

# Efficacy of Homoeopathy in Skin Disorder: A Case of Periungual Corn

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## Abstract

Corns are common problem in all ages affecting physical and physiological wellbeing this case report presented a male child with a history of corns in index finger of right hand treated successfully.

**Keywords:** Homoeopathy, corns, skin disorder, Antim crud

## INTRODUCTION

Corns are localized area of thick hardness skin that develop due to continuous friction pressure they are commonly seen in the feet and toe but may also appear on finger

## TYPES OF CORNS

1. **hard corns (Heloma durum)**- most common type small concentrated dense areas of thick skin usually forms on the pressure points
2. **Soft corns (Heloma molle)**– softer rubbery in texture Found between toes can be painful and prone to infection. Whitish soft usually founded between toes.
3. **Seed corns**- Tiny superficial corns usually on the sole often associated with dry skin less painful than hard corns
4. **Vascular / Neurovascular corn** – contains blood vessels and nerve tissue inside bleeds and hurts intensely when cut
5. **Fibrous Corn**

Long-standing corn where the core becomes deeply embedded in fibrous tissue.

Hard, painful, chronic.

More difficult to treat due to deep attachment.

6. **Subungual Corn**

When corn forms under the nail (toenail or fingernail).

Very painful in character and sensitive to touch

Caused by pressure from improper footwear or nail deformities.

Often mistaken for ingrown nails.

## 7. Periungual Corn

A periungual corn is a localised area of thickened, hardened skin that develops around the margin of the nail, most commonly affecting the toenails, especially the great toe. It forms as a result of prolonged friction, pressure, or irritation in the area surrounding the nail fold. The skin in this region responds to persistent mechanical stress by undergoing hyperkeratosis, producing a dense, horny layer which gradually takes on the typical conical shape of a corn. Because of the confined anatomical space near the nail groove, even a small amount of thickened tissue can press deeply into the sensitive structures around the nail, producing considerable pain, especially while wearing shoes or walking.

Periungual corns often arise from tight or ill-fitting footwear, which exerts continuous pressure against the sides of the nail. Improper nail cutting, leaving sharp edges, or underlying toe deformities such as hallux valgus can also contribute to their formation. The lesion appears as a hard, raised, keratinized mass adjacent to the nail plate. The surrounding skin may be tender and inflamed, and in long-standing cases, the nail itself may become distorted due to repeated pressure.

Clinically, a periungual corn may resemble other conditions such as an ingrown toenail, warts, or callosities, but its characteristic dense core and the sharp, localized pain on pressure help differentiate it. Because of its position, this type of corn is particularly troublesome and often more painful than corns located elsewhere on the foot.

### Patient details

Name - xyz

Age -4 years

Sex- Male

Religion- Islam

### HISTORY OF PATIENT

child presented with two corns in index finger of right hand .

This corn is since six months

Corns is sensitive to touch

Rough surface and horny in nature

### TREATMENT HISTORY

previously used some topical creams and thuja

Doctors advice for surgery

### FAMILY HISTORY

Father has warts around neck and armpit

Mother has fibroid of uterus

### PHYSICAL GENRAL:

Corn on finger aggravation in cold

Appetite- canine hunger

Thirst- decreased

Stool- constipation and diarrhoea alternate

Sleep – disturbed

Thermal- aversion to cold bathing chilly

### **Miasmatic background**

psoro sycotic background

Diagnosis- hard corn

#### **1. Aphorism 186 – 189**

These aphorisms discuss local maladies, including those that appear only on the skin or at one part of the body, such as:

Warts

Corns

Callosities

Tumors

Local excrescences

#### **Hahnemann explains that:**

Local diseases are not merely local, but are manifestations of internal derangement.

External removal is not real cure (corresponds to corns recurring after cutting/shaving).

The constitutional remedy should be selected to cure the whole person.

Hence, Aphorism 186–189 are most applicable for corn

Supporting Aphorisms

#### **2. Aphorism 7**

Defines that the totality of symptoms is the only indication for remedy selection. Even in corns, prescription must be based on totality, not only the local symptom.

3. **Aphorism 153-** Emphasizes importance of peculiar, characteristic symptoms.

For selecting medicines for corns (e.g., pain on pressure, burning, stitching, location).

#### **4. Aphorism 210–230**

Covers psora and chronic diseases

Corns are often considered a manifestation of psoric or psora-sycotic background

Aphorism 186–189 (Local Diseases)

These aphorisms explain how to treat local affections like corns holistically.

Selection of Repertory- Synthesis repertory

### **REPERTORIAL TOTALITY-**

Mind irritability children in Mind touched aversion to be Mouth discoloration tongue white Rectum diarrhoea alternating with constipation Extremities corn horny Extremities corn painful



Remedies	ΣSym	ΣDeg	Symptoms
ant-c.	6	14	1, 2, 3, 4, 5, 6
sulph.	6	11	1, 2, 3, 4, 5, 6
calc.	5	8	1, 2, 3, 4, 6
iod.	5	8	1, 2, 3, 4, 6
lyc.	5	8	1, 2, 3, 4, 6
nux-v.	5	8	1, 2, 3, 4, 6
graph.	5	7	1, 2, 3, 4, 5
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**REPERTORIAL REASULT**

- Antim crud 14/6
- Sulphur 11/6
- Calcarea 8/5
- Iodium 8/5
- Lyc 8/5

**ANALYSIS OF REPERTORIAL REASULT-**

There is only one medicine which covers all the symptoms and the final prescription is based on materia medica which is antim crud

**SELECTION OF MEDICINE**

Antimonium crudum

**PRESCRIPTION**

Antim crud 200 CH potency of medicine has been given once in a day for one week followed by sac lac 30 TDS for fifteen days Before treatment After treatment



## RESULT AND DISCUSSION

The patient came to clinic 20 days after taking the medicine miracle was that the corn was completely disappeared and nothing was left on the affected site

## CONCLUSION

The effectiveness of individualized homoeopathic medicine in the case of corn has been illustrated by the current case however the result of this single case report should not be seen as conclusive regarding the long term clinical efficacy of homoeopathy for corn's and if we consider a case as holistic then we can treat better.

**Patient consent-** The parents of child consented that this pictures and other clinical information will be published in journal they have understood that his name and initials will not be included in the manuscript

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**Gauranter-** the corresponding author is the guarantor of this article of interest

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