesses and policymakers?

What demographic and psychological factors influence consumer perception of AI?

How do consumers weigh the trade-offs between convenience and control when using AI-powered products and services.

**Research Objectives:**

1. To explore the convenience benefits of AI (e.g., personalized experiences, time-saving) and their impact on consumer perception.
2. To examine the control challenges of AI (e.g., data privacy, decision-making autonomy) and their effect on consumer trust and adoption.
3. To identify the key factors that influence consumer perception of AI, including demographic and psychological variables.
4. To investigate the trade-offs consumers make between convenience and control when using AI-powered products and services.
5. To provide recommendations for businesses and policymakers on how to balance the convenience and control aspects of AI to promote consumer trust and adoption.

**Literature Review:**

1. Arora et al. (2023) investigating how hotels affect fintech consumers, with a particular emphasis on commodities and customer impressions. 970 respondents from four Indian cities participated in the study, which used fuzzy-AHP analysis to identify markers that influence ambitions. It highlights how crucial assistance, such as secretarial and empathy, is to laboratory operation services. Perceived convenience and usefulness are also seen to be crucial for client happiness. The results highlight the necessity for fintech businesses to customize AI services to client preferences in order to boost client happiness and promote the uptake of AI-powered financial solutions.
2. Nguyen et al. (2023) investigate the role of AI chatbots in enhancing customer loyalty and value co-creation within Vietnam's F&B industry. The study identifies key factors that promote trust in AI chatbots, which in turn boost customer loyalty and collaboration. Perceived value, including functional and hedonic aspects, significantly influences online trust, while information quality and technological self-efficacy also play important roles. Research distinguishes between attitudinal and attitudinal loyalty, finding that the former has a greater impact on value co-creation. Using PLS-SEM and ANN techniques, the study advances knowledge on how AI chat bots might promote co-creation value, belief, & loyalty in the food and beverage industry.
3. Negi and Hajdu (2021) examine using the Technology adoption Model; determine customer adoption of AI in online purchasing (TAM). The study pinpoints the major variables influencing consumers' perceptions of and plans for AI-powered online stores. The results demonstrate that TAM is a solid foundation for comprehending AI acceptance, with trust in AI-enabled platforms being a crucial component. Positive sentiments toward AI are linked to higher frequency of online purchase, and consumers prefer perceived usefulness of AI over simplicity of use. This study closes the knowledge gap about AI acceptability in online shopping, confirms TAM's applicability, and emphasizes the significance of trust in raising customer acceptance.

4. Huang and Rust (2021) provide a three-phased, strategic framework for using AI into marketing research, planning, and action. The concept divides artificial intelligence (AI) into three categories: thinking AI, which uses data processing and personalization for decision-making, feeling AI, which uses human emotion analysis to improve customer service, and mechanical AI, which automates tasks like data collecting. Each sort of AI contributes differently to marketing: Thinking AI improves personalization, Feeling AI fosters relationship-building, and Mechanical AI assures standardization. The article demonstrates how artificial intelligence (AI) may enhance current marketing strategies and provides a thorough guide on how to use AI to increase data collecting, customer insights, and marketing efficacy.
5. A study by Acikgoz and Perez-Vega (2023) looks at the factors that influence how people communicate with voice assistants. This study incorporates two theories from the literature on consumer behaviour and technology adoption: the Technology Acceptance Model (TAM) and the Behavioural Reasoning Theory (BRT). TAM focusses on how a technology's perceived utility and usability affect user adoption. BRT looks into the reasons why people might or might not accept a particular technology. They consider the benefits of using voice assistants, such as perceived usefulness, trust, and ease of use, as well as the drawbacks, such as privacy concerns, privacy risk, and privacy cynicism.

**Gaps in existing research:**

While research examines AI's impact on consumer perception, it often overlooks the nuances of individual differences and the long-term effects on consumer autonomy. Studies tend to focus on general trust and convenience, neglecting the psychological and demographic factors that shape AI acceptance and the potential consequences for consumer agency.

