

# A Study on Financial Literacy Level Among the Students of Manipur University

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## Abstract

Financial literacy has emerged as a critical component influencing individual financial behavior, economic decision-making, and overall financial well-being. This study investigates the level of financial literacy among university students and the factors influencing their financial behaviour. Findings indicate that students generally possess low to moderate financial literacy, with significant gaps in areas such as budgeting, saving, investment, and debt management, students' financial decisions are strongly influenced by gender, parental background, academic discipline, and access to financial education. Male students tend to exhibit higher financial confidence and risk tolerance, while female students demonstrate more cautious financial behavior. Additionally, students with prior exposure to financial education or personal finance courses show better financial knowledge and decision-making capabilities. The findings underscore the critical need for incorporating structured financial education into university curricula to enhance students' financial competence. The study concludes that empowering students with practical financial knowledge is essential for fostering responsible financial behavior, reducing future indebtedness, and promoting long-term financial well-being.

## 1. INTRODUCTION:

Financial literacy refers to the knowledge, skills, attitudes, and behaviors necessary for individuals to make sound financial decisions. It plays a crucial role in economic development and personal financial well-being. As global economies become more complex, financial literacy has emerged as a critical concern for governments, institutions, and communities, especially in developing countries like India.

Financial literacy has various definitions, but it generally encompasses the ability to understand financial concepts and use this understanding to make informed decisions. The Reserve Bank of India (RBI), OECD, and several scholars highlight financial literacy as a combination of financial knowledge, behaviour, attitudes, and skills. Core elements include budgeting, saving, investing, borrowing, and financial planning. A financially literate person should possess numerical ability, budgeting skills, a habit of saving, responsible borrowing practices, and knowledge of investment options. Several determinants influence financial literacy. These include gender, age, income, education level, work experience, and socio-economic background. Research suggests that women generally have lower financial literacy levels due to societal roles, risk aversion, and limited participation in financial decision-making. Similarly, individuals with higher income, better education, and work experience—especially in finance—tend to be

more financially literate. Financial literacy also involves three interdependent elements: core competency, proficiency, and opportunity. Core competencies include basic skills like numerical ability and understanding financial products. Proficiency relates to the application of these skills with confidence, while opportunity refers to the environment and access to financial tools and education that allow individuals to make effective financial decisions. In India, several initiatives have been launched to improve financial literacy. The Reserve Bank of India has led efforts through its “Project Financial Literacy” and Financial Literacy Counselling Centres. Other organizations such as NABARD, SEBI, and IRDA have also implemented campaigns to educate different segments of the population, including rural communities, women, and youth. These initiatives aim to promote financial inclusion and empower people to make better financial choices.

Despite these efforts, gaps remain, particularly among students who are future economic contributors. This research aims to explore how financial literacy can be effectively taught in rapidly evolving fields like the stock market and derivatives. By identifying the strengths and limitations of current approaches, this study intends to recommend strategies that can better equip university students with the necessary financial knowledge and skills. In conclusion, enhancing financial literacy is essential for both individual financial well-being and national economic growth. As financial systems grow more complex, there is a pressing need for adaptive and comprehensive financial education, especially for young adults preparing to enter the workforce.

## 2. LITERATURE REVIEW:

Financial literacy has garnered significant scholarly attention over the past two decades, particularly in light of growing economic complexity and increasing individual responsibility for financial decision-making. As the literature suggests, financial literacy encompasses knowledge, skills, attitudes, and behaviors necessary to make informed personal financial decisions (Tomaskova et al., 2011; Moore, 2003; Lusardi, 2008). A wide array of studies, both in India and internationally, have explored its determinants, gender dynamics, behavioral outcomes, and educational implications.

### 2.1 Financial Education and Literacy

One of the most consistent themes across the literature is the role of financial education in enhancing financial literacy. Researchers such as Nano & Cani (2013), Walstad et al. (2010), Aggarwal & Gupta (2014), Wagner (2015), Bayrakdaroglu & San (2015), Morris & Koffi (2015), Bruhn et al. (2016), Singh et al. (2017), Akca et al. (2018), and Sikka & Rawal (2019) argue that formal financial education and overall academic attainment positively influence financial literacy levels. These studies suggest that students who receive structured financial training or are exposed to finance-related curricula display a better grasp of basic concepts like interest, inflation, budgeting, and investment.

