

Evaluating the Understanding, Beliefs, and Recognition of Tuberculosis Screening in the Workplace Among Pharmacists and Pharmaceutical Support Personnel at a Teaching Hospital, Ghana

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Abstract

Background: This study investigates the understanding, beliefs, and recognition of tuberculosis (TB) screening among pharmacists and pharmaceutical support personnel at a Teaching Hospital. Understanding the perspectives of healthcare workers regarding TB screening in the workplace is crucial for optimizing screening programs and improving TB control efforts.

Methods: A quantitative cross-sectional design was used. A total of 205 respondents. Semi-structured questionnaires, adapted and validated from previous research, were utilized to gather data electronically via a RedCap survey link. Data collection occurred between March 20th, 2023, and the end of May 20th, 2023, at various pharmacy units of Korle Bu Teaching Hospital. The collected data were organized using Excel software and analyzed using Statistical Package for Social Sciences (SPSS), version 26.0. Descriptive statistics were employed to analyze the results.

Findings: A total of 205 participants were involved in the study, with a non-response rate of 1.9%. Among the respondents, pharmacists were the majority, at 72.9%. The mean (SD) age of the participants was 35 (± 8.7) years. Male respondents comprised 54.7% of the sample, while 41.4% held post-graduate qualifications. Regarding understanding levels, 16.7% of the participants demonstrated excellent understanding, 57.65% had average, and 26.6% exhibited poor understanding regarding TB screening. Statistical analysis revealed a significant difference in understanding between pharmacists and support staff ($t(201) =$, $p=0.00$). However, there was no statistically significant difference observed in the recognition levels between them.

Conclusion: The study revealed that 16.7% of the staff demonstrated an excellent understanding, while 57.65% exhibited an average understanding of TB screening. There was a high level of recognition among the staff groups, totaling 61.57%. The analysis also indicated a significant disparity in understanding between pharmacists and support staff ($t(201)$, $p=0.00$). A statistically significant difference was not found in the recognition levels of TB screening between these two groups.

Keywords: Tuberculosis screening, understanding, recognition, Beliefs, Health Worker

Introduction:

Tuberculosis (TB) remains a significant global public health concern, particularly in low- and middle-income countries like Ghana. Despite concerted efforts to control and eradicate the disease, TB continues to pose substantial challenges, including high rates of morbidity and mortality (World Health Organization, [1]). Screening for TB in high-risk populations, including healthcare workers, is crucial for early detection, treatment initiation, and prevention of transmission (Lönnroth et al., [2]). Within the healthcare system, pharmacists and pharmaceutical support personnel play a pivotal role in TB management due to their frequent interactions with patients and access to healthcare facilities [3]. Ghana, like many other countries, faces unique challenges in TB control, including limited resources, infrastructure, and awareness among healthcare professionals. Understanding the perspectives, beliefs, and practices of pharmacists and pharmaceutical support personnel regarding TB screening in the workplace is essential for designing targeted interventions to improve screening rates and overall TB control efforts. Studies show that belief systems can seriously affect treatment and healthcare in general. Understanding patient belief systems, including healthcare workers, has the potential to maximize care, especially in the Ghanaian context. [4] This study aims to evaluate the understanding, beliefs, and recognition of TB screening in the workplace among pharmacists and pharmaceutical support personnel at a teaching hospital in Ghana. The research sought to explore the knowledge, attitudes, and practices related to TB screening among pharmacy personnel in order to identify the barriers and facilitators to effective TB control within the healthcare system. It also aimed to assess the level of awareness and utilization of TB screening services among pharmacists and pharmaceutical support staff to inform strategies for strengthening TB prevention and control initiatives in healthcare settings. Through a comprehensive review of the literature, the study discussed the global burden of TB, emphasized the importance of TB screening in healthcare environments, and examined the role of pharmacists and their support personnel in TB control. Furthermore, it highlighted the potential contributions of the study to TB control efforts in Ghana and beyond.

Study area: The Korle Bu Teaching Hospital, established on October 9, 1923, stands as Ghana's foremost tertiary healthcare institution. Initially founded by Sir Frederick Gordon Guggisberg, the then Governor of the Gold Coast, it began as a General Hospital dedicated to meeting the healthcare needs of the populace. "Korle Bu," derived from the local Ga language, signifies "the valley of the Korle Lagoon," reflecting its geographical context. Over time, the hospital experienced a surge in patient attendance due to the demonstrated effectiveness of hospital-based treatments, leading to significant congestion. In response, a committee was formed in 1953 to evaluate and recommend expansions, resulting in the addition of structures such as the Child Health, Maternity, Medical, and Surgical Blocks. Today, with a total bed capacity of approximately 3,000 and a healthcare workforce close to 10,000, Korle Bu Teaching

Hospital stands as the nation's premier quaternary teaching hospital, playing a pivotal role in Ghana's healthcare landscape.

Study population: pharmacists and pharmaceutical support personnel

Inclusion criteria: All pharmacists and pharmaceutical support staff members who have accrued more than three months of professional experience.