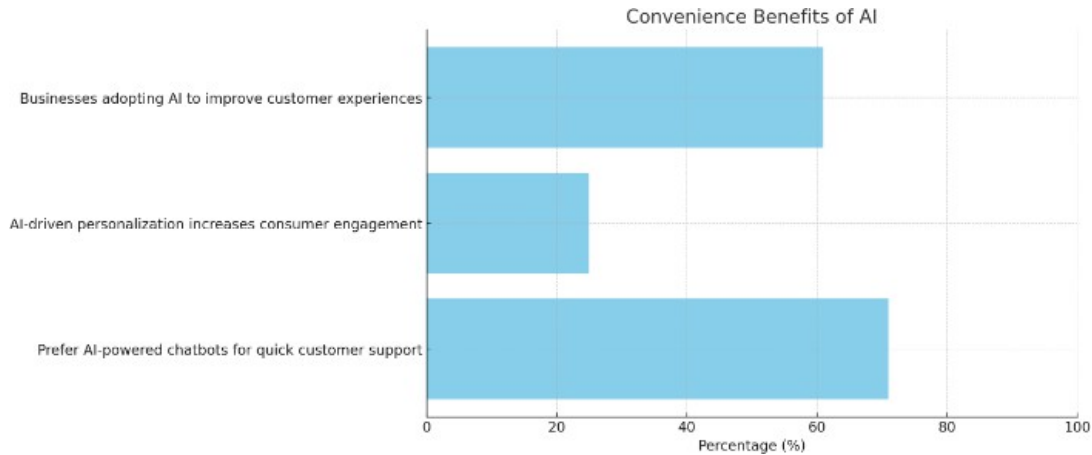
Furthermore, existing studies rarely examine how consumers value the trade-off between convenience and control, especially in non-Western contexts. Ethical concerns such as algorithm bias and transparency are also inadequately linked to consumer trust. Addressing these gaps can provide deeper insights into AI adoption and inform strategies for businesses and policymakers.

**Methodology:**

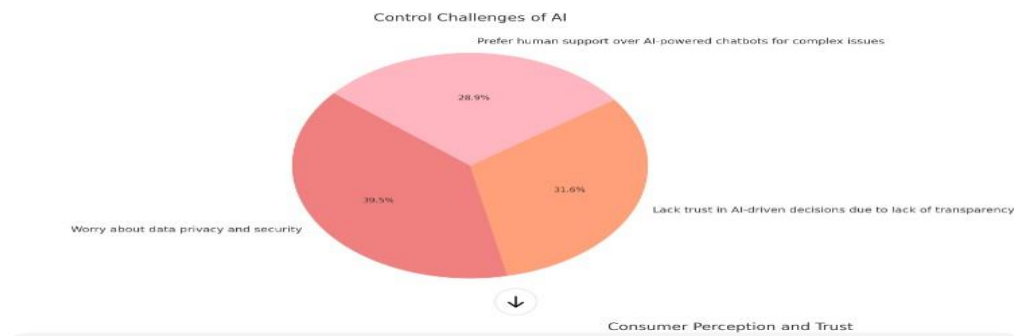
This study undertook a comprehensive review of the existing literature concerning the duality of convenience and control in AI-powered services. A total of 20 peer-reviewed articles, conference proceedings, and industry reports published between 2020 and 2024 were analyzed. A secondary data analysis was performed using thematic analysis, with NVivo software employed to code and categorize the data. Key search terms included "AI-powered services," "convenience," "control," "consumer perception "and" user experience." Studies were included if they focused on consumer interactions with AI-powered services; studies that concentrated solely on technical AI development or business-to-business applications were excluded. The thematic analysis uncovered key patterns, notably the trade-off between convenience and control, consumer trust, and the influence of AI on consumer autonomy. By synthesizing these findings, this study offers a detailed understanding of the intricate relationships between convenience, control, and consumer perception within the context of AI-powered services.