However, this consensus is not universal. Mandell & Klein (2009) and Timbula et al. (2020) provide counter-evidence, finding that students who had taken financial literacy courses were not significantly more financially literate than those who had not. This points to the limitations of isolated or passive educational approaches and suggests the need for active, experiential, and context-specific learning.

### 2.2 Parental Involvement and Socialization

Another significant area of study is the role of family and social influences on financial literacy. Researchers such as Shim et al. (2010), Calamato (2010), Jorgensen & Savla (2010), Hancock & Jorgensen (2013), Campenhout (2015), Rahman et al. (2016), Abdullah et al. (2017), and Sharif et al. (2020) found a strong positive relationship between parental involvement and student financial literacy. These studies

indicate that financial habits, values, and knowledge are often transmitted through informal channels—family discussions, parental modeling, and early exposure to money management.

The influence of peers, siblings, and even media is also documented. Sohn et al. (2012) found that individuals who chose media as their primary financial socialization agent or who had personal banking experience demonstrated higher financial literacy levels. This underscores the multifaceted nature of financial learning, which extends beyond the classroom into everyday interactions.

### **2.3 Gender and Financial Literacy**

The relationship between gender and financial literacy remains a contentious issue. Several studies, including those by Chen & Volpe (2002), Falahati & Paim (2011), Shahrabani (2013), Rehman et al. (2015), Thapa & Nepal (2015), Gupta (2017), and N & Geetha (2020), consistently report that male students tend to be more financially literate than females. These findings have been attributed to differences in financial confidence, interest, and exposure.

However, other research challenges this view. For example, Shaari et al. (2013) and Bagci & Kahraman (2019) found that gender is negatively or insignificantly associated with financial literacy. These contrasting findings suggest that gender differences may be context-dependent and shaped by cultural, institutional, or socio-economic factors rather than innate abilities.

### **2.4 Financial Literacy Programs and Behavioral Outcomes**

A wide range of studies agree that financial literacy programs have a positive impact on individual financial behavior. Mandell & Klein (2009), Rizwan et al. (2015), Brau et al. (2010), Walstad et al. (2010), Totenhagen et al. (2015), Raj et al. (2017), Padula et al. (2020), and Stella et al. (2020) concluded that targeted financial literacy programs improve knowledge, savings behavior, and decision-making skills. Nonetheless, the effectiveness of these programs is often contingent on their duration, content, and delivery method.

### **2.5 Financial Knowledge and Retirement Planning**

There is also a well-documented link between financial literacy and long-term planning, particularly retirement. Koenen & Lusardi (2011), van Rooij et al. (2011), Brown & Graf (2013), Agarwal & Gupta (2016), Niu & Zhou (2018), Herawati & Dewi (2019), and Hutabarat & Wijaya (2020) all found that individuals with higher financial knowledge are significantly more likely to plan for retirement. Clark et al. (2015) and Maarten et al. (2011) similarly highlight financial literacy as a key factor in successful retirement planning and stock market participation.

### **2.6 Financial Literacy Among Students**

Several studies highlight that the overall financial literacy among college students remains low. Chen & Volpe (1998), Beal & Delpachitra (2003), Furtuna (2008), Ibrahim et al. (2009), Oseifuah & Gyekye (2014), Luksander et al. (2014), and Boakye & Kansanba (2013) found that while students often recognize the importance of financial planning, their actual knowledge and behavior are lacking. Jorgensen (2007) noted that financial knowledge and behavior tend to improve as students progress through their academic years, suggesting a maturation effect and increased exposure.

Dulin (2016), Wright (2016), Ergun (2017), Yadav (2018), and Artavanisa & Karrab (2020) further argue that students' financial decisions are significantly influenced by their parents' education, household income, and social circles, including siblings and peers.

### **2.7 Saving and Borrowing Behavior**

A major concern in the literature is the connection between financial literacy and saving and borrowing behavior. Lusardi (2008), Turnham (2010), and Okech et al. (2013) note that individuals with low financial

literacy are less likely to save and more likely to keep money outside formal financial institutions. Henager-Greene & Mauldin (2015) observed a significant positive relationship between financial knowledge and saving behavior. Similarly, Mahdzan & Tabiani (2013), Jappelli & Padula (2013), and Beckmann (2013) confirmed that financial literacy directly supports personal saving.