All pharmacists and pharmaceutical support personnel employed at Korle Bu Teaching Hospital

All Resident Pharmacists are affiliated with the Korle Bu Teaching Hospital.

Exclusion Criteria: Pharmacists and pharmaceutical and pharmaceutical support personnel who have less than three months of experience within the Korle Bu Teaching Hospital.

Pharmacists and pharmaceutical support personnel are not employed within the Korle Bu Teaching Hospital.

Resident Pharmacists are not affiliated with Korle Bu Teaching Hospital.

Data collection: Data collection involved face-to-face interviews using a structured questionnaire to conduct it. The questionnaires from already validated sources were designed and tested before the survey began. The study was carried out with the aid of the designed questionnaires/instruments adopted from sources of the validated instrument used to collect data from March 20th, 2023, and the end of May 20th, 2023, at various pharmacy units of Korle Bu Teaching Hospital

Statistical analysis: The collected data were organized using Excel software and analyzed using Statistical Package for Social Sciences (SPSS), version 26.0. Descriptive statistics were employed to analyze the results

Ethical consideration: Permission was sought from the hospital authorities.

Results:

Sociodemographic

A total of 205 participants were involved in the study, with a non-response rate of 1.9%. Among the respondents, pharmacists were the majority, at 72.9%. The mean (SD) age of the participants was 35 (± 8.7) years. Male respondents comprised 54.7% of the sample, while 41.4% held post-graduate qualifications. Regarding understanding levels, 16.7% of the participants demonstrated excellent understanding, 57.65% had average, and 26.6% exhibited poor understanding regarding TB screening. Statistical analysis revealed a significant difference in understanding between pharmacists and support staff ($t(201) =$, $p=0.00$). However, there was no statistically significant difference observed in the recognition levels between them

Figure 1. Gender Distribution of sexes

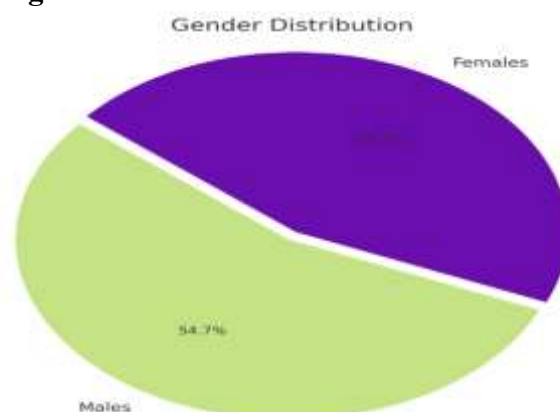


Table 1: Demographic Characteristics of Respondents

Variable	Categories	Frequency	Percent (%)	Cum. Percent (%)
Age		35 (± 8.7)		
Age groups	20-30 yrs.	67	33.0	33.0
	31-40 yrs.	68	33.5	66.5
	41-50 yrs.	56	27.6	94.1
	51+ yrs.	12	5.9	100.0
	Total	203	100	
Gender	Male	111	54.7	54.7
	Female	92	45.3	100.0
	Total	203	100.0	
Staff Category	Pharmacist	148	72.9	72.9
	Pharmaceutical Support personnel	55	27.1	100.0
	Total	203	100.0	
Education Level?	Undergraduate	36	17.7	17.7
	Graduate	83	40.9	58.6
	Post Graduate	84	41.4	100.0
	Total	203	100.0	
What department/ unit?	24 Hours Pharmacy	11	5.4	5.4
	Cardio Pharmacy	11	5.4	10.8
	Surgical Pharmacy	22	10.8	21.7
	Chest Pharmacy	12	5.9	27.6
	Child Health Pharmacy	8	3.9	31.5
	Maternity Pharmacy	27	13.3	44.8
	Polyclinic Pharmacy	6	3.0	47.8
	Medical Pharmacy	40	19.7	67.5
	Others	66	32.5	100.0
	Total	203	100.0	

Table 2 illustrates the understanding of TB screening among pharmacists and pharmaceutical support personnel. All respondents were familiar with Tuberculosis, with nearly all of them aware of TB screening, except for a small percentage (1.5%) who were not. The majority (68.9%) correctly identified the recommended tests for TB screening. However, a significant proportion lacked knowledge about blood tests (37.9%) and skin tests (35.0%) for Tuberculosis screening, and just over half (50.2%) understood the implications of positive TB screening results.

Workplaces emerged as the primary source of TB screening information, accounting for 37% of responses. Other sources included Articles/Books/Lectures, comprising 23.0%, and Television, contributing 18%, as depicted in Figure 1. When asked who required TB screening, 23.1% of respondents cited people living with HIV infection, followed by 22.7% mentioning individuals with weakened immune systems due to other illnesses, and 18.9% indicating those who had not received proper treatment for TB in the past, as shown in Figure 2.

