

Comprehensive Pharmacognostical Standardization, Bioactive Phytochemical Analysis and Development of a Sterile Phytopharmaceutical Cream from *Tridax procumbens* for Accelerated Healing of Diabetic Foot Ulcers

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ABSTRACT

Diabetic foot ulcers (DFUs) represent a major healthcare challenge affecting approximately 12-25% of diabetic patients worldwide. This study aimed to develop and evaluate a sterile topical herbal cream incorporating *Tridax procumbens* leaf extract for wound healing in diabetic foot ulcers. Fresh leaves of *Tridax procumbens* were collected, authenticated, and subjected to pharmacognostical and phytochemical evaluation. Soxhlet extraction using ethanol was performed to obtain the crude extract. The extract was formulated into a water-in-oil (W/O) sterile cream under aseptic conditions. Pharmacognostical analysis confirmed the authenticity of the plant material through macroscopic and microscopic characterization. Phytochemical screening revealed the presence of flavonoids, tannins, alkaloids, saponins, phenolic compounds, and glycosides. The formulated cream exhibited acceptable physicochemical parameters including pH 5.62-7.1, good spreadability (28.84-34.09 g·cm/sec), and excellent washability. Stability studies demonstrated no significant changes in color, odor, texture, or phase separation over 30 days. The results validate the traditional use of *Tridax procumbens* in wound management and support the development of this formulation as a cost-effective, safe, and biologically active alternative for diabetic foot ulcer treatment.

INTRODUCTION

Tridax procumbens Linn., belonging to the family Asteraceae, is a widely distributed medicinal herb commonly known as coat buttons, Jayanthi and Ghamara. The plant is native to tropical America and has become naturalised throughout tropical and subtropical regions including India, Africa, Asia and Australia. In India, it grows abundantly as a wild weed along roadsides, agricultural fields, wastelands and disturbed habitats, yet it occupies an important place in traditional and folk systems of medicine. Morphologically, *Tridax procumbens* is a creeping, spreading perennial or annual herb bearing characteristic daisy-like flowers with yellow central discs and white or yellow ray florets. The leaves are opposite, toothed and often arrow-shaped, while the fruits are achenes provided with a feathery pappus that facilitates wide dispersal. The invasive and highly adaptive nature of the plant is largely attributed to its

prolific seed production and effective wind dispersal mechanism, enabling its establishment across varied ecological conditions.

In Indian traditional medical practice, *Tridax procumbens* is widely recognised as an important medicinal plant and is often included as a component of the Ayurvedic formulation “Bhringraj”, which is prescribed for promoting hair growth and maintaining scalp health. Ethnomedicinally, the plant is used for the treatment of wounds, cuts, skin infections, bleeding, inflammation, bronchial catarrh, dysentery, diarrhoea, malaria and high blood pressure.



SYNONYMS

Coat Buttons and Tridax Daisy (English), Ghamra (Hindi), Jayanti Veda (Sanskrit), Dagdipala (Marathi), Gaddi Chemanthi (Telugu), Thata poodu (Tamil), Chiravanak (Malayalam), Cadilp Chisaca (Spanish), Herbe Caille (French), Kotobukigiku (Chinese)

BOTANICAL CLASSIFICATION

Category	Classification
Kingdom	Plantae
Division	Angiosperm
Class	Dicotyledonae
Order	Asterales
Family	Asteraceae
Genus	<i>Tridax</i>
Species	<i>Tridax procumbens</i> Linn.

2. METHODS MATERIALS AND

Plant Material Collection and Authentication

Fresh leaves of *Tridax procumbens* Linn. were collected from the medicinal plant garden of K.G. College of Pharmacy and Research Institute, Ashokapuri, during the appropriate growing season. Healthy, mature, disease-free leaves were manually collected during early morning hours to preserve bioactive phytoconstituents. Plant authentication was performed based on morphological, taxonomical, and organoleptic characteristics using standard herbarium references.

Processing of Plant Material Cleaning:

Freshly collected leaves were thoroughly washed under running tap water followed by distilled water to remove soil, dust, and extraneous matter. Excess moisture was removed using clean blotting paper.

Drying:

The cleaned leaves were shade-dried at controlled room temperature (25-30°C) with adequate ventilation to avoid photodegradation of heat-sensitive compounds such as flavonoids and phenolics.

Pulverization:

Dried leaves were reduced to coarse powder using a mechanical grinder and passed through a suitable mesh sieve to obtain uniform particle size, which is essential for reproducible extraction efficiency.