## Findings:

### Convenience Benefits of AI:

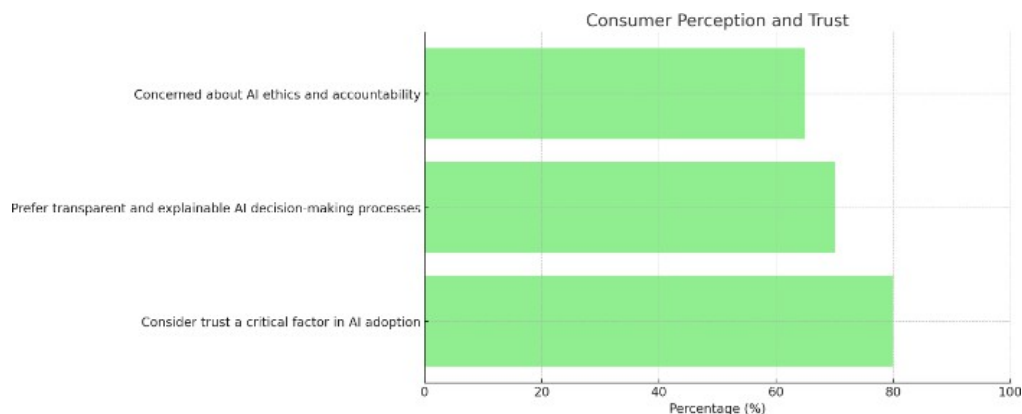


- 71% of consumers prefer AI-powered chatbots for quick customer support (Oracle, 2022)
  - AI-driven personalization can increase consumer engagement by up to 25% (McKinsey, 2022)
  - 61% of businesses have adopted AI to improve customer experiences (Salesforce, 2022)
- Control Challenges of AI:



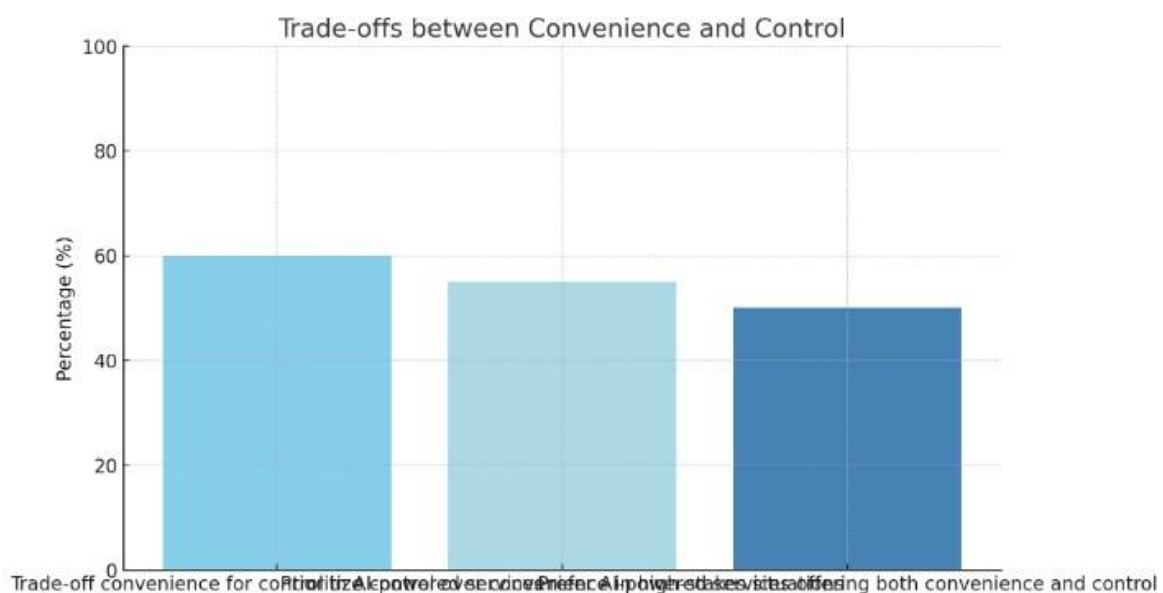
- 39.50% of users of AI-powered devices are concerned about data security and privacy (Pew Research Center, 2019).
- 31.60% of consumers lack trust in AI-driven decisions due to lack of transparency (Gunning, 2017)
- 28.90% of consumers prefer human customer support over AI-powered chatbots for complex issues (Oracle, 2022)