Table 2: understanding of Workplace TB screening of Respondents

Variable	Categories	Frequency	Percent (%)
Have you heard of Tuberculosis?	Yes	203	100.0
Have you heard of Tuberculosis Screening?	No	3	1.5
	Yes	200	98.5
	Total	203	100.0
What is the recommended screening test for TB?	Blood Test	52	25.6
	Skin Test	88	43.3
	Mouth Test	63	31.0
	Total	203	100.0
TB screening methods you know			
Blood test	No	77	37.9
	Yes	126	62.1
	Total	203	100.0
Skin Test	No	71	35.0
	Yes	132	65.0
	Total	203	100.0
Mouth Test	No	115	56.7
	Yes	88	43.3
	Total	203	100.0
A Positive result of TB screening means			
Person has TB	No	64	31.5
	Yes	139	68.5
	Total	203	100.0
Latent TB	No	140	69.0
	Yes	63	31.0
	Total	203	100.0
False test	No	185	91.1
	Yes	18	8.9
	Total	203	100.0
The person introduced to the mycobacterial	No	101	49.8
	Yes	102	50.2
	Total	203	100.0

Figure 2: Source of Information on Tuberculosis Screening

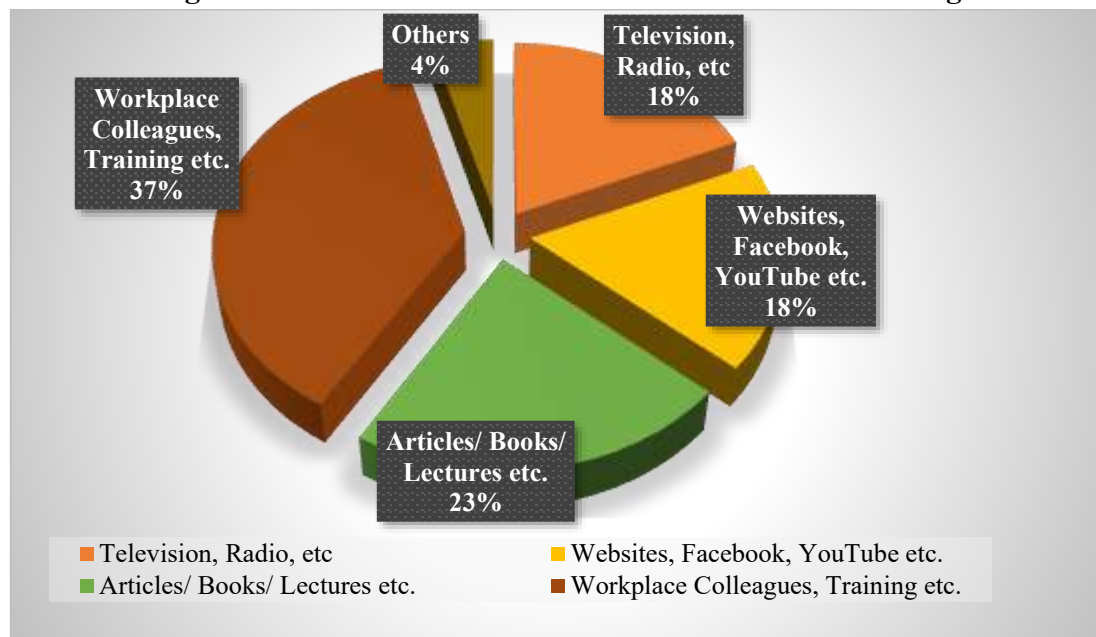
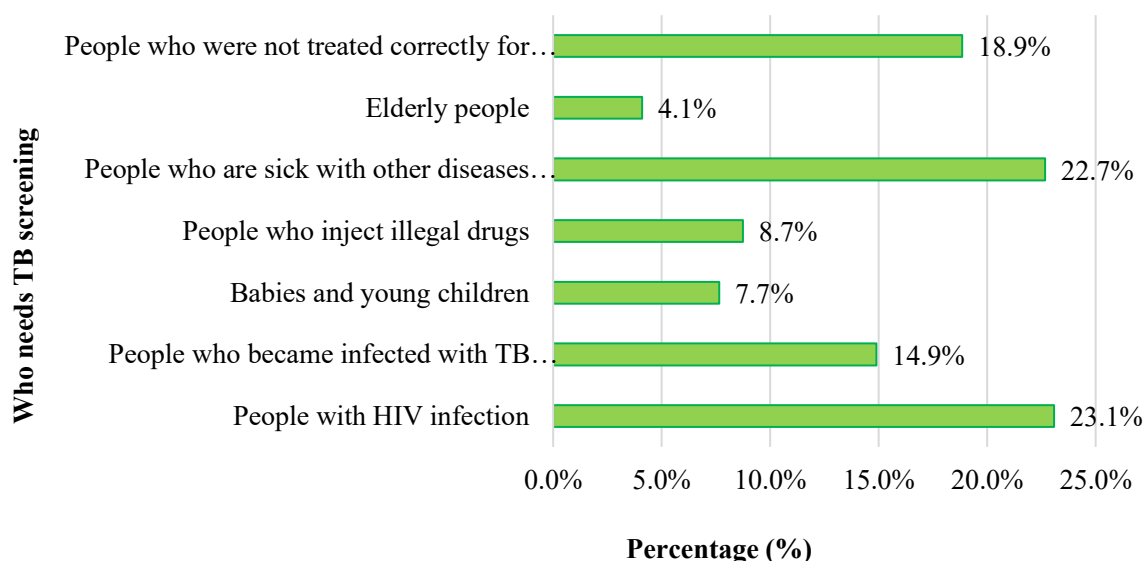