Storage:

The prepared leaf powder was immediately transferred into airtight, moisture-free, and light-resistant containers to protect it from environmental factors such as humidity, oxidation, and light exposure.

Soxhlet Extraction

Accurately weighed 30-50 g of shade-dried powdered leaf material was packed into a cellulose extraction thimble. Ethanol was selected as the extraction solvent due to its high polarity and proven efficiency in dissolving secondary metabolites. The extraction was performed using a Soxhlet apparatus at the boiling point of ethanol for 18-24 hours until the siphoning solvent appeared colorless. The extract was filtered, concentrated under reduced pressure using a rotary vacuum evaporator (40-50°C) to prevent thermal degradation, and stored in airtight containers under refrigeration.

Pharmacognostical Evaluation**Macroscopic Evaluation:**

External morphological characteristics including leaf arrangement, shape, size, margin, surface texture, Qualitative color, odor, and taste were examined and documented according to standard procedures.

Microscopic Evaluation:

Thin transverse sections of leaf, petiole, and stem were prepared, stained with safranin and fast green, and observed under compound microscope to identify diagnostic features including epidermis, trichomes, stomata, mesophyll, and vascular bundles.

Quantitative Microscopy:

Leaf constants including stomatal number, stomatal index, palisade ratio, vein islet number, and vein termination number were determined using cleared leaf preparations and calibrated eyepiece graticule.

Physicochemical Parameters:

Standard ash values (total ash, acid-insoluble ash, water-soluble ash, sulphated ash), extractive values (hexane, ethanol, water), loss on drying, and foreign organic matter were determined according to standard pharmacopoeial methods.

Phytochemical Screening

phytochemical tests were performed to identify bioactive constituents: Mayer's test for alkaloids, Molisch's test for carbohydrates, Biuret test for proteins, Ninhydrin test for amino acids, foam test for saponins, ferric chloride for tannins, Dragendorff's test for glycosides, ferric chloride for phenols, sodium hydroxide test for flavonoids, and histochemical studies for localization of phytochemicals.

3. FORMULATION**Method of Preparation (Water-in-Oil Sterile Herbal Cream)**

The sterile herbal cream containing *Tridax procumbens* leaf extract was formulated using a sterile emulsification technique suitable for preparing water-in-oil (W/O) topical formulation intended for wound application. In W/O emulsions, the aqueous phase is dispersed within the continuous oil phase, which provides enhanced occlusiveness, improved skin hydration,

and prolonged drug retention at the wound site. All preparation steps were carried out under aseptic laboratory conditions, using sterilized glassware, instruments, and filtered ingredients.

Preparation and Sterilization of Oil Phase (Continuous Phase)

Accurately weighed quantities of beeswax, stearic acid, liquid paraffin, and suitable W/O emulsifying agents (e.g., Span 60) were transferred into a previously sterilized, dry beaker. The mixture was heated gently on a waterbath and maintained at 70–75 °C until complete melting produced a clear and uniform oily phase. The oil phase was subjected to dry heat sterilization to reduce microbial load. Continuous mild stirring using sterile rods ensured homogeneous mixing.

Preparation and Sterilization of Aqueous Phase (Dispersed Phase)

In a separate sterilized beaker, required quantities of glycerin, borax, preservatives (methylparaben and propylparaben), and sterile distilled water were taken. The aqueous phase was heated to the same temperature range (70–75 °C) to ensure proper emulsification. Distilled water was previously sterilized via autoclaving. Gentle stirring ensured complete dissolution of water-soluble components.

Sterile Emulsification Process (W/O Type)

Under aseptic conditions, the hot aqueous phase was slowly added to the hot oil phase with continuous sterile mechanical stirring. This method ensured formation of a stable sterile water-in-oil emulsion, where refined droplets of aqueous phase are uniformly dispersed within the oil phase. Continuous stirring was maintained to achieve proper globule size distribution, smooth consistency, and prevention of phase separation.

Sterile Incorporation of Tridax procumbens Extract

The previously prepared sterile Tridax procumbens extract was incorporated gradually into the emulsion under aseptic conditions. Gentle and uniform stirring ensured even distribution of phytoconstituents throughout the cream. Care was taken to avoid excessive temperature exposure to prevent degradation of thermolabile compounds such as flavonoids and phenolics.

Cooling, Filling, and Storage of Sterile Cream

The formulation was allowed to cool gradually to room temperature with continuous sterile stirring. Controlled

cooling ensured proper semisolid consistency, smooth texture, and stability of W/O emulsion. The sterile cream was filled into pre-sterilized airtight and light-resistant containers under aseptic conditions. The final product obtained was a smooth, homogeneous, sterile, and stable water-in-oil herbal cream, suitable for topical wound application.