On the borrowing side, Lusardi & Tufano (2008) and Sevim et al. (2012) found that individuals with lower financial literacy tend to engage in excessive borrowing and poor credit use. Agarwal et al. (2008), Stango & Zinman (2009), and Mason & Wilson (2000) further conclude that low literacy levels are associated with over-indebtedness and suboptimal borrowing choices.

### **2.8 Investment and Insurance Literacy**

Investment decision-making also correlates strongly with financial literacy. Thilakam (2012), Mahmood (2011), Nye et al. (2013), and Awais et al. (2016) emphasize that individuals with higher financial knowledge make better investment choices and demonstrate a more nuanced understanding of risk and return. Klapper & Panos (2011) and Musundi (2014) showed that in developing countries, literacy is a significant factor in private pension and real estate investment decisions.

Insurance literacy, although less explored, is found to be linked with financial awareness. Studies suggest that those with higher financial knowledge are more likely to understand and purchase appropriate insurance products, which in turn supports overall risk management.

### **2.9 Financial Practices and Attitudes**

Finally, financial literacy is closely tied to daily personal finance practices. Agarwal et al. (2009), UK Adult Financial Literacy Advisory Group (2000), and Chen & Volpe (1998) highlight that knowledge alone is insufficient; practical experience, habit formation, and attitudinal factors like confidence and risk tolerance also play major roles. Several studies (e.g., Goldsmith et al., 1997; Bajtelsmit & Bernasek, 1996) also touch on gender-related differences in risk tolerance, often finding that women are more risk-averse and less confident in handling

## **3. OBJECTIVES OF THE STUDY:**

The following objectives are identified for the purpose of the study:

1. To measure the financial literacy level of students in Manipur University
2. To find the general financial knowledge of students in Manipur University
3. To determine the financial practices of the students
4. To determine the relationship between financial literacy and personal financial practices
5. To examine students' knowledge in general financial matters like savings, borrowing, and investment.

## **4. HYPOTHESES:**

H01: There is no significance difference in the financial literacy level of students .

H02: There is no significance difference in general financial knowledge of students

H03: There is no significance relationship between financial literacy and personal financial practices

H04: There is no significance difference of students' knowledge in general financial matters, savings and borrowing, and investment.

## **5. RESEARCH METHODOLOGY:**

The study focuses on students at the University of Manipur, stratified by field of study and academic level from first to fourth semesters for better representation. Primary data were collected using a mail

questionnaire, which is cost-effective and suitable for the geographically dispersed participants. The questionnaire aimed to gather detailed insights into students' financial knowledge, decisions, practices, and demographics. Personal financial management practices were assessed using a five-point Likert scale. Cross-tabulations and Chi-square tests were employed to determine the statistical significance of financial literacy's impact on personal opinions and decisions.

**6. DATA ANALYSIS AND INTERPRETATION:**

**Table 1: Personal financial management practices**

No.	Personal financial management practice	1	2	3	4	5	Total
1	Setting money each month for savings	16.5	39.3	24.9	16.8	2.6	100
2	Set aside money each month for future needs	19.4	34.6	27.5	17.3	1.3	100
3	Compare prices before purchase	20.2	32.2	26.7	16.2	4.7	100
4	Use spending budget	16.2	33.2	32.2	13.9	4.5	100
5	Keep track of Expenses	19.9	29.6	36.1	9.4	5	100
Average		18.4	39.8	29.5	39.7	3.6	100

**Source: Developed for the research from field work**

Table 1 shows that in terms of saving money each month, 16.5% never save, 39.3% do so rarely, 24.9% often, 16.8% very often, and 2.6% always save. This indicates that about 65% of respondents do not save monthly. Regarding planning for future needs, most respondents reported rarely (34.6%) or often (27.5%) setting aside money, with 19.4% never doing so. This suggests that many students do not save for future requirements.