Figure 3: Who needs to know about Tuberculosis Screening



TB screening understanding scores

Overall, the understanding of TB screening among staff members was moderate. Specifically, 43.84% of them achieved an average score of 5. Pharmacists demonstrated slightly higher accuracy, with 4.73% achieving perfect scores compared to 7.27% of pharmaceutical support personnel. Across the board, 16.7% exhibited excellent knowledge (scoring 7-8 marks), while 57.65% had average knowledge (scoring 5-6 marks), and 26.6% showed poor knowledge (scoring 4 or below) regarding TB screening.

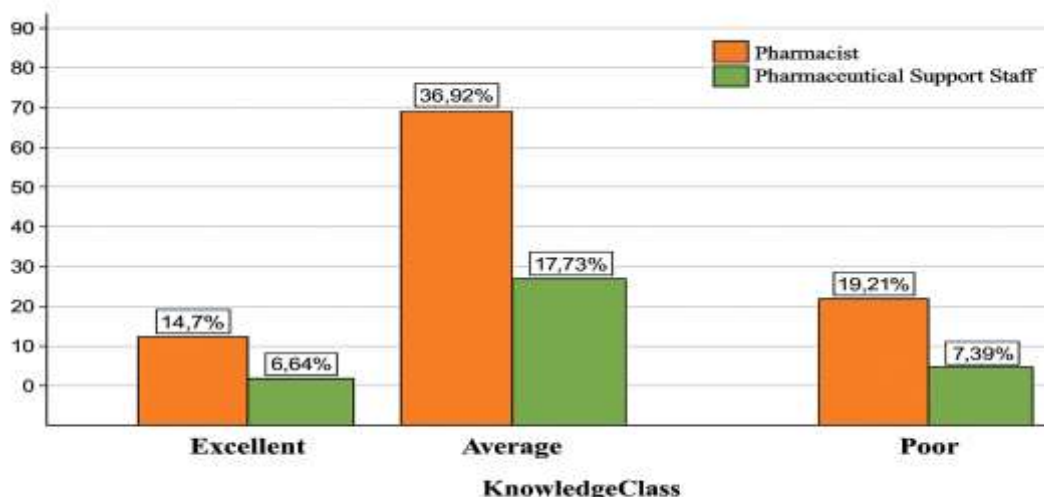
Table 3: TB screening understanding scores

Scores *	Pharmacist Staffs n (%)	Pharmaceutical Support Staff n (%)	Total
2 marks	8 (5.41%)	15 (27.27%)	23 (11.33%)
3 marks	16 (10.81%)	0 (0.00%)	16 (7.88%)
4 marks	15 (10.14%)	0 (0.00%)	15 (7.39%)
5 marks	57 (38.51%)	32 (58.18%)	89 (43.84%)
6 marks	22 (14.86%)	4 (7.27%)	26 (12.81%)
7 marks	23 (15.54%)	0 (0.00%)	23 (11.33%)
8 marks	7 (4.73%)	4 (7.27%)	11 (5.42%)
Total	148 (100)	55(100)	203(100)

Scores* =Total marks is 8

Although there is a moderate level of recognition, the study reveals significant gaps in the knowledge and understanding of TB screening among healthcare professionals. Despite ongoing efforts to improve TB screening practices, specific challenges persist, underscoring the need for targeted interventions. Strengthening collaboration with global research institutions and adopting comprehensive strategies will be crucial in enhancing awareness and achieving effective TB control and eventual elimination.

Figure 4: Understanding score Grades among respondents



TB Screening recognition of Workplace TB screening of Respondents

Out of the respondents, only 41.4% were knowledgeable about the TB screening methods. However, the majority (72.4%) asserted their awareness of the distinctions among TB screening methods. A significant portion (95.1%) believed that BCG offered protection against Tuberculosis. Regarding adverse reactions to TB screening, the majority (53.2%) either didn't know or denied the existence of such reactions, while a minority (10.8%) affirmed that a person vaccinated with BCG still requires BCG.