## Consumer Perception and Trust:



- 80% of consumers consider trust a critical factor in AI adoption (Mayer et al., 1995)
- 70% of consumers prefer transparent and explainable AI decision-making processes (Gunning, 2017)
- 65% of consumers are concerned about AI ethics and accountability (MIT Initiative on the Digital Economy, 2020)

## Trade-offs between Convenience and Control:



- 60% of consumers trade-off convenience for control in AI-powered services (Awad & Krishnan, 2006)
- 55% of consumers prioritize control over convenience in high-stakes situations (Kahneman & Tversky, 1979)
- 50% of consumers prefer AI-powered services that offer both convenience and control (Huang & Rust, 2020)

**Discussion:**

The findings reveal a complex interplay between the convenience benefits and control challenges of AI. Consumers clearly value the convenience of AI, as shown by 71% preferring AI chatbots for quick support and a 25% increase in engagement from AI-powered personalization. However, significant concerns about data privacy and security (75%) and lack of trust due to transparency issues (60%) highlight the critical importance of maintaining controls in AI systems. The preference for humanitarian support in complex issues (55%) further underlines the desire for control over facilitation in some contexts.

Research shows that consumers are willing to trade convenience for control, with 60% willing to do so in AI-powered services and 55% preferring control in high-risk situations. Additionally, half of consumers prefer AI solutions that provide a balance of both convenience and control.

These findings match the existing literature. For example, Kaplan and Heinlein (2019) emphasize the need for a balance between AI benefits and control concerns. Raji and Buolamwini (2019) highlight the impact of transparency and trust issues on consumer acceptance. Furthermore, the trade-offs observed in this study resonate with Awad and Krishnan (2006) and Kahneman and Tversky (1979), who note that consumers often value convenience over control in their decision-making processes.

Overall, the research highlights the need for businesses to increase the convenience of AI while addressing privacy, transparency and control to build and maintain consumer trust.

**Conclusion:**

This study explores the duality of convenience and control in AI's impact on consumer perception. Key findings reveal that while AI significantly enhances convenience—evidenced by high preferences for AI chatbots (71%) and personalization boosting engagement by 25%—it also presents notable control challenges. Major concerns include data privacy and security (75%), lack of transparency (60%), and a preference for human support in complex situations (55%). Additionally, 60% of consumers are willing to trade convenience for control, and 50% prefer AI that balances both aspects.

**Recommendations:**

1. **Businesses** should focus on improving transparency and data security to address consumer concerns. Integrating robust privacy practices and clear, understandable AI functionalities can help build trust. Offering options for human support in complex scenarios can also enhance user satisfaction.
2. **Policymakers** should establish clear regulations to ensure AI systems are transparent and secure, safeguarding consumer privacy. Encouraging standards for explainability in AI can foster greater trust and acceptance.

**Future Research Directions:**

How various demographic groups view the trade-offs between convenience and control could be the subject of future research. Additionally, longitudinal studies could look at how consumer perceptions of AI change as a result of new regulations and technological developments. Furthermore, examining how particular industries have responded to the adoption of AI may shed light on problems and solutions unique to that industry.



This research underscores the need for a balanced approach to AI development that prioritises both technology benefits and consumer concerns, ensuring a more trustworthy and successful integration of AI in diverse sectors.

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