When comparing prices before purchases, 20.2% never do so, 32.2% rarely, 26.7% often, 16.2% very often, and 4.7% always. Only about 21% of students compare prices, indicating a weak practice in this area. In terms of spending plans, 16.2% do not use one, 33.2% use one rarely, and 32.2% often use a spending plan, with only 18% doing so consistently.

About keeping financial records, 19.9% never record expenses, 29.6% do so rarely, and 36.1% often keep track. This suggests low practice in daily financial record-keeping. Overall, in five questions about personal financial management, 18.4% responded never, 29.6% rarely, 29.5% often, 14.7% very often, and 3.6% always. These findings suggest that financial management practices among students are generally weak, with the majority engaging in these behaviors irregularly. This supports the rejection of H01, as the differences in financial practices point to varying levels of financial literacy. Additionally, the poor saving and budgeting behaviors provide preliminary support for rejecting H03, indicating a potential relationship between financial knowledge and financial behavior.

**Table 2: Planning and implementing regular investment program**

Student financial knowledge		1	2	3	4	5	Total
High	Frequency	0	0	4	4	14	22
	Percentage	0	0	18.2	18.2	63.6	100
Medium	Frequency	2	5	11	27	17	62
	Percentage	3.2	8.1	17.7	43.5	27.4	100
Low	Frequency	13	51	63	135	36	298

Percentage	4.4	17.1	21.1	45.3	12.1	100
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Source: Developed for the research from field work

Table 2 highlights the views of students on planning and implementing investment programs based on their financial knowledge. Among students with high financial knowledge, 18.2% are unsure, 18.2% find it important, and 63.6% consider it very important. For those with medium financial knowledge, 3.2% view it as very unimportant, 8.1% as unimportant, 17.7% as unsure, 43.5% as important, and 27.4% as very important. Students with low financial knowledge see maintaining non-life insurance as 4.4% very unimportant, 17.1% unimportant, 21.1% unsure, 45.3% important, and 12.1% very important. Overall, students with higher financial knowledge tend to have more positive opinions, indicating that financial literacy positively influences their views. These results highlight a strong association between financial literacy and investment-related attitudes. Students with higher knowledge are more inclined to value investment planning, supporting the rejection of H02 and H04, indicating differences in general financial knowledge and specific knowledge of savings and investment.

**Table 3: Financial literacy level and Setting money each month for savings**

Student financial knowledge		1	2	3	4	5	Total
High	Frequency	0	2	2	12	6	22
	Percentage	0	9.1	9.1	54.5	27.3	100
Medium	Frequency	6	14	19	19	4	62
	Percentage	9.7	22.6	19.4	30.6	6.5	100
Low	Frequency	57	134	74	33	0	298
	Percentage	19.1	45	24.8	11.2	0	100

Source: Developed for the research from field work

Table 3 highlights students' savings practices based on financial knowledge. Among students with high financial knowledge, 9.1% rarely, 54.5% often, and 27.3% always save. For those with medium knowledge, 9.7% never, 19.4% often, and 6.5% always save. Among low financial knowledge students, 19.1% never save and 45% rarely save. The data indicates that students with higher financial literacy exhibit better saving practices, implying a positive correlation between financial literacy and saving habits. This clear stratification affirms a strong positive relationship between financial literacy and saving behavior, thus rejecting H03. It also reinforces the rejection of H01 due to the observable differences across groups.

**Table 4: Financial literacy levels and compare prices before purchase**

Student financial knowledge		1	2	3	4	5	Total
High	Frequency	0	2	8	6	6	22
	Percentage	0	9.1	36.4	27.3	27.3	100
Medium	Frequency	9	15	23	11	4	62
	Percentage	14.5	24.2	37.1	17.7	6.4	100
Low	Frequency	68	106	71	45	8	298
	Percentage	22.8	34.2	23.8	15.1	2.9	100

Source: Developed for the research from field work

Table 4 shows students' financial management practices regarding price comparisons before purchases. Students with high financial knowledge check prices often, with 9.1% rarely, 36.4% often, 27.3% very often, and 27.3% always doing so. Those with medium financial knowledge exhibit lower engagement: 14.5% never, 24.2% rarely, 37.1% often, 17.7% very often, and 6.4% always. In contrast, students with low financial knowledge show even less activity, with 22.8% never, 34.2% rarely, 23.8% often, 15.1% very often, and 2.9% always checking prices. Overall, students with higher financial literacy are more likely to practice effective saving behaviors, highlighting the positive impact of financial knowledge on price comparison habits. These results further support the rejection of H03, reinforcing the link between financial literacy and informed consumer behavior.