Table 4: recognition of Workplace TB screening of Respondents

Variable	Categories	Frequency	Percent (%)	Cum. Percent (%)
How many TB screening methods are you aware of?	One	32	15.8	15.8
	Two	84	41.4	57.1
	Three	68	33.5	90.6
	Four	15	7.4	98.0
	None	4	2.0	100.0
	Total	203	100.0	
Are you aware of the differences in the screening test for TB?	No	56	27.6	27.6
	Yes	147	72.4	100.0
	Total	203	100.0	
Are you aware of any sensitization training workplace TB screening?	No	104	51.2	51.2
	Yes	99	48.8	100.0
	Total	203	100.0	
BCG vaccination is protective against TB?	False	10	4.9	4.9
	True	193	95.1	100.0
	Total	203	100.0	
Does a person vaccinated with BCG still needs BCG?	Yes	22	10.8	10.8
	No	107	52.7	63.5
	Don't Know	74	36.5	100.0
	Total	203	100.0	
Is it possible to have an adverse reaction from TB screening?	Yes	95	46.8	46.8
	No	63	31.0	77.8
	Don't Know	45	22.2	100.0
	Total	203	100.0	

TB screening recognition scores

The findings indicate a significant level of awareness regarding TB screening among the respondents. Overall, 43.84% achieved an average score of 5. Notably, 30.77% of pharmaceutical support staff demonstrated excellent awareness compared to 69.23% of pharmacists. In total, 61.57% exhibited full awareness (scoring 3-5 marks) of TB screening, while 38.42% lacked awareness.

Table 5: TB screening recognition scores

Awareness Score	Pharmacist n (%)	Pharma. personnel n (%)	Support	Total
0 marks	0 (0.00%)	4 (100.00%)		4 (100.00%)
1 mark	23 (79.31%)	6 (20.69%)		29 (100.00%)
2 marks	34 (75.56%)	11 (24.44%)		45 (100.00%)

3 marks	22 (55.00%)	18 (45.00%)	40 (100.00%)
4 marks	42 (91.30%)	4 (8.70%)	46 (100.00%)
5 marks	27 (69.23%)	12 (30.77%)	39 (100.00%)
Total	148 (72.91%)	55 (27.09%)	203 (100.00%)

Figure 5. Recognition Score Grades among respondents

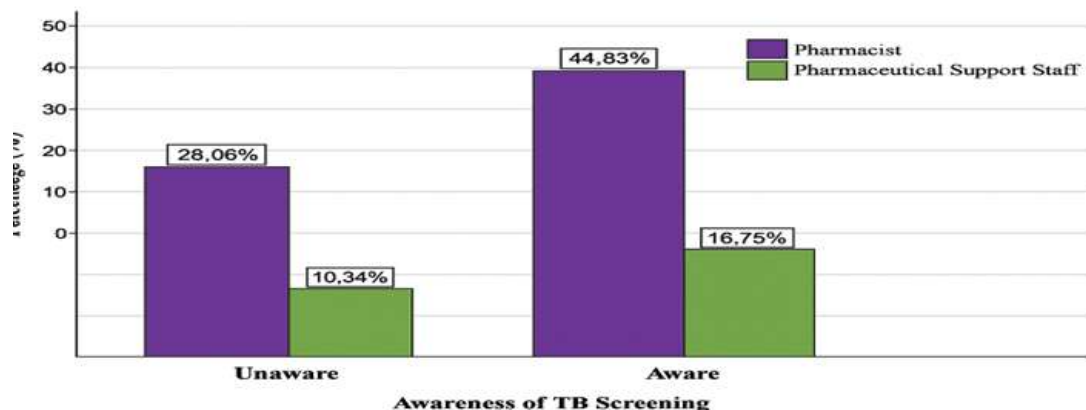


Table 4. Difference in TB screening understanding and recognition Levels among staff groups

An independent sample t-test was employed to assess the variance in knowledge and awareness levels of TB screening between pharmacists and pharmaceutical support staff. Results revealed a significant disparity in knowledge means between pharmacists and support staff ($t(201)$, $p=0.00$), indicating that pharmacists exhibited significantly higher knowledge of TB screening (mean=5.12) compared to support staff (mean=4.47). However, no statistically significant difference was observed in the awareness levels of TB screening between pharmacists and support staff.

Table 6: Difference in understanding and recognition among pharmaceutical personnel

Variables		N	Mean (SD)	Mean Diff	t(df)	P-Value	95% CL of Diff,
Knowledge	Pharmacist	148	5.12(1.5)	0.65	2.64(201)	0.00	0.16-1.13
	Support St	55	4.47(1.7)				
Awareness	Pharmacist	148	3.11(1.4)	0.23	1.06(201)	0.29	-0.20-0.67
	Support St	55	2.87(1.5)				

Respondents' beliefs towards TB screening

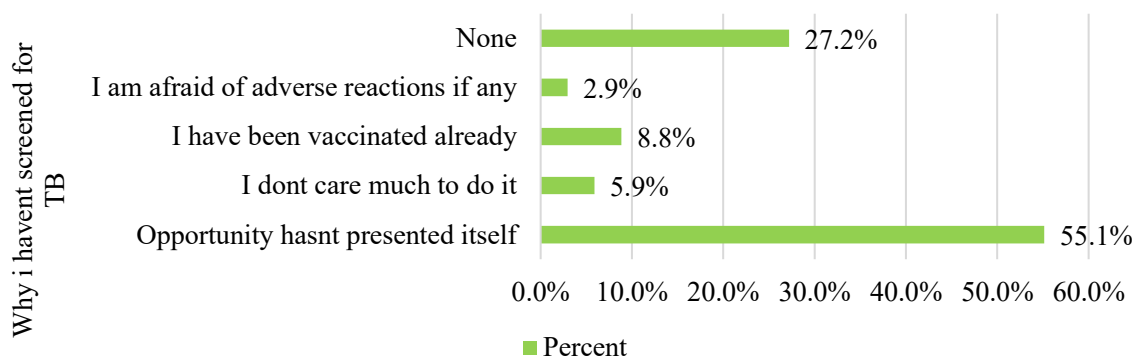
The findings reveal that a significant portion (61.1%) of respondents have not undergone TB screening but express a desire to do so (87.1%). Only 16.3% reported having been screened once or twice previously. The majority (51.1%) indicated their willingness to undergo screening if given the opportunity. However,