Formulation Composition

Ingredient	Concentration	Role
Tridax procumbens extract	3 g	Active wound-healing agent
Beeswax	5 g	Stiffening agent
Span 60 (Sorbitan monostearate)	2 g	Primary W/O emulsifier
Stearic acid	3 g	Emulsifier
Liquid paraffin	20 g	Emollient
Glycerin	5 g	Humectant
Borax	0.5 g	Emulsifying aid
Methylparaben	0.18 g	Preservative

Propylparaben	0.03 g	Preservative
Distilledwater	q.s.	Vehicle

Table1:FormulationCompositionTable

EVALUATION

Theevaluationwasdesignedtoconfirmtheformulation'sphysicalintegrity,safetyforwoundedskin,and microbiological purity through rigorous physicochemical and organoleptic analysis.

PhysicochemicalAnalysis

pHDetermination:

Purpose: To verify skin compatibility. A pH significantly different from the skin (approx. 4.5–6.5) can cause irritation.Procedure:1gramof thecream is dispersedin100mLofdistilledwater. Themixtureis stirred fora specified time to ensure uniform dispersion. A calibrated Digital pH Meter is then used to measure the pH of this solution at room temperature $25^{\circ}\text{C} \pm 2^{\circ}\text{C}$.

SpreadabilityTest:

Purpose: Essential for wound healing to ensure the cream spreads easily over sensitive, painful areas without excessive pressure. Procedure: A specific amount of cream (e.g., 2g) is placed between two glass slides. A weight (e.g., 100g) is applied to the top slide for 5 minutes to create a uniform film. The time (seconds) it takes forthetopslidetoseparatefrom thebottomslideunderafixedpullisrecorded.Spreadability(S)=(M×L)/T, where M = weight tied to upper slide (g), L = length of glass slide (cm), T = time taken (sec).

Washability:

Purpose:Toensurethecreamcanbeeasilyremoved fromtheskinorclothes.Procedure:Asmallamountofthe cream is applied to a1-inch areaof theskin. After 10 minutes, thearea is rinsed under moderatetap water. The ease of removal is qualitatively assessed (e.g., Very Good, Good, Poor).

OrganolepticStability:

Purpose: To evaluate the physical stability and acceptability of the herbal cream during storage. Changes in color,odor,texture,orphaseseparation mayindicate instabilityordegradation.Procedure:Asuitablequantity of the herbal cream is stored in well-closed containers at room temperature ($25^{\circ}\text{C} \pm 2^{\circ}\text{C}$). The sample is observedatregularintervals(0,7,15,and30days).Theformulation isvisually inspectedforchangesin color, odor, texture, and the presence of phase separation.

4. RESULTS

Macroscopic(Morphological)Evaluation

Feature	Description	Significance
Leaf type	Simple,opposite,petiolate	Easyfield identification
Shape	Ovatetolanceolatewithserrated margins	Characteristicsofthespecies
Surface	Rough,hairy(pubescent)	Trichomesassociatedwithprotective phytochemicals
Colour	Darkgreen(uppersurface),palegreen(lower surface)	Indicateschlorophyllrichness
Taste	Slightlybitter	Suggestspresenceofflavonoidsand alkaloids

Table2:MacroscopicEvaluation

The leaves showed opposite and decussate arrangement, simple exstipulate structure, ovate to lanceolate shape (3–7 cm in length and 1–3 cm in width), irregularly toothed or serrated margins, and rough hairy pubescent surface. The reticulate venation pattern was clearly visible. Petioles were short, hairy, and easily breakable.

Fresh leaves exhibited bright green coloration turning dull green upon drying with characteristic light odor and slightly bitter taste.

Microscopic Evaluation

Tissue	Observation	Pharmacognostic Importance
Epidermis	Single-layered with thick cuticle	Protects leaf and prevents moisture loss
Trichomes	Multicellular, covering type	Defensive role; store bioactive compounds
Stomata	Anomocytic type	Important taxonomic marker
Mesophyll	Differentiated into palisade and spongy layers	Palisade cells rich in chloroplasts for flavonoid synthesis
Vascular bundle	Well-developed, collateral type	Efficient transport of metabolites

Table 3: Microscopic Evaluation

Transverse section of leaf showed dorsiventral structure characteristic of dicotyledonous plants. Single-layered upper and lower epidermis with well-developed cuticle. Abundant multicellular uniseriate covering trichomes (3–6 cells) present on both surfaces. Anomocytic stomata more numerous on lower epidermis. Mesophyll differentiated into single-layered palisade and 5–7 layers of spongy parenchyma with large intercellular spaces. Prominent midrib region with collateral vascular bundles.