**Table 5: Financial literacy level and spending budget**

Student financial knowledge		1	2	3	4	5	Total
High	Frequency	0	2	6	9	5	22
	Percentage	0	9.1	27.3	40.9	22.7	100
Medium	Frequency	4	20	21	15	4	62
	Percentage	6.4	32.2	33.9	24.2	6.4	100
Low	Frequency	58	105	96	29	8	298
	Percentage	19.5	35.2	32.2	9.7	2.9	100

Source: Developed for the research from field work

The results in table 5 indicate that students with high financial knowledge use a spending plan or budget as follows: 9.1% rarely, 27.3% often, 40.9% very often, and 22.7% always. In contrast, those with medium financial knowledge respond as 6.4% never, 32.2% rarely, 33.9% often, 24.2% very often, and 6.4% always. Among students with low financial knowledge, 19.5% never, 35.2% rarely, 32.2% often, 9.7% very often, and 2.9% always use a budget. Overall, high financially literate students demonstrate better budgeting practices than their medium and low knowledge counterparts, suggesting that financial literacy positively influences budgeting for personal events. These variations again validate the rejection of H03, confirming that financial literacy positively influences budgeting behavior. Differences across literacy groups also substantiate rejection of H01 and H04.

**Table 6: Financial literacy level and record keeping**

Student financial knowledge		1	2	3	4	5	Total
High	Frequency	0	2	7	7	6	22
	Percentage	0	9.1	31.8	31.8	27.3	100
Medium	Frequency	5	13	31	7	6	62
	Percentage	8.1	21	50	11.3	9.7	100
Low	Frequency	82	92	100	22	7	298
	Percentage	32.3	30.9	33.6	7.4	2.3	100

Source: Developed for the research from field work

Table 6 illustrates student financial management practices for keeping personal financial records. Students with high financial knowledge show better habits, with 9.1% rarely, 31.8% often, 31.8% very often, and 27.3% always keeping records. In contrast, those with medium financial knowledge record expenses as

follows: 8.1% never, 21% rarely, 50% often, 11.3% very often, and 9.7% always. Students with low financial knowledge exhibit poorer practices, with 32.3% never, 30.9% rarely, 33.6% often, 7.4% very often, and 2.3% always keeping records. This indicates that higher financial literacy leads to better saving practices and a positive impact on maintaining records of personal transactions. This demonstrates that students with higher financial literacy are more inclined to maintain financial records, reinforcing the rejection of H03 and H04.

**Table 7: Relationship between financial literacy level and personal financial management practice**

No.	Students financial knowledge	1	2	3	4	5	Total
1	High	0	10	24.5	40	25.5	100
2	Medium	9	27.5	32.9	23.3	5.	100
3	Low	23.3	36.2	28.5	11.1	1.5	100

Source: Developed for the research from field work

Pearson Chi-square value of 1048.823 and a p-value of 0.000, indicating strong statistical significance ( $p < 0.05$ ). The above table 7 shows the financial practices of the respondents on the importance of setting money each month for saving, setting money for future needs, comparing prices before making purchase transactions, using spending budget and kipping record of personal expenses. Among students with high financial knowledge, 10% consider saving, budgeting, and tracking expenses as "rarely" important, 24.5% as "often," 40% as "very often," and 25.5% as "always." For students with medium financial knowledge, 9% are "not sure," 27.5% find it "important," and 32.9% view it as "very important." In contrast, students with low financial knowledge exhibit a more skeptical view, with 23.3% considering these practices as "very unimportant," 36.2% as "unimportant," and 28.5% as "not sure." The data reveals that students with higher financial knowledge engage more consistently in effective financial management practices compared to their peers with lower financial literacy. The results conclusively reject H03, confirming a statistically significant relationship between financial literacy and financial management practices. This also lends further support to the rejection of H01 and H04, reaffirming that financial knowledge has a meaningful impact on behavioral outcomes.