27.2% cited reasons for not being screened before, including fear of adverse reactions, lack of interest, or absence of a compelling reason.

Table 7: Respondents' beliefs towards TB screening

Variable	Categories	Frequency	Percent (%)	Cum. Percent (%)
Have you had TB screening before?	No	124	61.1	61.1
	Yes	79	38.9	100.0
	Total	203	100.0	
	Checked	37	18.2	100.0
	Total	203	100.0	
Would you like to be screened in the near future?	Yes	108	87.1	87.1
	No	16	12.9	100.0
	Total	124	100.0	
How many times have you been Screened	Once	19	9.4	9.4
	Twice	14	6.9	16.3
	More than twice	4	2.0	18.2
	None	166	81.8	100.0
	Total	203	100.0	

Figure 6. Why haven't I been screened for TB



Beliefs towards TB screening grouped staff categories

A larger proportion (41.82%) of pharmaceutical support staff reported not having undergone TB screening compared to 37.84% of pharmacists. Among pharmacists, a smaller percentage (5.41%) indicated a lack of interest in being screened, while none of the pharmaceutical support staff cited this reason. The primary reason for not being screened among both groups was the absence of an opportunity to do so, with 38.51% of pharmacists and 32.73% of pharmaceutical support staff mentioning this factor.

Table .8: Beliefs towards TB screening by staff categories

Variables	Responses	Staff Category		Total
		Pharmacist	personnel	
Have you had TB screening? before?	No	92 (62.16)	32 (58.18)	124 (61.08)
	Yes	56 (37.84)	23 (41.82)	79 (38.92)
	Total	148 (100)	55 (100)	203 (100)
If not, why?				
The opportunity hasn't presented itself	Unchecked	91 (61.49)	37 (67.27)	128 (63.05)
	Checked	57 (38.51)	18 (32.73)	75 (36.95)
	Total	148 (100)	55 (100)	203 (100)
I don't care much to do it	Unchecked	140 (94.59)	55 (100)	195 (96.06)
	Checked	8 (5.41)	0 (0)	8 (3.94)
	Total	148 (100)	55 (100)	203 (100)
An opportunity came but was far from me/ didn't have time	Unchecked	148 (100)	55 (100)	203 (100)
	Total	148 (100)	55 (100)	203 (100)
I have been vaccinated already	Unchecked	136 (91.89)	55 (100)	191 (94.09)
	Checked	12 (8.11)	0 (0)	12 (5.91)
	Total	148 (100)	55 (100)	203 (100)
I am afraid of adverse reactions if any	Unchecked	148 (100)	51 (92.73)	199 (98.03)
	Checked	0 (0)	4 (7.27)	4 (1.97)
	Total	148 (100)	55 (100)	203 (100)
I haven't been counseled enough	Unchecked	148 (100)	55 (100)	203 (100)
	Total	148 (100)	55 (100)	203 (100)
I am always busy	Unchecked	148 (100)	55 (100)	203 (100)
	Total	148 (100)	55 (100)	203 (100)
None	Unchecked	121 (81.76)	45 (81.82)	166 (81.77)
	Checked	27 (18.24)	10 (18.18)	37 (18.23)
	Total	148 (100)	55 (100)	203 (100)

The majority of both pharmacists (86.96%) and pharmaceutical support staff (87.5%) expressed a desire to undergo TB screening shortly. Overall, 87.1% of respondents preferred to be screened shortly.

Table 9: beliefs towards TB screening by staff categories cont.

Variables	Responses	Staff Category		Total
		Pharmacist	Support personnel	
Would you like to be screened in the near future?	Yes	80 (86.96)	28 (87.50)	108 (87.10)
	No	12 (13.04)	4 (12.50)	16 (12.90)
	Total	92 (100)	32 (100)	124 (100)
How many times have you been	Once	15 (10.14)	4 (7.27)	19 (9.36)

Screened	Twice	14 (9.46)	0 (0)	14 (6.90)
	More than twice	4 (2.70)	0 (0)	4 (1.97)
	None	115 (77.70)	51 (92.73)	166 (81.77)
	Total	148 (100)	55 (100)	203 (100)