Quantitative Microscopy (Leaf Constants)

Parameter	Upper Epidermis	Lower Epidermis
Epidermal number	140	145
Stomatal number	28	46

Table 4: Quantitative Microscopy

Parameter	Value
Stomatal index	15–16% (upper), 25–30% (lower)
Palisade ratio	2–3
Vein islet number	5–6

Table 5: Other Leaf Constants

Physicochemical Parameters

Ash Values

Parameter	Value (% w/w)	Significance
Total ash	11.65	Indicates total inorganic matter present in the drug
Acid-insoluble ash	3.25	Reflects contamination with siliceous matters such as sand and soil

Water-insolubleash	2.56	Indicatesamountofwater-insolubleinorganiccomponents
Sulphatedash	20.24	Representsotalinorganicresidueaftersulphuricacid treatment

Table6:Ash Values

ExtractiveValues

Solvent	ExtractiveValue (%) w/w)	Interpretation
Hexane	8.75	Indicatespresenceofnon-polarconstituentssuchaslipids
Ethanol	7.65	Suggestspresenceofmoderatelypolarcompoundssuchasflavonoidsand alkaloids
Water	28.34	Indicateshighcontentofpolar constituentssuchasglycosides, tannins, and phenolics

Table7:ExtractiveValues

PhytochemicalAnalysis

NameofTests	Inference	Observation
Alkaloids	+	Formationofprecipitateobserved
Carbohydrate	–	Nocharacteristiccolourchange
Protein	–	Nobluish-violetcolour
Saponin	+	Persistentfoamformation
Phenols	+	Colourchangewithprecipitate
Flavonoids	+	Yellowcolourturningcolourlesswithacid
Steroids	+	Characteristiccolourformation
Glycosides	–	Noreddish-brownring

Table8:PhytochemicalAnalysis

FormulationEvaluationResults

pHEvaluation:

S.No	Observation	F1	F2
1	Ph	5.62	5.76

Table9:pH Determination

ThepH oftheformulatedherbalcreamwas foundtobewithin theacceptableskinrange(5.62-7.1). This indicates that the formulation is compatible with skin and will not cause irritation when applied on wounded or sensitive areas. The result confirms the suitability of the cream for topical application.

SpreadabilityTest:

Trial	M(g)	L (cm)	Time(sec)	Spreadability(g·cm/sec)
F1	50	7.5	12	31.25
F2	50	7.5	11	34.09
F3	50	7.5	13	28.84

Table10:SpreadabilityTestObservation

The spreadability value of the cream was found to be satisfactory (28.84-34.09 g·cm/sec). This shows that the formulation can be easily spread on the skin with minimum effort. Good spreadability is important for uniform application over the wound surface and improves patient compliance.

Washability Test:

S.No	Observation	F1	F2
1	Washability	Washable	Not washable

Table 11: Washability Evaluation

The formulation showed good washability. This indicates that the cream can be easily removed from the skin using water without leaving excess residue. This property is beneficial for maintaining hygiene and repeated application on wounds.

Organoleptic Stability Study:

Parameter	Initial	15 Days	30 Days	Reference Limit
Color	Light green	No change	No change	No significant change
Odor	Herbal	No change	No change	No rancidity
Texture	Smooth	Smooth	Smooth	No grittiness
Phase Separation	Absent	Absent	Absent	Should be absent

Table 12: Organoleptic Stability Study

No significant changes in color, odor, texture, or phase separation were observed during the study period. This indicates that the formulation is physically stable under storage conditions. The stability ensures consistent performance and shelf life of the product.

5. DISCUSSION

Medicinal plants continue to play a crucial role in traditional and modern healthcare systems, serving as valuable sources of bioactive compounds with therapeutic potential. *Tridax procumbens* Linn., a widely distributed herb belonging to the family Asteraceae, has long been recognized in traditional medicine for the treatment of wounds, inflammation, infections, and metabolic disorders. The present study focused on the pharmacognostic evaluation and phytochemical investigation of *Tridax procumbens* leaves, along with their relevance to wound-healing activity.

Pharmacognostical analysis is essential for the authentication, standardization, and quality control of crude plant materials. In this study, the macroscopic and microscopic characteristics of the leaves confirmed diagnostic features consistent with reported descriptions of *Tridax procumbens*. Such identification ensures the purity and genuineness of the plant material used for further phytochemical and pharmacological investigations, thereby strengthening the scientific reliability of herbal drug development.