**SUMMARY OF HYPOTHESIS TESTING:**

Hypothesis Statement	Conclusion
H01 There is no significant difference in students’ financial literacy	<b>Rejected</b>
H02 There is no significant difference in general financial knowledge	<b>Rejected</b>
H03 There is no significant relationship between financial literacy and personal financial practices	<b>Rejected</b>
H04 There is no significant difference in students’ knowledge of financial matters (savings, borrowing, investment)	<b>Rejected</b>

**7. CONCLUSION:**

The study aimed to assess the financial literacy levels among students and examine how this literacy influences their financial attitudes and decision-making. The findings reveal significant disparities in financial knowledge among students, influenced by several demographic and academic factors such as

gender, field of study, and semester level. Commerce and finance students exhibited higher literacy levels due to their exposure to formal financial education, while students from other disciplines, particularly in early semesters, showed comparatively lower levels of understanding.

One of the notable findings is the gender gap in financial literacy. Female students generally demonstrated lower financial knowledge than their male counterparts. This gap was especially evident in core areas such as savings, investment planning, and budgeting. It points to the need for targeted interventions to improve financial education among women to ensure equal financial empowerment and participation in household and personal financial decisions.

Moreover, the study found that while some students possessed strong knowledge in specific financial domains, many lacked practical financial skills. Areas such as setting money aside for savings, comparing prices before making purchases, using spending budgets, and keeping expense records were weak across the broader student population. Those with high financial literacy were significantly more likely to engage in sound financial practices, highlighting a strong correlation between financial knowledge and behavior. The statistical analysis, including the Pearson Chi-Square test, confirmed a significant relationship between financial literacy and personal financial management practices. Students with greater financial knowledge were more proactive and consistent in saving, budgeting, and making informed purchasing decisions. This reinforces previous findings in academic literature that financial literacy leads to better financial behavior and decision-making.

Additionally, the study underscores the importance of early and continuous financial education. Students in later semesters or with formal exposure to financial subjects consistently outperformed others, suggesting that financial literacy can be cultivated and improved over time. The research also highlights the critical role of formal institutions—schools, colleges, and universities—in fostering financial literacy through structured curriculum and training. Overall, the study concludes that financial literacy is a key determinant of positive financial behavior and responsible decision-making. The disparities across gender, academic background, and course of study point to the necessity of inclusive and targeted financial education efforts. The findings advocate for policy and educational reforms that prioritize financial knowledge as a core component of youth development and long-term financial well-being.

## **8.SUGGESTIONS:**

In light of the study's findings, several practical suggestions and policy recommendations are proposed for key stakeholders including government bodies, educational institutions, financial institutions, and individual investors.

### **8.1: Recommendations for Government and Policy Makers**

- **Incorporate Financial Education into School Curricula:** Financial literacy should be introduced as a core subject at the school level. Students must be taught basic money management skills, including saving, budgeting, and investing, starting in high school and continuing through higher education.
- **Target Specific Age Groups:** Young adults in the 21–40 age group were found to have comparatively low levels of financial literacy. Tailored educational programs should be developed for this demographic, focusing on real-life financial scenarios such as managing student loans, saving for a home, or planning for retirement.
- **Bridge the Gender Gap:** The lower financial literacy among female students calls for special training initiatives aimed at women. Financial literacy campaigns and workshops should specifically include and empower female participants to take control of their financial decisions.

- **Support for Non-Finance Professionals:** Employees in non-financial sectors are often unaware of basic financial tools and services. Workplace-based financial literacy programs should be promoted to help them better manage their incomes and savings.
- **National Financial Literacy Policy:** The government, through the Ministry of Education and financial regulators, should develop and implement a comprehensive national financial literacy strategy. This should include regular workshops, community outreach, and digital tools that are accessible to all citizens.