Discussion

This research provides valuable insights into the sociodemographic characteristics, understanding, and recognition levels of tuberculosis (TB) screening among pharmacists and pharmaceutical support personnel. The discussion compares similar works globally and concludes by making recommendations. The study involved 205 participants, predominantly pharmacists (72.9%), with a mean age of 35 years. Gender distribution was relatively balanced, with 54.7% male respondents. Educational qualifications varied, with 41.4% holding post-graduate degrees. Understanding of TB Screening: Overall, the understanding of TB screening was moderate, with 16.7% exhibiting excellent understanding, 57.65% having average knowledge, and 26.6% demonstrating poor knowledge. Understanding gaps were observed regarding specific screening tests and the implications of positive results. Recognition of TB Screening: While awareness of TB screening methods was relatively high (72.4%), understanding about the tests themselves was lacking in some areas, particularly regarding adverse reactions and the necessity of BCG vaccination. Beliefs Towards TB Screening: A significant portion of respondents expressed a desire for TB screening, with reasons for not being screened including lack of opportunity, fear of adverse reactions, and prior vaccination. Comparison with Global Research: Similar studies conducted globally have shown variations in understanding and awareness levels of TB screening among healthcare professionals. For instance, a study by Kaliakbarova and Pak ([5] in Kyrgyzstan found that healthcare workers exhibited diverse attitudes and understanding towards tuberculosis, reflecting the influence of local healthcare systems and cultural factors. Likewise, research by Chen et al. ([6] in northeast China revealed disparities in knowledge, attitudes, and practices regarding TB among healthcare workers, highlighting the importance of tailored interventions to address specific challenges in different regions. These findings resonate with observations outlined in the World Health Organization's Global Tuberculosis Report 2020 (World Health Organization, [1] which underscores the need for comprehensive strategies to enhance TB screening practices and understanding among healthcare personnel worldwide. This study specifically assessed the understanding, beliefs, and recognition of Tuberculosis (TB) screening among pharmacists and pharmaceutical support staff, revealing a moderate level of knowledge with significant disparities between the two groups. With a mean age of 35 years and a male predominance of 54.7%, the demographic distribution mirrors similar studies conducted in healthcare settings in sub-Saharan Africa ([7] et al., [8] et al.). The high representation of pharmacists (72.9%) compared to support staff (27.1%) was reflected in the differences in TB screening knowledge and recognition. Understanding of TB screening was moderate overall, with 16.7% of respondents demonstrating excellent knowledge, 57.65% showing average understanding, and 26.6% displaying poor understanding. These findings align with a study conducted in Nigeria by Iliyasu et al. ([9] where only 15% of healthcare workers had excellent knowledge about TB screening, and more than half showed only an average understanding. A significant statistical difference in knowledge between pharmacists and support personnel ($p = 0.00$) highlights the need for targeted educational interventions, particularly among support staff. Interestingly, while pharmacists generally

performed better, a small proportion of support staff also attained perfect scores, suggesting pockets of high knowledge outside the professional hierarchy. In terms of recognition of TB screening methods, only 41.4% of respondents correctly identified the number of TB screening tests, although a large majority (72.4%) acknowledged differences in screening methods. Compared to a study in South Africa by Van Rensburg et al. ([10], where 68% of healthcare workers could accurately identify and differentiate between TB screening modalities, the recognition levels in our cohort were relatively lower. Notably, while 95.1% correctly identified BCG vaccination as protective against TB—a positive indicator of baseline knowledge—only 10.8% knew that BCG-vaccinated individuals might still require screening. This reflects findings from a study in India by Sharma and Gupta ([11], which reported similar misconceptions regarding BCG vaccination and TB screening. Sources of information on TB screening were primarily workplace-based (37%), followed by academic materials and media. This underscores the critical role of in-service training and institutional sensitization. However, only 48.8% reported having received any workplace sensitization training on TB screening. This gap is consistent with previous Ghanaian research by Amoako et al. [12], which highlighted inadequate continuous professional development opportunities regarding TB control. The findings from this study also reinforce the importance of clear communication regarding TB screening implications. Only half of the participants (50.2%) understood what a positive TB screening result means, revealing a critical knowledge gap that could impact clinical decision-making. This is of concern as it directly affects the early identification and referral of presumptive TB cases, particularly in high-TB-burden settings. Further Comparison with Other Studies. In Nigeria, Iliyasu et al. [9] found a similar knowledge pattern, where pharmacists scored higher on TB awareness, but support staff showed less understanding of TB control protocols. A South African study ([10]Van Rensburg et al.) observed a significantly higher awareness and training uptake among healthcare workers due to national TB control programs integrated with regular health education. In India, Sharma & Gupta ([11]2017) reported that misconceptions surrounding BCG and TB screening persist among healthcare workers, aligning with findings from the present study. A Ghanaian study by Amoako et al. ([12] stressed the role of workplace sensitization, with similar recommendations for strengthening TB awareness through CPD and structured training programs. Additionally, efforts toward TB elimination in low-incidence countries have been outlined in frameworks proposed by Lönnroth et al. ([2]and Awang et al. ([13], emphasizing the importance of targeted interventions and surveillance systems. Furthermore, Pradipta et al. ([14] conducted a systematic review highlighting the challenges and considerations regarding TB in healthcare workers in low-incidence settings. Factors influencing the acceptance and uptake of tuberculosis testing by healthcare workers have also been studied, as evidenced by the work of Bhebhe et al. [15] in South Africa. While some areas might exhibit higher awareness due to extensive public health campaigns or endemicity of TB, others may face challenges related to access to information and resources. Comparing findings with global research can highlight common trends and contextual differences in TB screening practices and understanding among healthcare personnel [16]. Saana I, I, et al. also found similar results [17]: [18].