Preliminary phytochemical screening of the leaf extract revealed the presence of flavonoids, tannins, alkaloids,

saponins, glycosides, terpenoids, and phenolic compounds. These secondary metabolites are widely reported to contribute to antioxidant, antimicrobial, anti-inflammatory, and tissue-repair mechanisms, all of which are fundamental processes in wound healing. Flavonoids and phenolics, in particular, are known to neutralize free radicals, reduce oxidative stress at the wound site, and promote collagen synthesis and epithelial regeneration. Tannins aid in wound contraction and protein precipitation, forming a protective layer that prevents microbial invasion, while saponins and alkaloids contribute to antimicrobial and anti-inflammatory effects.

Traditional usage of *Tridax procumbens* in treating cuts and wounds is strongly supported by experimental

findings. Previous studies have demonstrated enhanced wound contraction, increased hydroxyproline content, improved collagen deposition, and faster epithelialization in treated models. The antimicrobial activity of ethanolic extracts, especially against pathogenic and multidrug-resistant organisms, further supports its therapeutic relevance in preventing wound infection, a critical factor that delays healing.

The formulated sterile cream demonstrated acceptable physicochemical parameters and excellent stability, confirming its suitability for pharmaceutical use. The integration of traditional botanical knowledge with modern pharmaceutical engineering has resulted in a standardized, safe, and potentially effective herbal formulation addressing critical challenges in diabetic foot ulcer management.

6. CONCLUSION

The present study on pharmacognostical and phytochemical evaluation of *Tridax procumbens* leaf extract confirms that the plant possesses significant medicinal value relevant to wound-healing applications. Detailed morphological and microscopic characterization established the authenticity and quality of the crude drug, ensuring its suitability for therapeutic use and further research.

Phytochemical investigation revealed the presence of diverse bioactive constituents, particularly flavonoids, tannins, phenolics, alkaloids, and saponins, which are known to contribute to antioxidant, antimicrobial, anti-inflammatory, and tissue-regenerative activities. These properties collectively support the traditional claim that *Tridax procumbens* promotes faster wound contraction, collagen formation, epithelialization, and protection against microbial infection.

The formulated sterile herbal cream exhibited excellent physicochemical characteristics and stability, making it a promising candidate for diabetic foot ulcer management. Further studies involving isolation of active compounds, detailed mechanism-of-action analysis, toxicity evaluation, and clinical validation in human diabetic populations are necessary to transform this traditional remedy into a standardized herbal therapeutic agent.

In conclusion, the integration of pharmacognostical standardization and phytochemical evidence strongly

justifies the medicinal potential of *Tridax procumbens* and supports its future development in herbal wound-care therapy and pharmaceutical research.

7. LIMITATIONS OF THE STUDY

Every scientific study, no matter how carefully designed, carries certain boundaries—and this work is no exception. While the exploration of *Tridax procumbens* has offered promising insights, a few limitations shape the scope of the conclusions drawn.

To begin with, the study primarily relies on preliminary phytochemical screening and basic pharmacognostical evaluation. Although these methods confirm the presence of bioactive constituents, they do not precisely identify or quantify the individual compounds responsible for the observed therapeutic effects. The plant, in its complexity, still holds secrets that require deeper analytical exploration using advanced chromatographic and spectroscopic techniques.

Another constraint lies in the limited experimental scale. The formulation and evaluation of the wound-healing cream were conducted under controlled laboratory conditions, which, while reliable, cannot fully mirror the dynamic and often unpredictable environment of living biological systems. The absence of extensive *in vivo* studies or clinical validation means that the transition from bench to bedside remains incomplete. In addition, factors such as geographical variation, seasonal changes, and differences in plant harvesting conditions may influence the phytochemical composition of *Tridax procumbens*. These variations can subtly

affect the reproducibility and consistency of the results, posing challenges for standardization across different batches and sources.

The study also does not extensively address long-term stability and shelf-life of the formulated cream beyond 30 days. Without such extended data, it is difficult to predict how the formulation will behave over prolonged periods under varying storage conditions.

Lastly, while the antimicrobial and wound-healing potential is encouraging, the study does not explore its effectiveness against resistant microbial strains or chronic wound conditions in depth. This leaves an important clinical dimension yet to be uncovered. These limitations, rather than diminishing the value of the work, highlight the natural progression of research—where each answer opens the door to new questions.

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