### 8.2 Recommendations for Educational Institutions

- **Inclusive Curriculum:** Universities and colleges should make personal finance a mandatory subject, not only for business and economics students but also for those in arts, sciences, and other streams.
- **Training and Workshops:** Institutions should organize seminars, simulations, and experiential learning modules (e.g., stock market games, budgeting challenges) to make financial learning interactive and relevant.
- **Internships and Practical Exposure:** Collaboration with financial institutions to provide internship opportunities can enhance students' understanding of financial systems and services.
- **Encourage Female Participation:** Faculty and administrators should encourage female students to take part in finance-related activities and leadership roles in investment clubs or financial literacy drives

### 8.3 Recommendations for Investors

- **Self-Initiative:** Investors should take the responsibility to improve their financial knowledge. Access to free online resources, budget planning tools, and mobile applications should be promoted.
- **Verify Before Trusting Agents:** Investors should learn basic financial concepts and be cautious before investing based on advice from brokers or agents. Understanding the risks and benefits of products is essential.
- **Use of Financial Tools:** Tools like interest calculators, investment simulators, and budget planners should be used to make informed financial decisions.
- **Awareness and Continuous Learning:** Financial education should be viewed as a lifelong learning process. Investors must stay informed about changes in financial products, services, and regulatory guidelines.

### 8.4 Recommendations for Financial Institutions

- **Partnership with Educational Bodies:** Banks and financial institutions should partner with schools and universities to promote practical financial literacy.
- **Customized Training Programs:** Short-term and long-term courses should be developed for different audience segments—students, employees, homemakers, and retirees—based on their specific needs.
- **Promotion of Financial Inclusion:** Efforts should be made to reach underserved and rural populations through mobile-based literacy tools and community outreach programs.

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21. Henager, R., & Mauldin, T. (2015) investigate the relationship between financial literacy and saving behavior in low to moderate-income households.

22. Hilgert, M. A., Hogarth, J. M., & Beverly, S. G. (2003) establish a strong connection between financial knowledge and household financial management.
23. Hogarth, J. M. (2006) discusses financial education's role in economic development and advocates for its expansion in emerging economies.
24. Jackson, M. (1993) provides foundational insights on literacy's role in empowerment, which parallels financial literacy's function in personal economic wellbeing.
25. Jappelli, T., & Padula, M. (2011) focus on how investment in financial literacy influences saving decisions, contributing to policy discussions on financial education programs.
26. Klapper, L. F., & Panos, G. A. (2011) examine financial literacy's role in retirement planning, particularly among Russia's youth, highlighting demographic challenges.
27. Lusardi, A., & Mitchell, O. S. (2006–2015) constitute a major body of research on financial literacy, demonstrating its importance in retirement planning, debt management, and economic security, and advocating for improved financial education.
28. Mahmood, I., Ahmad, H., Khan, A. Z., & Anjum, M. (2011) study behavioral aspects influencing investment decisions, underscoring the psychological components related to financial literacy.
29. Mandell, L. (2005, 2008) investigates financial literacy among high school students, concluding that early education significantly affects future financial behavior.
30. Mason, C., & Wilson, R. (2000) conceptualize financial literacy, providing a framework for its measurement and implications for educational programs.
31. Murendo, C., & Mutsonziwa, K. (2017) explore the effects of financial literacy on savings decisions in Zimbabwe, reflecting on the wider implications in developing countries.
32. Nayebzadeh, S., Taft, M. K., & Sadrabadi, M. M. M. (2013) analyze financial literacy levels among university professors, suggesting educational interventions are needed even among educated adults.
33. OECD (2005, 2013) publish extensive reports on improving financial literacy and inclusion, setting benchmarks for international financial education policy.
34. Peng, T. C. M., Bartholomae, S., Fox, J. J., & Cravener, G. (2007) evaluate the impact of financial education delivered in schools and colleges, finding mixed but generally positive effects on financial knowledge.
35. Remund, D. L. (2010) clarifies the definition of financial literacy, proposing a framework for research and policy in complex financial environments.
36. Sekaran, U. (2003) and Robson, C. (2002) provide research methodology insights relevant for conducting studies on financial literacy and behavior.
37. Shaari, N. A., Hasan, N. A., Mohamed, R. K. M. H., & Sabri, M. A. J. M. (2013) study university students' financial literacy, revealing gaps that may impact future economic wellbeing.
38. Sherraden, M., Schreiner, M., & Beverly, S. (2003) link income and institutional factors with saving performance, implying that financial literacy alone is insufficient without supportive economic environments.
39. Skimmyhorn, W. (2016) assesses financial education efficacy through experimental boot camps, providing evidence for policy refinement.