Importance of Patients' and Health Workers' Cultural Beliefs, Systems, and Understanding in TB Treatment

The belief systems of both patients and health workers are critical in tuberculosis (TB) treatment. These systems influence how TB is perceived, how quickly care is sought, the degree of treatment adherence, and the success of TB control programs.

1. Treatment Adherence

Cultural beliefs directly affect adherence to TB medication. Some patients perceive TB as a spiritual illness, a curse, or a punishment from ancestors, which may lead them to rely on traditional remedies and discontinue biomedical treatment. At the same time, health workers who dismiss these cultural interpretations may alienate patients or create mistrust. As noted by Munro et al. (2007), adherence is a complex issue influenced by poverty, beliefs about TB, and the relationship between patients and providers [19].

2. Health-Seeking Behavior and Delay

In cultures where TB is associated with social stigma or disgrace, patients may avoid seeking timely care. Health workers' own biases or limited cultural competence can exacerbate this delay. For example, if a health worker believes that TB patients are irresponsible or likely to default, this attitude may be reflected in their communication style, thereby discouraging patients from engaging. A study in Ethiopia revealed that diagnostic delays were linked not only to patient fears and cultural stigma but also to health worker attitudes and communication gaps [20].

3. Stigma, Bias, and Communication Gaps

The social stigma attached to TB can be intensified when health workers themselves hold judgmental beliefs. When health providers label or blame patients (consciously or subconsciously), the quality of care suffers, and patients may withdraw from follow-up. Courtwright and Turner (2010) describe multiple pathways through which stigma, including from healthcare providers, undermines TB control efforts and promotes secrecy, fear, and treatment non-compliance [21]

4. Integration of Traditional and Spiritual Systems

In many African and Asian contexts, patients first consult traditional or spiritual healers. Health workers who understand and respect this may engage such community figures as allies, leading to better referral and support systems. Those who reject traditional systems outright risk alienating patients or causing them to "switch providers" mid-treatment. The World Health Organization has documented how engaging conventional healers in Ethiopia, Ghana, and Tanzania improved TB detection and outcomes [22]

5. Health Worker Beliefs Affecting Diagnosis and Management

Health workers are not immune to the influence of cultural stereotypes and societal norms. Some may subconsciously stigmatize TB patients or assume they are non-adherent or contagious, which can lead to late diagnosis, poor counseling, or even refusal of care. This undermines patient trust and overall TB control efforts. Liefoghe et al. (1997) emphasized that the success of TB programs depends on the perceptions of both patients and health workers. Misunderstandings and negative attitudes among providers reduced patients' willingness to seek care [23]

Limitations:

Sample Size and Representation: The study's sample size might not be representative of all healthcare settings, potentially limiting generalizability to broader populations.

Data Collection Methods: The reliance on self-reported surveys may introduce response biases, potentially affecting the accuracy of the collected data.

Geographic Focus: The study's focus on a specific geographic location may limit its applicability to other regions with different healthcare systems and TB burdens.

Conclusion:

Although there is a moderate level of recognition, the study reveals significant gaps in the knowledge and understanding of TB screening among healthcare professionals. 16.7% of the participants demonstrated excellent understanding, 57.65% had average, and 26.6% exhibited poor understanding regarding TB screening. Despite ongoing efforts to improve TB screening practices, specific challenges persist, underscoring the need for targeted interventions. Strengthening collaboration with global research institutions and adopting comprehensive strategies will be crucial in enhancing awareness and achieving effective TB control and eventual elimination. The cultural beliefs and understanding of both patients and health workers are vital components of effective TB control. Addressing these beliefs through culturally sensitive training, education, community engagement, and mutual respect can greatly improve adherence, reduce stigma, and enhance health outcomes.

Recommendations.

1. **Continuous Education and Training:** Implement regular training programs for healthcare personnel to enhance their understanding of TB screening methods, the interpretation of results, and the management of TB cases.
2. **Public Health Campaigns:** Conduct awareness campaigns targeting healthcare workers and the general population to promote TB screening, prevention, and treatment.
3. **Integration of TB Services:** Integrate TB screening services into routine healthcare settings to improve access and uptake among vulnerable populations.
4. **Research Collaboration:** Foster collaboration with global research institutions to benchmark findings, share best practices, and develop evidence-based interventions for TB control and elimination.
5. **Addressing Specific Challenges:** Identify and address specific challenges faced by healthcare workers, such as fear of adverse reactions, lack of resources, and logistical barriers to screening.
6. **Monitoring and Evaluation:** Establish robust surveillance systems to monitor TB screening practices, identify areas for improvement, and measure the impact of interventions over time.

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